

	REMEDIAL MASSAGE (PRIVATE HEALTH)	REHABILITATION/ SPORTS THERAPY
30MINS	\$70	\$65
45MINS	\$85	\$80
60MINS	\$99	\$90
90MINS	\$149	\$140
120MINS	\$175	\$165

TCM Therapy Traditional Chinese medicine therapy

Reflexology with Chinese medicine 15Mins Foot Steaming and 45Mins Massage 中药脚部熏蒸含中药熏蒸 15 分钟脚部按摩 45 分钟	\$85
Benefits: May help you feel less stressed, more relaxed and more energized.	
Smokeless moxibustion 30Mins and 30Mins Massage 中药无烟艾灸含 30 分钟身体按摩 30 分钟中药陈年艾灸	\$90
Benefits: expelling cold, promoting the circulation in meridians and collaterals, clearing away heat, detoxification	
Hot Stone Massage 60Mins 热石按摩 60 分钟	\$120
Benefits: Helpful way to reduce stress and anxiety, promote relaxation and ease pain and muscle tensions.	
Medium Frequency Electrotherapy 30Mins and 30Mins Massage 中频治疗 30 分钟和 30 分钟按摩	\$129
Benefits: Induce analgesia, elicit muscle contraction, modify the activity of the autonomic system, promote healing, and reduce oedema5.	
Lymphatic Drainage 60 Mins 淋巴排毒 60 分钟	\$150
Benefits: A form of gentle massage that encourages the drainage of lymph nodes and the movement of lymph fluids around the body.	
Acid Discharge 60Mins 排酸 60 分钟	\$150
Benefits: Using Chinese herbs to discharge your acid from your body and after the process you will feel a lot lighter and relaxed.	
Post-birth recovery 60Mins 产后康复- 腹直肌修复 60 分钟	\$150
Benefits: Reduces musculoskeletal pain. may assist and prevent post-natal depression. by balancing your connection to your body	
Extra: Mud Therapy 泥灸 / Cupping 拔罐 / 针灸 Dry Needle	\$20
Moxibustion 艾灸 (20Minutes)	\$30

SPECIAL TREATMENT Therapy (Book in advance required)

Mermaid Ginger Herbal Therapy 60Mins	\$289
美人鱼中药姜治疗 -43 种中药熬制而成适合体寒, 风湿, 四肢冰冷, 产后受风	
Benefits: Ginger has also been used to help treat arthritis, colic, diarrhea, and heart conditions. Uses 43 different types of Chinese Herbs cooked with ginger and it helps digestion and treat stomach upset, diarrhea, and nausea	

www.chinesestylemassage.com

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