



SUMMONS

FINAL VERSION

ASATT INVITATIONAL AGE GROUP SWIMMING CHAMPIONSHIP 2025 **Hosted by Marlins Swim Club, 11th – 14th December 2025**

The Aquatics Sports Association of Trinidad & Tobago extends a cordial invitation to you to participate in the Invitational Age Group Swimming Championships to be held in Trinidad from **Thursday, December 11th to Sunday, December 14th, 2025.**

RULES:

A. AGE GROUPS:

8 & Under, 9 – 10, 11 – 12, 13 – 14, and 15 and Over

The Swimmer's age on December 31, 2024 determines the age group within which he/she is eligible to swim.

B: COMPETITION; VENUE and DATES

The championships will be conducted under the rules of the World Aquatics which shall be enforced by the Meet Referee for the particular session. The competition will be held at The National Aquatic Center 10 lane 50-meter indoor Championship pool. An outdoor 50-meter warm down pool is available at the venue and the Omega Timing System will be in effect.

Schedule:

- | | |
|-------------------------------|-------------------------------------|
| (i) Arrival of Teams | - December 10th, 2025 |
| (ii) First day of competition | - December 11th, 2025 |
| (iii) Opening Ceremony | - December 12th, 2025 at 5:40 p.m. |
| (iv) Presentation of Awards | - December 14th, 2025 after events. |

C: ACCOMMODATIONS:

1. METRO HOTEL

Metro Hotel Couva Trinidad
Website
Directions
Phone: (868) 221-5987

2. ROYAL HOTEL

Address: 46-54 Royal Road, San
Fernando, Trinidad W.I. Phone: 1
868 652 3924
Fax: 1 868 652 4881
Email: info@royalhoteltt.com

3. CARA SUITES HOTEL

Cara Suites - Pointe a Pierre
Address: Southern Main Road, Claxton Bay, Trinidad
Price Range: \$116 - \$183 (Based on Average Rates for a Standard Room) Hotel
Class: 3 star — Cara Suites - Pointe a Pierre 3*
Number of rooms: 100

4. TRADE WINDS HOTEL

Address: 36-40 London Street, St. Joseph Village, San Fernando, Trinidad West Indies.
Email: delia@tradewindshotel.com
Tel: 1(868) 652 9463, 1(868) 652 9463
Email: <http://www.tradewindshotel.com>

5. PARIA SUITES HOTEL & CONFERENCE CENTRE

Name: Paria Suites Hotel, South Trinidad
Address: South Trunk Road La Romaine Phone: 1 (868) 679-1442/3

6. SUN FLOWER APT COUVA

Address: 51 la Croix, St Couva.
Phone: 1 (868) 290-2522 or 366-3769
Email: Wendymangra@gmail.com

One-bedroom apartment Full furnished price 70us 12 min from
The National Aquatic Center 3min from Super market

D: TRANSPORTATION:

For transfers to and from Piarco International Airport as well as transfers from the respective hotels to the pool, please contact the following:

- i. Ms. Queenie Tel #:1 (868) 759-6716
- ii. Peter Matthews Limousine & General Services Limited Tel #: 1 (868) 633-6263

E: **QUALIFICATIONS:**

Competitors must be registered swimmers with the Federation of the country sanctioning their participation. All local swimmers must be registered with ASATT for the year 2025, and overseas teams must present to the Organizing Committee the sanction letter from their National Federation.

F: **REGISTRATION AND ENTRIES:**

Entries must be made in Hy-Tek Meet Manager format. (The required Hy-Tek format or the Excel entry spread sheet will be distributed separately by electronic mail by adm.asatt@gmail.com, it must be in the hands of the Organizing Committee by **Tuesday November 25th, 2025**. Entries not submitted in the prescribed entry forms or Meet Manager format will not be accepted.

