

Parkinson's Support Groups

Cache Valley

1st Wednesday at 2 PM
AquaWorx
209 W 300 N Logan
435-716-8535

Cedar City

2nd Tuesday at 1:00 pm
Cedar City Senior Center
489 E 200 S
Steve Wise
swise50@gmail.com
702-552-4913

Davis County

1st Wednesday at 6 PM
North Davis Senior Activity Center
42. S. State St. Clearfield
Dale George
dalegeorge6268@msn.com
801-451-6238

Park City

1st Wednesday at 3:30 PM
Park City Intermountain Hospital
Blair Education Center Room 4
900 Round Valley Dr.
Nadine Nye
Nadine.nye@imail.org

Park City

Meets the first of every month Call
for details
Rebecca Roberts
435-640-8695

Salt Lake City

3rd Thursday at 6 PM
Imaging and Neurosciences
729 Arapeen Drive
Rebecca Starks
rebecca.starks@hsc.utah.edu
801-585-2354

Salt Lake City

3rd Friday at 10:45 AM
Brickyard Boxing
1227 East 3300 South
Rob Mathews
Robmatthews1@mac.com
913-645-7922

Sandy

1st Tuesday at 1 PM
Sandy Library
10100 Petunia Way
Sandy, UT 84092
Barbara Mueller
Deb Mraz
mrsutah@outlook.com

St. George

3rd Wednesday at 10:30 AM
St. George Senior Center
245 North 200 West
St. George UT
Dana Dire-Day
yaderid52@gmail.com
360-749-3512
Martha Remund
martha.remund@gmail.com
435-671-1696

St. George Caregiver Group

2nd Friday at 10:30 AM
St. George Senior Center
245 North 200 West
Annie Isaacson
435-922-5812

Tooele

Tooele Senior Center
59 East Vine Street
3rd Thursday at 12:30 PM
Hal and Peggy 435-840-3683
halmey171@gmail.com

Utah County

3rd Thursday at 6:00 PM
Utah Valley Specialty Hospital
306 W. River Bend Ln Provo, UT
Doug and Emily Stallings
UtahValleyPDGroup@gmail.com
952-426-8425

Pocatello, Idaho

2nd Wednesday at 3:00 PM
Pocatello Senior Citizens
427 N 6th Avenue Pocatello
Spencer Stucki
stuckisk@gmail.com
208 604-3393

Idaho Falls

2nd Tuesday at 2 PM
Club Apple
2030 Jennie Lee Dr
Idaho Falls, ID 83404
Andy Anderson
Andy.golden68@yahoo.com
503.580.6326

Caregiver Support Group (ZOOM)

Virtual 2nd Wednesday
Noon to 1pm
Zoom Meeting Link
<https://utah.zoom.us/j/91708877914>
Passcode: 624266
Rebecca Starks
rebecca.starks@hsc.utah.edu
801-585-2354

Early-Onset PD (ZOOM)

Virtual 3rd Tuesday
6-7pm
Zoom Meeting Link
<https://utah-health.zoom.us/j/98282878455>
Sidney Heil
sidney.heil@hsc.utah.edu
801-585-2354

Online Groups

Michael J Fox – Parkinson's Buddy Network

<https://parkinsonsbuddynetwork.michaeljfox.org/v2/>

Parkinson's Foundation -- PD conversations

<https://www.pdconversations.org/s/>

Mayo Clinic Connect

<https://connect.mayoclinic.org/group/parkinsons-disease/>

Patients Like Me

<https://www.patientslikeme.com/join/parkinsons>