

## Mass Intentions

*June 21 st to June 29 th*

**Saturday 21st 10-11am** Confessions (or anytime by appointment)

**6.00pm** Thomas Lynch (RIP)

**Sunday 22nd 9.00am** Alferes Octaviano Furtado (RIP)

**11.00am** Fr. Peter Chungu (RIP)

**Monday 23rd No Mass Church closed.**

**Tuesday 24th 9.00am** Healing thanksgiving for Francisca

**Wednesday 25th 9.00am** Healing thanksgiving for Francisca

**Thursday 26th 9.00am** Healing thanksgiving for Francisca

**Friday 27th 9.00am** Bernadette Musombo (RIP)

**7.00pm** Adoration and Benediction

**Saturday 28th 10-11am** Confessions (Or anytime by appointment)

**6.00pm** Philomena Rita Rouse (RIP)

**Sunday 29th 9.00am** Manuel Santos (RIP)

**11.00am** Fr. Henry Chomba (RIP)

***May the souls of the faithful departed rest in eternal peace.***

## In your kindness, please pray for the following who are ill

Judy Ruck, Leroy Williams, Beveley Jones, Rosanna Joseph, Richard Lamb, Rachel Antonella Rizzo Joe Travasso, Karen Oates, Kim Nichol, Micky Bennett, Emily Pougnet, Lucy Williams Jocelyn Hilaire, Alsene Gibbs, Wesley Leachman, Chantale Wildman, Louisa Travasso Annie Childs, Kevin Madden, Helena Almel, Annette Crowe, Paul Smith, Aubrey Paul Marcus Elwin, Rizzo Enzo, Jimmy Lucy, Patricia Roberts, Isabel Edwards, Patricia Adams



## Anniversaries



James Brown, Marie Bicheno  
Thomas Trs, Christopher Hayes  
Rose Day, Laurence McCreanor  
Wilma Okuoka, Michael Rees  
Edwin Knight  
**May they rest in Peace**



## **St. Bede's Parish Chadwell Heath**

**Fr. Henry Mobela**

The Presbytery, Bishops Avenue,  
Romford RM6 5RS Tel: 020 8590 8818  
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Brentwood Diocesan Trust Registered  
Charity No. 234092

## **The Body and Blood of Christ. (Corpus Christi)**

This Sunday we celebrate another Feast, that calls for our faith as Christians. We celebrate the Solemnity of the Body and Blood of Christ. This feast forces on the importance of the Eucharist as the means of our salvation. It nourishes us and gives us strength to nourish others. The Eucharist is not only Christ's action in the past, but a present and ever-new event in our own daily lives and actions. On this feast of the Body and Blood of Christ we would expect to have the gospel reading about the institution of the Eucharist at the Last Supper. No, the Church puts before us the reading of the wonderful gift of the food by Jesus. The gospel is the narrative of the feeding of the five thousand with a few loaves and fish. It is like an open-air picnic Eucharist. It begins with Jesus preaching about the Kingdom of God, this is what happens at the beginning of the celebration of the Eucharist. We first listen to the readings, the word of God, and the homily on them. Then he heals those in need of healing. We all need healing in various ways. It is only after healing that Jesus raises his eyes to heaven, blesses the bread and fish and distribute it, just as he gives himself to us in the Eucharist. A sign of the generosity and plenty of Jesus' gifts in the Eucharist is given by the twelve baskets of leftovers, ready for consumption by the twelve tribes of the new Israel. In the same way, on this feast of the Body and Blood of Christ we share joyfully in the sustenance which Jesus gives to us and his followers in the whole Church. So, today's celebration provides us an opportunity to thank and adore Christ present in the Most Holy Sacrament. "O Sacrament most Holy, O Sacrament divine all praises and all thanksgiving be unto you."