<i>Mailing Address:</i> Marlins Swim Club St. Anthony’s College Morne Coco Rd. E-mail: berdee98@gmail.com and dinnoragil@gmail.com	<i>Telephone Contacts:</i> Joseph McLeod 1(868) 299-2336 Bertram Blackman 1(868) 785- 2387 Peter Gillette 1(868) 680-2760 Dinnora Gil 1 (868) 689-2596
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The following rules will apply to entries:

There is NO limit to the number of swimmers that a club may enter in the individual events; however, only the fastest two swimmers will score points for the club. There shall be neither substitutes nor alternates in individual events.

- a) Each club may enter multiple teams per relay event. However, only one relay team per club will be allowed to score for points. Each club will designate the scoring relay as the “A” relay.
- b) There shall be no restriction on the number of events within which a competitor may participate.
- c) Heats will be announced and swimmers missing their respective heat will not be allowed to take part in that event.
- d) The 2nd year 9 - 10 age group swimmers, who will be swimming in the 11 - 12 age group in 2026, will be permitted to swim as exhibition swimmers in the 11 -12 age group for the events that are not available at the 9 - 10 age group.

1. The fees are as follows:

- a. TT\$100.00 - Team Fees (US\$16.00)
- b. TT\$15.00 - Entry fee per event per swimmer (US\$3.00)
- c. TT\$30.00 - Per entry for relay team (US\$5.00)
- d. TT\$24.00 - Penalty fee for swimmers who fail to scratch, or fail to swim (US\$4.00) this penalty must be paid before the swimmer is permitted to swim further in this meet and subsequent ASATT Meets.
- e. TT\$24.00 - Penalty fee for swimmers who fail to achieve the qualifying (US\$4.00) time in a given event. This penalty fee must be paid before the swimmer is eligible to swim further in this meet and subsequent ASATT Meets.
- f. Spectators: TT \$25.00 Adults - TT \$10.00 Children (over 5 to16 years).
- g. Programs TT\$15.00

2. Entry fees are due by Thursday 04th December 2025. **Team entry reports will be emailed or faxed to the respective Clubs by Friday, December 05th 2025.**

All participating clubs are asked to indicate any discrepancies in the team listing by **Sunday, December 07th, 2025 at 6:00 pm.** If no acknowledgement of errors is received by this date, the Association will assume that the entry report was correct. The psyche sheet will be posted on **Monday 08th, December 2025.**

G: AWARDS:

1. Medals will be awarded to the first three (3) places in each event. Certificates will be awarded to 4th to 8th place.
2. A Trophy will be awarded to the team gaining the highest aggregate of points. Team points will be accumulated in all events.
3. Trophies will be awarded in each age group category to the top three swimmers with the highest aggregate of points. Relays will not count toward individual scoring.

Please note that there are no ties for the age-group high-point awards. In the event of more than one swimmer amassing the same number of points at the end of the meet, the swimmer with the higher number of individual victories will be given the award. Should there be an equal number of victories, the number of second place finishes; third place etc. shall be the determining factor.

SCORING SHALL BE AS FOLLOWS:

First Place	9 points	Fifth Place	4 points
Second Place	7 points	Sixth Place	3 points
Third Place	6 points	Seventh Place	2 points
Fourth Place	5 points	Eight Place	1 point

Double points for relays.

H: DISQUALIFICATIONS:

The championships will be conducted under the rules of the World Aquatics which shall be enforced by the Meet Referee for the particular session. All other matters will be governed by Meet Referee in consultation with the Meet Manager in keeping with the standards of the Aquatics Sports Association of Trinidad & Tobago. A Jury of Appeal will be appointed to consider any appeals against a decision of these Officers.

Any action which in the opinion of the Referee is detrimental to the running of the Championships may result in the disqualification of the swimmer from the event, and if repeated, from the remainder of the Championships. Official results will be posted and time marked.

J: PROTEST:

Protests will be allowed for the following:

- a) If the rules and regulations for the conduct of the competitors are not observed,
- b) If other conditions endanger the competitions and/or competitors,
- c) Against decisions of the referee; however, no protest shall be allowed against decisions of fact.
- d) Result posted relative to an event result.

Submitting a Protest:

If conditions causing a potential protest are noted prior to the event, a verbal protest must be lodged to the Meet Referee before the signal to start the event is given.

