Morning Prayers

O Jesus, through the most pure heart of Mary,

l offer you the prayers, works,

joys and sufferings of this day

for all the intentions of your Sacred Heart.

Amen.

* * *

O Jesus, through the most pure heart of Mary, I offer You all my thoughts, words and actions joys and sufferings, of this day for all the intentions of your Sacred Heart.

Lord, I will pass through this world only once: any good, therefore, that I can do or any kindness that I can show to another let me do it now.

Let me not defer or neglect it, for I shall not pass this way again.

Amen