

**Gracelight Counseling Center**

2216 Shadowlake Drive  
Oklahoma City, OK 73159

Phone: 405-626-1951  
www.gracelightcounseling.com

**Couples Information Form**

Date: \_\_\_\_\_

**A. Identification**

Your name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Partner's name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Home street address: \_\_\_\_\_ Apt.: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home/evening phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Calls will be discreet, but please indicate any restrictions: \_\_\_\_\_

**B. Referral: Who gave you my name to call?**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

May I have your permission to thank this person for the referral? Yes No Initial \_\_\_\_\_

How did this person explain how I might be of help to you?  
\_\_\_\_\_

**C. Your medical care: From whom or where do you get your medical care?**

Clinic/doctor's name: \_\_\_\_\_ Partner's Dr: \_\_\_\_\_

Current medications: \_\_\_\_\_ Partner's Meds: \_\_\_\_\_

**D. Your current employer**

Employer: \_\_\_\_\_ Spouse's Employer: \_\_\_\_\_

**E. Children (Indicate which are from a previous relationship with the letter P in the last column)**

<u>Name</u>	<u>Current age</u>	<u>Sex</u>	<u>School</u>	<u>Grade</u>	<u>Adjustment problems?</u>	<u>P?</u>
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

**F. Spiritual Life**

Would you like to incorporate spiritual or religious beliefs in your treatment? Yes/ No Initial \_\_\_\_\_

**Agreement to Pay for Professional Services**

I, the client (or guardian/legal representative), request that the therapist named below provide professional services to me and I agree to pay this therapist's fee of \$ 150.00 per 50 minute session. This same fee will be applied per each hour of consultation, assessment, or other therapeutic activity unless otherwise negotiated in writing.

I agree that this financial relationship with this therapist will continue as long as the therapist provides services or until I inform her, in person or by certified mail that I wish to end it.

I agree to meet with this therapist at least once before stopping therapy. I agree to pay for services provided to me up until the time I end the relationship.

I understand that if I do not pay for services that the services provided may be terminated by the therapist. Continued non-payment of fees may result in further consequences such as my case being referred to a collection agency.

\_\_\_\_\_  
Signature of client (or person acting for client)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name

I, the therapist, have discussed the issues above with the client. My observations of the person's behavior and responses give me no reason to believe that this person is not fully competent to give informed and willing consent.

\_\_\_\_\_  
Signature of therapist

\_\_\_\_\_  
Date

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**CONSENT FOR TREATMENT FOR ADULTS**

**Client's  
Initials**

**Therapy sessions and file information are confidential.**

Except in cases of: (a) court orders/subpoenas, (b) to defend legal action against Gracelight Counseling Center, (c) need to prevent harm to self or others, and (d) suspected child abuse/neglect. e) If therapist becomes incapacitated or dies, I understand her Professional Executors (Linda Roberts or Jena McNamar) will have access to my record to contact me.

\_\_\_\_\_

**There are some limitations to my access to my file.**

While I have the right to access my file, I understand that doing so may jeopardize the therapeutic process. I agree to consult with my therapist about any questions I have concerning the content of my file or sessions.

\_\_\_\_\_

**I must sign release forms before information can be exchanged with others.**

The privacy of any electronic communication cannot be assured. Do not use email for urgent matters. I may request restrictions on the use/disclosure of information in my file for treatment, payment and health care operations, but the therapist is not bound to agree with my request.

Due to privacy constraints, the therapist is unable to connect with you via social media (facebook, instagram etc.)

\_\_\_\_\_

**Some information from my file may be used in research.**

I understand that any identifying information will not be used in research.

\_\_\_\_\_

**Gracelight Counseling Center does not provide after-hours or emergency services (use 911 for after-hours crises).**

\_\_\_\_\_

**The practice of psychology and related disciplines is not an exact science.**

No guarantees have been made to me regarding the results of services. I am responsible for working with my therapist to help ensure better treatment outcomes.

\_\_\_\_\_

**The therapist is not a medical doctor and they cannot prescribe medications.**

\_\_\_\_\_

**I consent to undergo all recommended testing and treatment procedures.**

I can refuse or discontinue testing or treatment at any time.

\_\_\_\_\_

**I agree to pay my clinic bill. Payment is due at the beginning of sessions and I must cancel at least 24 hours before my session or I am responsible for the cost of the session.**

\_\_\_\_\_

**I acknowledge that my therapist has reviewed the General Consent for Treatment with me.**

\_\_\_\_\_  
Signature of Therapist

\_\_\_\_\_  
Signature of Client 1

\_\_\_\_\_  
Signature of Client 2

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

**CONFIDENTIAL**

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### **Notice of Privacy Practices**

This notice talks about **privacy information**. We've always taken great care to safeguard your privacy. What is new is a government regulation requiring us to explain your rights. This notice describes how mental health information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

We are required by applicable federal and state law to maintain the privacy of your health information. We are required to give you this Notice about our privacy practices, our legal duties, and your rights concerning your health information. We are required to abide by the terms of this Notice of Privacy Practices. We may change the terms of our notice at any time. The new notice will be effective for all protected health information that we maintain at that time. In the event that the notice is changed, a new notice will be sent to you by mail or at the time of your next appointment. You may request a copy of our Notice at any time. This takes effect January 2011, and will remain in effect until we replace it.

### **Uses and Disclosures of Protected Health Information**

You will be asked to sign a consent form. Once you have consented to the use and disclosure of your protected health information for treatment by signing the consent form, this agency will use or disclose your protected health information as described below.