All protest to an event result must be made by the Clubs' Official Coach or Manager within thirty minutes (30) of the official time mark of the posted results. Such protest must be submitted in writing to the ASATT Administrative Manager in the Timing Control Room.

All protest to the Referees' Decision must be submitted in writing to the Meet Referee within 30 minutes after the event.

All protests must be signed by the Clubs' Official Coach or Manager accompanied by a fifty dollars (TT\$50.00) or (US\$8.00) fee payable to A.S.A.T.T. If the protest is upheld, the fee will be returned to the respective club official representative.

K: SWIMWEAR:

The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste and not to carry any symbol which may be considered offensive. (GR 5.1)

Swimsuits shall be non-transparent. It is permissible to wear two caps (GR 5.2). The referee of a competition has the authority to exclude any competitor whose swimwear or body symbols do not comply with this rule (GR 5.3).

All swimwear used shall be swimwear approved by World Aquatics in accordance with the rules and procedures set forth in the World Aquatics Requirements for Swimwear Approval (FRSA) issued by the World Aquatics Bureau and valid on the date of approval. A list of approved swimwear is published by World Aquatics (the Approved List) each year before December 31 and is valid starting from January 1 of the subsequent year (BL 8.1).

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as parts of a swimsuit (BL 8.2). Swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor shall extend below knee. All swimsuits shall be made from textile materials (BL 8.3).

L: JURY OF APPEAL:

There shall be a Jury of Appeal to adjudicate on all matters against a Referees' rejection of a protest. The Jury of Appeal shall be comprised of three (3) persons as follows: one (1) ASATT Executive Member and two (2) representatives drawn from the pool of nominees submitted by Clubs (one being a Coach with no affiliation with the appeal sent).

Each Club is entitled to nominate a representative to serve on the Jury of Appeal. Nominations shall be submitted in writing and should be submitted on the Volunteer Form attached.

M: OFFICIALS:

The Aquatics Sports Association of Trinidad and Tobago (A.S.A.T.T.) will be responsible for appointing the Jury of Appeal, meet referee, starter and control room supervisor.

Marlins Swim Club will request support from ASATT for Deck Officials, these include: Stroke judges, turn judges, chief timekeeper and clerk of course for the proper and efficient running of the competition.

N: TIME TRIALS:

Any request for Time Trials on any particular day must be made by 6:00 pm on the previous day, to the ASATT Administrative Manager. **Time trials during this meet will only be accommodated to facilitate swimmers attempting to achieve standard qualifying times for Regional or International meets. A national swimmer not entered in an event will not be allowed to request a time trial for that event.**

O: TECHNICAL MEETING:

A short briefing will take place on the pool deck for all coaches and team officials prior to the start of session 1 on **Thursday, December 11th, 2025.**

P: PROGRAMME:

There will be no heats or preliminaries. All entries will be timed finals. "Over the top starts" for all Freestyle, Breaststroke, Fly and I.M. events.

Q: ORDER OF EVENTS:

1. Timed finals shall commence at 6:00 p.m. on the 1st and 2nd days and at 5:00 p.m. on the other two (2) days. Morning events will commence at 9:00 a.m.
2. The pool will be opened one and a half (1½) hours before each competition for warm up. **Please note that there will be open warm-up lanes with designated sprint and pace lanes to be restricted for that use only from 45 minutes before the start of competition.**
3. The 11-12, 13-14 and 15 and over 800 (male/female)/1500m (male/female) Freestyle events will be swum combined/mixed for seeding purposes but will be scored according to gender and age group.

4. All 200m events, excluding freestyle and IM and all 400m events will be swum combined/mixed for seeding purposes for age groups 11-12 to 15 & over, but will be scored separately per age group. The top 24 times received will form these events i.e. maximum 3 heats per event.
5. Intermissions would be held at the discretion of the Meet Manager in consultation with the Meet Referee.

