

Mass Intentions

July 19th to July 27th

Saturday 19 th 10-11am Confessions (or anytime by appointment)

6.00pm Fr. Lucio Vitorino (RIP)

Sunday 20 th 9.00am Sarah Moran Birthday Thanksgiving.

11.00am For the sick in the parish.

Monday 21 st No Mass Church closed.

Tuesday 22 nd 9.00am Conrad Fernandes birthday thanksgiving and Aidan Fernandes Intentions.

Wednesday 23 rd 9.00am J.J. Hehir (RIP)

Thursday 24 th 9.00am Joseph Jeganathan (RIP) 1 st anniversary.

Friday 25 th 9.00am Leslie Mc Leod (RIP)

7.00pm Adoration and Benediction.

Saturday 26 th 10-11am Confessions (or anytime by appointment)

6.00pm John and Sean Mc Guire (RIP)

Sunday 27 th 9.00am Brenda Bales Birthday thanksgiving.

11.00am Jim Mc Donald (RIP)

May the souls of the faithful departed rest in eternal peace.

In your kindness, please pray for the following who are ill

Louisa Travasso, Judy Ruck, Leroy Williams, Beveley Jones, Rosanna Joseph, Richard Lamb, Rachel Antonella Rizzo Joe Travasso, Karen Oates, Kim Nichol, Micky Bennett, Emily Pougnet, Lucy Williams Jocelyn Hilaire, Alsene Gibbs, Wesley Leachman, Chantale Wildman, Kevin Madden, Helena Almel, Annette Crowe, Paul Smith, Aubrey Paul Marcus Elwin, Rizzo Enzo, Jimmy Lucy, Patricia Roberts, Isabel Edwards, Patricia Adams



Anniversaries



Jack Loneygan, Rosemarie Mayundo
Margaretta Curtis, John Plunknett
John Brock, Amy Eaton
Boniface Jegamathan, Eileen Coles
John Schaffer, Alice Penniel, Audrey Carpenter

May they rest in Peace



St. Bede's Parish Chadwell Heath

Fr. Henry Mobela

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Christ Our welcome Guest

I am sure we all have come across people who seem to be very busy and active all the time. We have also know those who just sit back and let others do all the work. Both situations are not good for us. We cannot be busy all the time, and neither can we sit back and let others do everything. There is a need to balance things; being active and engaged and taking time to rest and renew ourselves.

In today's gospel reading, we are given two complementary sides of how to be a disciple of Jesus. We need to balance things. We have Mary who seats at the feet of Jesus and listens to him as he speaks. We also need Martha who prepares and serves food. No one is better than the other. Both ways of experiencing and encountering Jesus are needed in everyday life.

There are times when we can be busy with the daily routines and activities that occupy our days. These are the times when we can look to Martha as a model. Serving others is how we put our faith and love into action. However, there are times when we are called to be silent so we can listen what Jesus is saying to us. We need to look to Mary who has a listening attitude.

Scripture encourages us to be still and know Lord, and to seek his kingdom first. If we are always busy and active, we will not allow ourselves time to be with God. On the hand we are called to live in the ordinary world of work and daily activities.

Through our prayer and relationship with Jesus, we can bring a deep quality of service and ministry to our own lives and of those we serve. Two questions that we can ask ourselves; do I take time to rest and pray? And what is the quality of my service and care of others?

God bless you all. Fr. Henry

16th Sunday in Ordinary time

First reading -Genesis 18:1-10

Responsorial Psalm - Psalm 14(15):2-5

Second reading - Colossians 1:24-28

Gospel Acclamation - cf.Ac16:14

Gospel -Luke 10:38-42

Helpers List

Thank you to everyone who volunteered their time and gifts. We deeply appreciate you sharing your name and contact information.

A member of the parish council will reach out within the next two weeks to thank you personally and to discuss the task you selected.

“For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ.” — 1 Corinthians 12:12

One love. One community. One heart.

Hall Update

We are still awaiting final approval from the diocese for the hall upgrade, which has affected our Over 50/60 Club schedule. The parish council has decided to continue with our member consultations, so you can expect a call in the next couple of weeks if you volunteered. To prepare, we're arranging a first aid training session in the hall (date to be announced).

Please note: The hall will be closed in August as we anticipate beginning the work. Thank you for your generosity and patience during this time.

Parish Social Evening

We've decided to defer our planned BBQ to June 2026 to accommodate families on holiday and allow for better planning. Instead, please join us for a celebratory social on Sunday, 23 November 2025, immediately following the 11am Mass on the Solemnity of Our Lord Jesus Christ, King of the Universe—a Holy Day of Obligation.

Bring your national costumes, dishes, dances, or anthems to share and celebrate the rich diversity of our parish family!

The event will be held in the hall, so if you'd like to help organise an activity or performance, please let Glenda know.

We look forward to a joyful evening of community and celebration!

Donations for

Parish Mass

Books

The parish is in the process of replacing the current Mass Books. Anyone who would like to donate to help with the cost can do so by

either;

Cheque

Made payable to:
Catholic Church
Chadwell Heath St.

Bedes

Online

Acc. No: 01017624
Sort Code: 40-13-22

HSBC

Thank you for your
donations

God Bless You, Fr.
Henry

Offertory

12th/ 13th July

Loose plate **£358.04**

Envelope **£262.00**

**Fr Henry would like to
thank you all**

Counters

Accurate accounting is vital to our parish operations, and we need two people present each time we count the collections. We operate on a rota, so your commitment would be no more than two hours per week—and even less often if we recruit 4–5 volunteers. Many hands make light work!

If you can help, please add your name and telephone number to the list at the back of the church. A member of the parish council will be in touch to confirm your schedule.

Thank you for supporting our parish!

Forms at the Back of the Church

If you or your family would like to participate in any of the following ministries or sacraments, please pick up a form from the table at the back of the church:

- RCIA (18+): For adults who worship with us but are not yet Catholic and wish to learn more about our faith.
- First Holy Communion (Secondary School): For children attending secondary school preparing to receive the Eucharist.
- Baptism for Older Children
- Readers: Volunteers who proclaim the Word of God at Mass.
- Eucharistic Ministers: Volunteers who assist in distributing Holy Communion.

Completed forms can be returned to the parish office or placed in the designated box on the table. A member of the parish council will contact you with further details.

We look forward to walking together in faith!

Table Top Sale

The Parish Council has scheduled our next Table Top Sale for Sunday, 14 September 2025, following the 6 pm (vigil) Mass on Saturday and the 9 am and 11 am Masses on Sunday. This timing allows everyone the opportunity to donate items and participate.

Looking ahead, we plan to continue hosting mini Table Top Sales after each Mass. With more opportunities to contribute, we hope to make this fundraiser even more successful.

Thank you for your ongoing support and generosity!

Baptism dates for 2025

All sessions are at 7pm

25th September