



## *St. Bede's Parish Chadwell Heath*

**Fr. Henry Mobela**

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Brentwood Diocesan Trust Registered Charity No. 234092

### **First Sunday of Lent**

**First reading** - Genesis 9:8-15 - **'There shall be no flood to destroy the earth again'**

**Responsorial Psalm** - Psalm 24(25):4-6,7b-9 - ***Your ways, Lord, are faithfulness and love for those who keep your covenant.***

**Second reading** - 1 Peter 3:18-22 - **The water on which the Ark floated is a type of the baptism which saves you now**

**Gospel Acclamation** - Mt4:4 - **Praise to you, O Christ, king of eternal glory! Man does not live on bread alone, but on every word that comes from the mouth of God. Praise to you, O Christ, king of eternal glory!**

**Gospel** - Mark 1:12-15 - **Jesus was tempted by Satan, and the angels looked after him**

**Repent and believe in the Gospel:** The readings for this first Sunday of Lent are rich in the themes that delve into the essence of Lent as a period of renewal, repentance, and preparation for Easter. Here are some of the themes we can reflect on:

**Covenant and Promise:** The first reading from Genesis highlights God's covenant with Noah, symbolizing a universal promise of salvation and a new beginning for humanity and all creation. This theme of covenant is foundational, reminding us of God's faithfulness and the enduring nature of His promises.

**Salvation and Baptism:** The second reading from 1Peter connects the story of Noah to the sacrament of baptism. It emphasizes Christ's suffering, death, and resurrection as the ultimate act of reconciliation between humanity and God. Baptism is presented not merely as a ritual cleansing but as a profound commitment to live in accordance with God's will, empowered by Christ's victory over death.

**Temptation and Victory:** The Gospel from Mark describe Jesus' temptation in the wilderness, reflecting the trials and temptations that believers face. Jesus' victory over these temptations, supported by angels and in the presence of wild beasts, symbolizes his divinity and human strength, offering hope and encouragement for his followers to overcome their own temptations.

**Repentance and the Kingdom of God:** Jesus' message after His time in the wilderness focus on the call to repentance and urgent announcement of the Kingdom of God. This theme is key to the Lenten journey, urging believers to reflect, turn away from sin, and embrace the Gospel message with renewed commitment.

**New Beginnings and Preparation:** Lent is a season of preparation, reflecting on Jesus' forty days in the wilderness. This is an invitation for personal and communal reflection, repentance, and preparation for the celebration of Easter, symbolizing the new life and hope that comes from Jesus' resurrection.

**Divine Protection and Support:** The readings convey a sense of divine protection and support through God's promises, Christ's victory over temptation, and the guiding presence of angels. This reassurance is a source of strength and comfort for believers as they navigate their Lenten journey. These themes invite the faithful to reflect on God's faithfulness, the significance of baptism, the importance of repentance and conversion, and the strength that comes from God's support in overcoming challenges. They point to the fact that Lent is a time to deepen one's faith and commitment to living according to the Gospel.

**Fr. Henry**

## Adoration

### available in the deanery

**Chadwell Heath, St Bede**

9.30am - 10am (Fri)

**Clayhall, St John Vianney**

8:30am - 10am (Tue - Sat)

**Goodmayes, St Cedds**

9:30 am- 10am (Mon - Sat)

**Hainault, Our Lady of the Assumption**

10:30am - 11:30am (Tue - Sat)

**Ilford, Ss Peter & Paul**

10am - 12.30pm (Wed)

**Newbury Park, St Theresa**

10am - 11am (Thu), 5pm - 6pm (Sat)

**South Chingford**

8:45am - 9:30am (Tue - Sat)

**Wanstead, St John the Baptist**

9.30am - 1pm (Fri), 7pm - 8pm (Fri)

## Dates for Rite of Baptism 2024

**25th Feb**

**10th & 31st March**

**7th & 28th April**

**12th & 26th May**

**2nd & 30th June**

**7th & 28th July**

**4th & 25th August**

**1st & 29th September**

Parents & Godparents must attend all Baptism sessions and are expected to attend the 11am mass with their families and Godparent before the Baptism

## Diocesan Pilgrimage 2024

Join Bishop Alan on the Diocesan Pilgrimage to Lourdes (Friday 19th – Friday 26th July).

To book, please go online: [Brentwood Lourdes - Lourdes - Tangney Tours \(tangney-tours.com\)](http://BrentwoodLourdes-Lourdes-TangneyTours.tangney-tours.com). If you wish to discuss any aspect of the pilgrimage, please e-mail Kathryn Young: [kathrynyoung@mail.com](mailto:kathrynyoung@mail.com)

The pilgrimage is slightly longer this year because of the availability of chartered flights, which allow us to bring many more assisted pilgrims than commercial flights. However, if anyone is interested in a shorter stay in Lourdes, during the Diocesan Pilgrimage, please contact Tangney. As ever, any parish which wishes to join the Diocesan Pilgrimage, but make their own travel arrangements and hotel bookings, are most welcome to do so. If you wish to discuss this, please contact me. *Fr Paul Keane*

## Volunteer at the St John Bosco Children's Camp

From 27th July – 3rd August help give 100 children a holiday. Helpers must be 18+, and the Camp will arrange for a DBS check, and appropriate training. To help at the Bosco Camp is a wonderful experience, and now is the time to apply. Details: [www.boscocamp.co.uk](http://www.boscocamp.co.uk)

## Donations

**10th/11th February**

**Envelopes: £339.05**

**Loose Plate: £473.98**

***Fr Henry would like to thank you all***

## Olga Nunes RIP

We are sad to announce the death of Olga Nunes (who was a long time parishioner until moving out of the area two years ago). Olga passed away on 1st February.