R: QUALIFYING TIMES:

Swimmers must achieve the following qualifying times in a Long Course Pool or the converted equivalent in a Short Course Pool. Failure to achieve the qualifying standards would render a swimmer ineligible to score both team and individual points in that particular event. The converted times are as follows:

AGE 9-10	FEMALE	MALE	AGE 13-14	FEMALE	MALE
	m;sec.ms	m;sec.ms		m;sec.ms	m;sec.ms
50 FR	0:49.00	0:47.33	50 FR	0:38.20	0:35.20
100 FR	1:43.00	1:39.66	100 FR	1:21.40	1:15.40
200 FR	3:36.00	3:30.32	200 FR	2:52.80	2:40.80
50 FL	0:52.68	0:50.99	400 FR	6:05.60	5:41.60
50 BK	0:53.50	0:52.00	800 FR	12:51.20	12:03.20
50 BR	0:58.50	0:56.74	1500 FR	24:21.00	23:51.00
200 IM	3:45.40	3:39.35	50 FL	0:41.27	0:37.02
			100 FL	1:27.54	1:19.04
			200FL	3:05.08	2:48.08
			50 BK	0:45.24	0:39.99
			100 BK	1:35.49	1:24.98
			200 BK	3:20.98	2:59.96
			50 BR	0:50.77	0:45.36
			100 BR	1:46.54	1:35.72
			200 BR	3:43.08	3:21.44
			200 IM	3:33.00	3:10.50
			400 IM	7:26.00	6:41.00
AGE 11-12	FEMALE	MALE	AGE 15+	FEMALE	MALE
	m;sec.ms	m;sec.ms		m;sec.ms	m;sec.ms
50 FR	0:42.09	0:38.43	50 FR	0:37.14	0:33.41
100 FR	1:29.18	1:21.58	100 FR	1:19.28	1:11.82
200 FR	3:08.36	2:53.72	200 FR	2:48.56	2:33.64
400 FR	6:36.72	6:07.44	400 FR	5:57.12	5:27.28
800 FR	13:53.44	12:54.88	800 FR	12:34.20	11:34.56
1500 FR	26:17.70	24:28.18	1500 FR	23:49.12	21:57.30
50 FL	0:48.63	0:45.15	50 FL	0:36.64	0:33.54
100 FL	1:43.26	1:35.30	100 FL	1:18.08	1:12.08
200FL	3:36.52	3:20.60	200FL	2:46.16	2:34.16
50 BK	0:48.27	0:44.82	50 BK	0:39.85	0:37.63
100 BK	1:41.54	1:34.64	100 BK	1:24.70	1:20.26
200 BK	3:33.08	3:19.28	200 BK	2:59.40	2:50.52
50 BR	0:52.32	0:49.28	50 BR	0:46.49	0:41.12
100 BR	1:49.64	1:43.56	100 BR	1:37.98	1:27.24
200 BR	3:49.28	3:37.12	200 BR	3:25.96	3:04.48
200 IM	3:35.95	3:10.42	200 IM	3:20.00	2:56.26
			400 IM	07:00.0	6:12.52

A.S.A.T.T. INVITATIONAL SWIMMING CHAMPIONSHIP 2025

Hosted by Marlins Swim Club

Thursday 11th to Sunday 14th December, 2025.

ORDER OF EVENTS

Day 1 - Thursday 11th December 2025

Warm-up 4:30 p.m. – 5:50 p.m. – Competition Start 6:00 p.m.

1		1500m		Freestyle		11& Over Mixed
43		400m		Individual Medley		11 & Over Female
3 – 4		50m		Backstroke		08 & Under
5 - 6		50m		Backstroke		09 – 10
7 – 8		50m		Backstroke		11 – 12
9 – 10		50m		Backstroke		13 – 14
11 – 12		50m		Backstroke		15 & Over
13 – 14		200m		Butterfly		11 & Over

Day 2 - Friday 12th December 2025

Warm-up 4:00 p.m. – 5:30 p.m. – Competition Start 6:00 p.m.