- **Treatment:** We may use and disclose, as needed, your protected health information to provide, coordinate, or manage your health care and any related services.
- **Health Operations:** We may use and disclose, as needed, your health information in connection with our operations. Healthcare operations include quality assessment and improvement activities, reviewing the competence or qualifications of mental healthcare professionals, evaluating practitioner and provider performance, employee review activities, conducting training programs, accreditation, certification, licensing or credentialing activities, and conducting or arranging for other business activities.
- **Uses and Disclosures of Protected Health Information Based Upon Your Written Authorization:** Will be made only with your written authorization, unless otherwise permitted or required by law. You may revoke this authorization, at any time, in writing. Your revocation will not affect any use or disclosures permitted by your authorization while it was in effect. Unless you give us a written authorization, we cannot use or disclose your health information for any reason except those described in the notice.
- **Emergencies:** We may use or disclose your protected health information in an emergency treatment situation. In the event of your incapacity or emergency circumstances, we will disclose health information based on determination using our professional judgment, disclosing only health information that is directly relevant to the person's involvement in your healthcare.

### **Other permitted and Required Uses and Disclosures That May Be Made Without Your Consent, Authorization or Opportunity to object**

We may use or disclose your protected health information in the following situations without your consent or authorization. These situations include:

- **Required by Law:** We may use or disclose your protected health information to the extent that the use or disclosure is required by law. The use or disclosure will be made in compliance with the law and will be limited to the relevant requirements of the law.
- **Health Oversight:** We may disclose your protected health information to a health oversight agency for activities authorized by law, such as audits, investigations, and inspections.
- **Abuse or Neglect:** We may disclose your protected health information to the Department of Human Services which is authorized by law to receive reports of child abuse or neglect. In addition,

we may disclose your protected health information if we believe that you have been a victim of abuse or neglect to the Department of Human Services.

- **Legal Proceedings:** We may disclose your protected health information in the course of any judicial proceedings, in response to an order of a court or administrative tribunal (to the extent such disclosure is expressly authorized), in certain conditions in response to a subpoena, discovery request or other lawful process.
- **Law Enforcement:** Consistent with applicable federal and state laws, we may disclose your protected health information, if we believe that the use or disclosure is necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public.
- **National Security:** We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. We may disclose to authorized federal officials, health information required for lawful intelligence, counterintelligence, and other national security activities.
- **Appointment Reminders:** We may use or disclose your health information to provide you with appointment reminders (such as voicemail messages or letters).

**Required Uses and Disclosures:** Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500 et.seq.

**Client Rights Access:** You have the right to inspect and copy your protected health information. We will use the format you request unless we cannot practicably do so. You must submit your request in writing to obtain access to your health information. We will charge you a reasonable cost-based fee for expenses such as copies and staff time. If you request copies, we will charge you \$1.00 for the first page, and \$.25 each page thereafter to locate and copy your health information plus postage if you want the copies mailed to you.

**Under federal law, however, you may not inspect or copy the following records; psychotherapy notes; information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and protected health information that is subject to law that prohibits access to protected health information.**

**Restriction:** You have the right to request restriction of your protected health information. You may also request that any part of your protected health information not be disclosed by family members or friends who may be involved in your care or notification purposes as described in this Notice of Privacy Practices. Your request must be in writing and state the specific restriction requested and to whom you want the restriction to apply. If we agree to the additional restrictions we will be able to abide by our agreement (except in an emergency). We are not required to agree to a restriction that you may request. If we believe it is in your best interest to permit use and disclosure of your protected health information, your protected information will not be restricted.

**Amendment Request:** You have the right to request that we amend your protected health information. Your request must be in writing and explain why the information should be amended. In certain cases, we may deny your request for an amendment. If we deny your request for you amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

**Disclosure Accounting:** You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information. This right applies to disclosures for purposes other than treatment or healthcare operations as described in this Notice of Privacy Practices.

**Questions and Complaints:** You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our privacy contact of your complaint. We support your right to the privacy of your protected health information. We will not retaliate in any way if you choose to file a complaint with us or with the U.S. Department of Health and Human Services.

**I have read and understand Gracelight Counseling Center's Notice of Privacy Policy.**

Client's  
signature \_\_\_\_\_

Date \_\_\_\_\_



## PERMISSION FOR DIGITALLY RECORDING AND VIDEOTAPING THERAPY SESSIONS

### **Therapist's Explanation:**

As a primary tool in Gottman Method Couples Therapy, and in order to augment your therapy work, I use videotape feedback as part of therapy sessions. This means that I may ask to videotape you during specific dialogues or exercises, or during entire sessions. We will play back these tapes in sessions to help you see patterns of behavior between the two of you and to help you process conflicts. By viewing the videotapes in sessions, it allows us to “stop action” and process how you might approach a conflict in a more productive way. It also allows you to witness your progress as your relationship becomes more satisfying to both of you.

### **Clients' Agreement**

I understand and accept the conditions of this statement and give my permission to have my therapy sessions videotaped or digitally recorded. I understand I may revoke this permission in writing at any time but until I do so it shall remain in full force and effect until the purposes stated above are completed.

Client \_\_\_\_\_ Date \_\_\_\_\_  
(signature)

Client \_\_\_\_\_ Date \_\_\_\_\_  
(signature)

Therapist \_\_\_\_\_ Date \_\_\_\_\_  
(signature)

### **For Couples Therapy only:**

While I have taken training in the Gottman Method of couples' therapy and have become a Certified Gottman Therapist, I want you to know that I am completely independent in providing you with clinical services and I alone am fully responsible for those services. The Gottman Institute or its agents have no responsibility for the services you receive.