

## **Registration for Art and Science of Love Couples Workshop**

Partner One Name \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Partner Two Name \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

We want to hold our place in the following workshop to be held 16-17 May 2020:

- ◆ Art and Science of Love Weekend Workshop, **\$700 per couple**
- ◆ Continuing Education Hours: CE's may be purchased for a \$40 fee from R. Cassidy Seminars.

Discounts Apply: One discount per couple, cannot be combined.

◆ **Armed Forces and Police Officers:** It is an honor to support the military and police officers and to show our appreciation, we are offering a \$200 discount to attend The Art and Science of Love workshop. You must show identification on the first day of the workshop.

◆ **Active Mental Health Professional:** 14 CE's available. Learn the skills to use with your couples. \$100 discount. You must show active mental health license on the first day of the workshop and include license number on registration.

◆ **Payment Options**

- ◆ I will pay through Venmo to: Shelley Madden@GracelightCounseling
- ◆ I have enclosed a check

\*All tuitions are refundable up to 30 days prior to the course minus a \$50 processing fee. Once tuition is paid, a representative from Gracelight Counseling Center will contact you to confirm and complete your enrollment. Return to Shelley Madden

By Mail: Shelley Madden  
2216 Shadowlake Drive  
Oklahoma City, OK 73159

Or

By Email: shelley151@cox.net

**\*Note: Once registration is complete, staff will be in contact to ask a few questions prior to the Workshop to gather a little more information. The call will take 5-10 minutes.**

## **What You'll Learn**

At the workshop, couples learn how to:

- Foster respect, affection, and closeness
- Build and share a deeper connection with each other's inner world
- Keep conflict discussions calm
- Break through and resolve conflict gridlock
- Strengthen and maintain the successes in your relationship

## **The Workshop Program**

*Couples work **privately** on exercises designed to address the challenges in their relationship. Gottman therapists are available to support couples one-on-one during exercises. There is no group work, sharing, or public disclosure.*

## **Workshop Topics**

- Learn to recognize the *Four Horsemen of the Apocalypse* and what to do if they are attacking your marriage.
- Learn how *Love Maps* provide a solid foundation for your marital intimacy.
- Use the *Fondness and Admiration System* to renew respect and care for one another.
- Learn small, easy steps that increase romance in your relationship.
- Create an *Emotional Bank Account* that you can draw upon in times of stress.
- Learn about the effects of *physiological flooding* and how it may affect conflict resolution.
- Develop your problem-solving skills, including the 6 skills for conflict resolution.
- Discover how you can make your and your partners life dreams come true.

**CEUs:** Course meets qualification for 12 hours of continuing education credit through R. Cassidy Seminars for qualified professionals. The fee is \$40.00 and is completed separately after the workshop.

**Registration** is not complete until a pre-workshop questionnaire is completed with a staff member.

**Cancellation:** If cancellation is made one month before the workshop, a full refund minus a \$50 processing fee will be given. After the cut-off date, your registration will be converted to a credit, good for a full year, that you can use to attend future workshops.