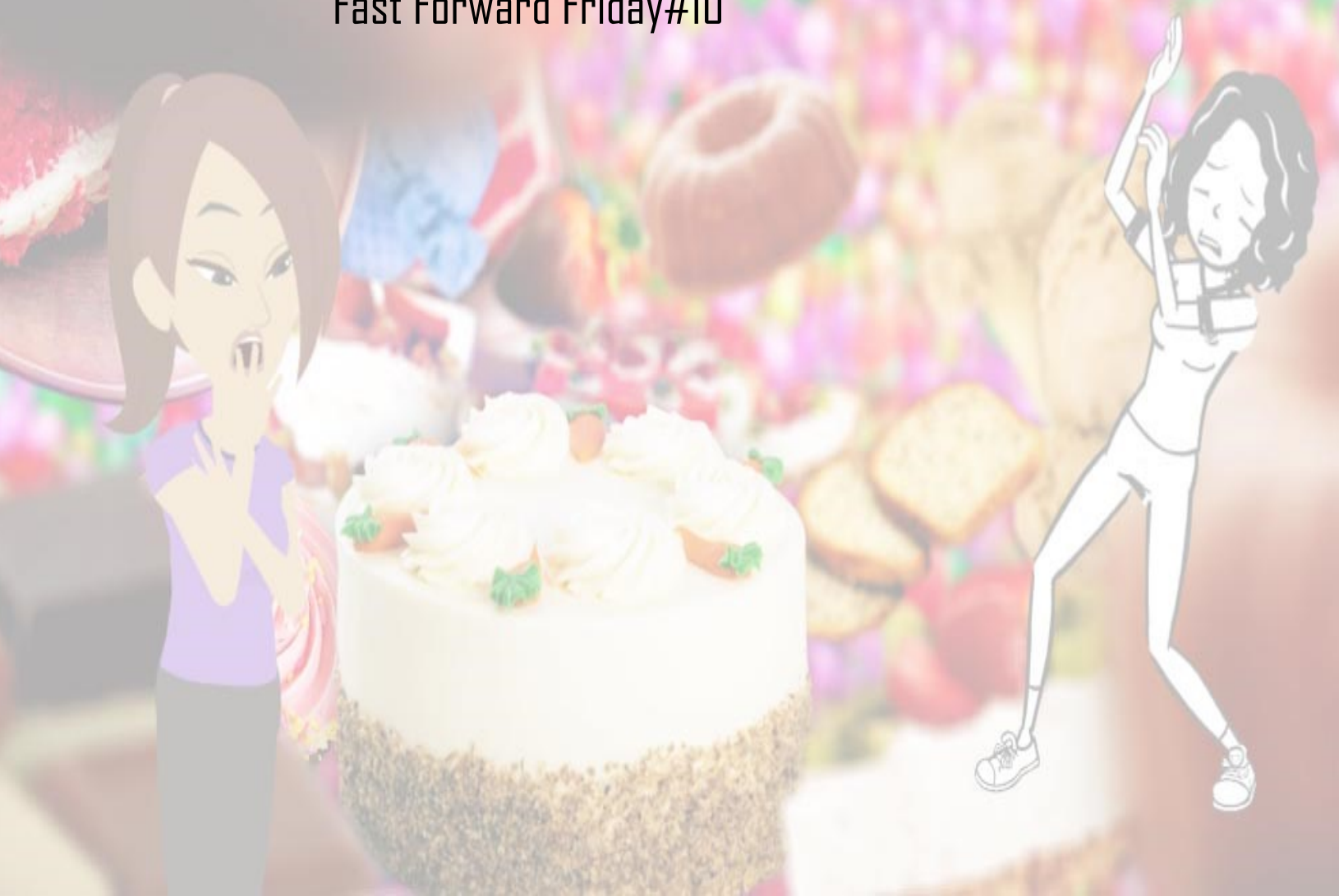


Can Candy Kill You?

Fast Forward Friday#10



Quick question: when you see an article titled “black licorice kills man?” should you take a second glance? We did! What did we discover?

Article status: It's Complicated.

According to the CDC, based on data from a study conducted in 2009 to 2010, of some 9000 participants, people consume nearly 3 out of every 5 calories from processed or ultra-processed foods and it may be having a PROFOUNDLY detrimental impact on our health!

What can WE do about it? ...