**God bless you all. Fr. Henry**

### The Body and Blood of Christ. (Corpus Christi)

**First reading** - Genesis 14:18-20

**Responsorial Psalm** - Psalm 110:1,2,3,4

**Second reading** - CORINTHIANS 11:23-26

**Gospel Acclamation** - John 6:51

**Gospel** - Luke 9:11-17

## **Parish Social Evening – Let’s Celebrate!**

Our last parish event was a great success, and despite the challenges we’ve faced, our community is growing stronger and closer to where we hoped it would be. So why not celebrate this summer with a themed social evening?

A suggestion sheet will be placed at the back of the church—share your ideas!

Let’s come together, celebrate, and thank God for His continued grace.

## **Health & Safety Reminder**

Please take extra care when using the church hall or working alone in and around the church. Unfortunately, we had an intruder on Tuesday morning, and a coat was stolen from the hall. Stay alert, and do not hesitate to report any suspicious activity.

## **Volunteers Needed – Play Group**

We say a heartfelt thank you and goodbye to the wonderful ladies who have run the Play Group for many years. Their dedication provided a warm welcome to parents, carers, and young children, helping them take their first steps into our parish and school community. To keep the Play Group running, we urgently need 3–4 volunteers. Without this support, we may have no choice but to close the group. It will continue until August, so if you—or someone you know—can volunteer once a week on Tuesdays from 8:00–11:00 AM, please contact Glenda on 07970 00163. Please note, volunteers must have a valid DBS check.

Let’s work together to keep this valued part of our community going!

## **Donations for**

### **Parish Mass**

### **Books**

The parish is in the process of replacing the current Mass Books. Anyone who would like to donate to help with the cost can do so by either;

### **Cheque**

Made payable to:  
Catholic Church  
Chadwell Heath St.

Bedes

### **Online**

Acc. No: 01017624  
Sort Code: 40-13-22  
*HSBC*

Thank you for your donations  
God Bless You, Fr.  
Henry

### **Offertory**

**14<sup>th</sup>/ 15<sup>th</sup> June**

Loose plate £345.13

Envelope £330.49

**Fr Henry would like  
to thank you all**

## **Helpers List – We Need You**

About a year ago, we created a helpers list for those interested in supporting parish life. We understand it’s hard to offer help without knowing what’s involved. So over the next few weeks, we’ll be sharing a list of key areas where help is needed and inviting you to add your name and phone number. A group lead will then get in touch. While we all have good intentions, what we need now is commitment—just 2 hours per week. If a group has 2–3 members, you can easily share the time between you. Remember, charity begins at home—but it doesn’t stay there. If you’re able to give, even a little, your help will make a big difference.

### **Baptism dates for 2025**

All sessions are at 7pm  
25th June  
16th July  
25th September

### **Food Donations – Community Support**

A table with donated food will be available this weekend after the 6:00, 9:00, and 11:00 Masses for anyone in need within our community. If you don’t need anything for yourself, please consider picking up something for a neighbour or friend who might benefit.

### **Jubilee Year – Pilgrims of Hope**

Forty Hours of Eucharistic Adoration – Quarant’ Ore will be celebrated at the Cathedral Parish of St Mary & St Helen, Brentwood, beginning with Mass at 7:30 PM on Thursday 26th June and concluding at 5:45 PM on Saturday 28th June. For full details, please visit the parish website: [brentwoodcathedral.org.uk](http://brentwoodcathedral.org.uk).

All are welcome.

### **Funeral Notice – Annyra Carragah**

The funeral of the late Annyra Carragah will be held at St. Cedd’s Church on Thursday, 27th June at 2:35 PM.

### **Upcoming Church Activities & Meetings**

Saturday, 5th July

- Altar Servers – Meeting at 12:00 PM
- Readers & Eucharistic Ministers – Meeting at 10:00 AM

Sunday, 6th July (after the 11:00 AM Mass)

- RCIA – Rite of Christian Initiation of Adults
- Please complete the form available at the back of the church and hand it to Father Henry.

Over 50/60 Club

A meeting regarding the Over 50/60 Club will take place next weekend after the 6:00, 9:00, and 11:00 Masses.