



St. Bede's Parish Chadwell Heath

Fr. Henry Mobela

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Brentwood Diocesan Trust Registered Charity No. 234092

Twentieth Sunday in Ordinary Time

First reading - Proverbs 9:1-6 - **Wisdom builds her house and invites all to eat her bread there**

Responsorial Psalm - 33(34):2-3,10-15 - ***Taste and see that the Lord is good.***

Second reading - Ephesians 5:15-20 - **Be filled not with wine, but with the Spirit**

Gospel Acclamation - Jn1:14,12 - **Alleluia, alleluia! The Word was made flesh and lived among us: to all who did accept him he gave power to become children of God. Alleluia!**

Gospel - John 6:51-58 - **My flesh is real food and my blood is real drink**

The Body and Blood of Christ

This Sunday we continue to read from the sixth chapter of John. Today's gospel passage explains further the teaching that Jesus began last week. In that reading, the crowds wondered about how Jesus could say that he had come from heaven because they knew him and his parents. In this gospel some have problems with Jesus' teaching that he is the living bread sent from God. Recall that Jesus had told them that just as God gave the Israelites manna in the desert to sustain them, so now God has sent new manna that will give them eternal life. We hear the concluding verse of last week's gospel repeated in today's reading: Jesus himself is the bread sent by God; Jesus' flesh is the bread that is given for the life of the world.

Among the stumbling blocks for those who heard but did not understand Jesus is the teaching that the bread that Jesus will give is his own flesh. In response to the people who quarreled over his teaching, Jesus continues to emphasize that salvation comes to those who eat his Body and drink his Blood.

For many people, Jesus' teaching is difficult to understand. Many who heard Jesus could not accept what he said. Many today continue to struggle to accept this teaching. But it is important as it reveals our intimate connection with Jesus. This is the mystery that is at the heart of our eucharistic celebration. In the elements of bread and wine, Jesus' Body and Blood are made truly present. When we share in the Body and Blood of Christ, Jesus himself comes to dwell within us. This communion with the Lord makes us one body, brings us eternal life, and sends us forth to be Christ's body for the life of the world.

God bless you all. Fr. Henry

**One Heart, One Love,
One Community**

If you are a qualified Plumber, Electrician, Gardener, Mechanic, Painter & Decorator, Tree Surgeon, Computer & Printer Technician

Please leave your card or telephone number/name, at the back of the church, someone will make contact with you. We are compiling our own directory for our community

All work undertaken will be paid at standard rate

Dates for baptism sessions

Parents/Guardians note dates for baptism classes. All sessions start at 7pm promptly in the church. Parents and Godparents to attend. Parents confirm on the Sunday before each session that you will be attending.

Wed 18th September

Wed 2nd October, Wed 20th November

Adoration available in the deanery

Chadwell Heath, St Bede

9.30am - 10am (Fri)

Clayhall, St John Vianney

8:30am - 10am (Tue - Sat)

Goodmayes, St Cedds

9:30 am- 10am (Mon - Sat)

Hainault, Our Lady of the Assumption

10:30am - 11:30am (Tue - Sat)

Ilford, Ss Peter & Paul 10am

12.30pm (Wed)

Newbury Park, St Theresa

10am - 11am (Thu), 5pm - 6pm (Sat)

South Chingford 8:45am

9:30am (Tue - Sat)

Wanstead, Our Lady of Lourdes

7pm - 8pm (Fri)



From August onwards

Adoration and benediction

Last Friday of the month at 7pm

Adorations and confessions

First Saturday of the month 10 - 11am

Donations

3rd & 4th August

Envelopes: £300.66, Loose Plate: £371.85

10th & 11th August

Envelopes: £254.50, Loose Plate: £302.15

Standing Orders June: £1205.00

Fr Henry would like to thank you all

RCIA

(Right of Christians Initiation of Adults)

Thank you to those who already registered to join us on a journey of Faith

Those wanting to learn more about the Faith, please see Fr. Henry and complete the form at the back of the church

Our first meeting will take place on the 31st of August at 10am in the Lady Chapel

Altar Server Training

For new servers and those wishing to do refresher training

Saturday 31st August at 2pm

Saturday 7th September at 2 pm

Saturday 21st September at 2pm

All sessions will be 1 hour

You must attend all 3 sessions

Those wanting a refresher of their training, please attend the session on 21st September at 2pm



Roman Catholic Diocese of Brentwood

Invites all its Altar Servers and their families to the annual

Diocesan Mass for Altar Servers

at



on

Saturday 21 September 2024 at 2pm

Principal celebrant

Rt Rev. Alan Williams S. M.

Bishop of Brentwood



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twitter.com/GuildofStStephen

Altar servers to arrive by 1:30pm at the latest. Vesting will take place in the parish halls. Please note for footwear that sensible / formal black shoes are to be worn by all servers during the mass – no trainers.

Parking arrangements: Please use the nearby multi-storey car park or Sainsbury's supermarket (both require payment), or car share if possible. The cathedral car park will have a few spaces only.

Parish Secretary

St Antony's Forest Gate

A vacancy has arisen for a part-time Parish Secretary to work at St Antony's Forest Gate

The successful applicant will need to have excellent communication and administration skills

The post will be part-time working 25 hours per week with hours planned to suit the requirements of the parish

The salary is dependable on skills and experience

If you have any queries or if you would like to apply, please send your CV and cover letter by email to hr@brcdt.org

Closing date: 9th September 2024

Mass Intentions

17th August to 25th August

Saturday 17th	10 - 11am	Confessions (or anytime by appointment)
	6.00pm	Day Ernest Pougnet (RIP)
Sunday 18th	9.00am	For the sick in the parish
	11.00am	For the sick in the parish
Monday 19th		No Mass. Church closed all day
Tuesday 20th	9.00am	Neville's Family thanksgiving
Wednesday 21st	9.00am	Angelina Iwu for healing and peace
Thursday 22nd	9.00am	Donald Rosario (RIP)
Friday 23rd	9.00am	Derek Pougnet 80th birthday thanksgiving
Saturday 24th	10 - 11am	Confessions (or anytime by appointment)
	6.00pm	Patrick James Coleman (RIP)
Sunday 25th	9.00am	Brenda Pates 80th birthday thanksgiving
	11.00am	Margaret Mary & Family thanksgiving

In your kindness, please pray for the following who are ill

Raymond Paul, Beveley Jones, Rosanna Joseph, Richard Lamb, Rachel Antonella Rizzo
Joe Travasso, Karen Oates, Kim Nichol, Micky Bennett, Emily Pougnet, Rizzo Enzo
Lucy Williams, Alsene Gibbs, Wesley Leachman, Chantale Wildman
Kevin Madden, Annie Childs, Julia Cleary, Helena Almel, Annette Crowe
Paul Smith, Aubrey Paul, Marcus Elwin



Anniversaries

Jack Henney, Teresa Smyth, Alba Almeida, Lisa Defreitas
Donald Rosario, Francis Gallagher, Albert Jennings
Michael McAuliffe, John Barron, Kathleen Bancroft
Bridget Horan, Phylis Clift, Mary Martin, Catherine McBride, Peter Ennis
Kingsley D'Silva, Jim Judge, Moyra Yates, Kathleen O'Neill, James McIlroy
Jenny Killington, William Hayes, James Gavan, Joe Abela

May they rest in Peace