A funeral service will be held for family and friends on 26th February at Our Lady of Lourdes Church, Wanstead at 11am.

Any donations to:

<https://missio.org.uk/donate>

would be appreciated instead of flowers. Any messages or condolences can be sent to

[theresavanbeers@yahoo.co.uk](mailto:theresavanbeers@yahoo.co.uk)

Thank you, The Nunes family  
We offer our prayerful sympathy to all her family at this sad time

***May she rest in the peace of Christ and rise to eternal glory***

## Jenny Palmer-Stephenson RIP

A Cherished Parishioner of St Bede's for many years, Jenny suddenly passed away on the 8th February after a short illness at the age of 68.

She leaves behind 3 children and 4 grandchildren.

Details of her funeral at St Bede's Church TBA

We offer our prayerful sympathy to all her family at this sad time

***May she rest in the peace of Christ and rise to eternal glory***

## Stations of the Cross

Fridays at 7pm

During the period of Lent

## Brentwood Catholic Children's Society (BCYS)

Will be hosting a very special Anniversary Afternoon Tea at the Roslin Beach Hotel, Thorpe Bay, Southend-on-Sea on **Tuesday 23rd April 2024** at 1pm for service at 1.30pm. They are delighted that Bishop Alan, BCCS President, will be attending as guest of honour. Tickets for the event are £34.00 per person and should be purchased before Monday 8th April directly from their event webpage: [www.bccs.org.uk/get-involved/events/](http://www.bccs.org.uk/get-involved/events/). Once you have purchased your tickets, please advise Julie of any special dietary requirements or seating requests by contacting her by email [jabbott@bccs.org.uk](mailto:jabbott@bccs.org.uk) or call her on 07912 277413. Guests will be seated at tables of 12.

## Housekeeper - Wickford

The successful applicant will manage the routine cleaning and maintaining of the Presbytery to ensure that it provides a comfortable living space for the Parish Priest and prepare meals for the Parish Priest.

**Hours:** 6 Hours per week

**Salary:** £12.00 per hour

**Start Date:** ASAP

Apply by sending a CV and covering letter (no longer than A4) to [hr@brcdt.org](mailto:hr@brcdt.org)

**Closing date:** 1st March 2024

# Mass Intentions

## 17th February to 25th February

<b>Saturday 17th</b>	10 - 11am	Confessions (or anytime by appointment)
	6.00pm	Brian Ilunga (RIP)
<b>Sunday 18th</b>	9.00am	Margaret Thomas
	11.00am	Fr. Henry Chomba (RIP)
<b>Monday 19th</b>	9.00am	<b>No Mass</b>
<b>Tuesday 20th</b>	9.00am	Kathleen Roche (RIP)
<b>Wednesday 21st</b>	9.00am	Carol Rosario
<b>Thursday 22nd</b>	9.00am	Mrs Yogam Samathar (Sick)
<b>Friday 23rd</b>	9.00am	Mary Elizabeth Spooner
<b>Saturday 24th</b>	10 - 11am	Confessions (or anytime by appointment)
	6.00pm	Justina Mutakela (RIP)
<b>Sunday 25th</b>	9.00am	Justina Mache (RIP)
	11.00am	Esa, Clara and Muzhingwa (RIP)

### *In your kindness, please pray for the following who are ill*

Raymond Paul, Beveley Jones, Rosanna Joseph, Richard Lamb, Annie Childs  
Bruce May, Karen Oates, Kim Nichol, Rachel Antonella Rizzo, Micky Bennett  
Lucy Williams, Alsene Gibbs, Wesley Leachman, Chantale Wildman Kevin Madden  
Joe Travasso, Rizzo Enzo, Emily Pougnet, Julia Cleary, Helena Almel



## Anniversaries

Nora King, Audrey Connell, Joseph Redknapp, Kathleen Roche  
Harry Proops, Salvina Barber, Philomena Sarosh, Ron Carr  
Coral Rozario, Harry Mackay, Michael Dardis, Florence Perkins, Elizabeth Hall  
Terence Cully, Donie Finn, Monica Nugent, Mary McAuley, Patrick & Kathleen Colgan  
Madeleine Stout, Denis Walker, Bernard McLean, James Foley, Elizabeth Cook  
George Roche, Neves Pereira, Joan Stitchbury

***May they rest in Peace***