15 – 16		100m		Freestyle		08 & Under
17 – 18		100m		Freestyle		09 – 10
19 – 20		100m		Freestyle		11 – 12
21 – 22		100m		Freestyle		13 – 14
23 – 24		100m		Freestyle		15 & Over
25 – 26		200m		Breaststroke		11 & Over
27 – 28		50m		Butterfly		08 & Under
29 – 30		50m		Butterfly		09 – 10
31 – 32		50m		Butterfly		11 – 12
33 – 34		50m		Butterfly		13 – 14
35 – 36		50m		Butterfly		15 & Over
37 – 38		4 x 100m		Freestyle Relay		11 – 12
39 – 40		4 x 100m		Freestyle Relay		13 – 14
41 – 42		4 x 100m		Freestyle Relay		15 & Over

Day 3 - Saturday 13th December 2025

Morning Warm-up 7:30 a.m. – 8:50 a.m. – Competition Start 9:00 a.m.

Afternoon Warm-up 3:30 p.m. – 4:50 p.m. – Competition Start 5:00 p.m.

AM						
81		800m		Freestyle		11 & Over Mixed
44		400m		Individual Medley		11 & Over Male
45 – 45		200m		Freestyle		09 – 10
47 – 48		200m		Freestyle		11 – 12
49 – 50		200m		Freestyle		13 – 14
51 – 52		200m		Freestyle		15 & Over
PM						
53 – 54		100m		Butterfly		11 – 12
55 – 56		100m		Butterfly		13 – 14
57 – 58		100m		Butterfly		15 & Over
59 – 60		50m		Breaststroke		08 & Under
61 – 62		50m		Breaststroke		09 – 10
63 – 64		50m		Breaststroke		11 – 12
65 – 66		50m		Breaststroke		13 – 14
67 – 68		50m		Breaststroke		15 & Over
69 – 70		200m		Backstroke		11 & Over
71 – 72		4 x 50m		Medley Relay		08 & Under
73 – 74		4 x 50m		Medley Relay		09 – 10
75 – 76		4 x 50m		Medley Relay		11 – 12
77 – 78		4 x 50m		Medley Relay		13 – 14
79 – 80		4 x 50m		Medley Relay		15 & Over

Day 4 - Sunday 14th December 2025

Morning Warm-up 7:30 a.m. – 8:50 a.m. – Competition Start 9:00 a.m.

Afternoon Warm-up 3:30 p.m. – 4:50 p.m. – Competition Start 5:00 p.m.

AM						
82		400m		Freestyle		11 & Over Mixed
83 – 84		200m		Individual Medley		08 & Under
85 – 86		200m		Individual Medley		09 – 10
87 – 88		200m		Individual Medley		11 – 12
89 – 90		200m		Individual Medley		13 – 14
91 – 92		200m		Individual Medley		15 & Over
PM						
93 – 94		100m		Backstroke		11 – 12
95 – 96		100m		Backstroke		13 – 14
97 – 98		100m		Backstroke		15 & Over
99 – 100		50m		Freestyle		08 & Under
101 – 102		50m		Freestyle		09 – 10
103 – 104		50m		Freestyle		11 – 12
105 – 106		50m		Freestyle		13 – 14
107 – 108		50m		Freestyle		15 & Over
109 – 110		100m		Breaststroke		11 – 12
111 – 112		100m		Breaststroke		13 – 14
113 – 114		100m		Breaststroke		15 & Over
115 – 116		4 x 50m		Freestyle Relay		08 & Under
117 – 118		4 x 50m		Freestyle Relay		09 – 10
119 – 120		4 x 50m		Freestyle Relay		11 – 12
121 – 122		4 x 50m		Freestyle Relay		13 – 14
123 – 124		4 x 50m		Freestyle Relay		15 & Over

Thursday 11th to Sunday 14th December, 2025.

A.S.A.T.T. INVITATIONAL SWIMMING CHAMPIONSHIP 2025

Hosted by Marlins Swim Club

Thursday 11th to Sunday 14th December, 2025.

APPLICATION FORM FOR VOLUNTEER OFFICIALS

CLUB NAME:

Name	Contact phone number	Role Requested	Tick off the sessions you will be able to work			
			Thu	Fri	Sat	Sun
			pm	pm	am / pm	am / pm