



01 September 2025

Dear Principal,

Tidal Wave Aquatics of Trinidad and Tobago is pleased to invite your school to participate in its **21st Annual Secondary Schools' Swim Meet**. This event will be held at the **NATIONAL AQUATIC CENTRE, COUVA**, on **Sunday 02 November 2025**.

During the Opening Ceremony, our club will make a contribution to the **Cyril Ross Home**. It is hoped that this action will serve to bring to the attention of our students, the challenge these cherished young people of Trinidad & Tobago face. **We invite your swim team to also make a financial presentation to this institution.** I wish to also appeal to you to ensure that your female swimmers wear modest swim suits. **In recent years, female swim suits have become more highly cut to the extent that very much of the female anatomy is exposed. Kindly assist us in ensuring that our young ladies are decently clad.**

We hope that you will continue to support our efforts and allow your students to participate in a day of friendly rivalry and keen competition. We look forward to your positive response.

Yours in swimming,

Hazel E. Haynes,
Director,
TIDAL WAVE AQUATICS OF
TRINIDAD & TOBAGO.

TIDAL WAVE AQUATICS OF TRINIDAD& TOBAGO
22nd ANNUAL SECONDARY SCHOOLS' SWIM MEET.
SUMMONS

Date: Sunday 02 November 2025
Venue: National Aquatic Centre, Couva
Meet Start time: 9.00 am
Warm up: 7.15 – 8:30am
Opening Ceremony: 8.40 am

Please note that warm up sessions are limited to thirty (30) minutes for each school.

GENERAL

- Please read the guidelines for this Meet carefully. This meet will be governed by swimming rules set by swimming's world governing body, World Aquatics. Please note that all participating swimmers must be registered with a government-approved secondary school. In addition, two or more schools may not combine to form one team. Furthermore, a school must swim in the category (Girls, Boys, Co-educational) under which the Ministry of Education identifies it. In order to facilitate continuity of the Meet throughout the day, a lunch intermission or any other break will only be taken if deemed necessary by the Meet Manager. **Please note that large coolers or containers will NOT be allowed on the pool deck. Only Team Officials will be allowed on the pool deck.**

AGE GROUPS

Please provide the swimmer's correct **date of birth**. The swimmer's age group is determined by calculating his/her age at **December 31, 2024**. Swimmers will be competing in the following three age categories:

- | | |
|--------------|----------------------|
| ▪ 12 & under | Born 2012 to present |
| ▪ 13 - 14 | Born 2010 - 2011 |
| ▪ 15 & over | Born 2009 and before |

Incorrect age group entries will only be changed if a swimmer is entered in a younger age group and the error is the fault of the Management Team of Tidal Wave Aquatics. The correction must be made before the start of the Meet.

SWIMMERS' CATEGORIES

There are two general categories: **Competitive (C)** and **Non-Competitive (NC)**. A non-competitive swimmer is one who has not participated in any ASATT sanctioned National or Club Meet or who has not represented Trinidad & Tobago in any aquatic event (national swim team, national open water team or national water-polo team) within the last three years.

N.B. Coaches/Team Officials are strongly recommended to consult with parents/guardians/swimmers on their swimmers' category.

EVENTS

An event listing can be found on page four. Odd numbered individual events are for girls and even-numbered events are for boys. All non-competitive events are 25 metres while competitive events are 50 metres.

RELAYS

Non-Competitive swimmers will be allowed to take part in Competitive relays, provided that these swimmers are not used for Non-Competitive relays. Competitive swimmers will not be allowed to participate in Non-Competitive relays. Coaches however must decide before the start of the first relay the relay category of their swimmers.

Please note that Girl Schools must enter the female relays, Boy Schools must enter the male relays and Co-ed Schools must enter the mixed relays which must consist of two girls and two boys.

ENTRY FORM

NOTE: When completing the entry form on the final page, please group swimmers according to Category and Sex – Non-Competitive Females/ (F), Competitive Females, Non-Competitive Males/ (M) and Competitive Males. For the Individual Entries, please ensure to provide the swimmer's Date of Birth and place an (X) in the table for the strokes selected if swimmer does not have valid times. **Please enter valid times for competitive and non-competitive swimmers where available.**

The attached Entry Form with the Individual and Relay Entries must be submitted in an accessible format such as **MS Word, MS Excel or PDF.**

SCORING SYSTEM

Individual events 1st –8th 9, 7, 6, 5, 4, 3, 2, 1.

Relay events 1st –8th 18, 14, 12, 10, 8, 6, 4, 2.

A school may enter any number of swimmers in an event but for any event, only **two swimmers from each school will be placed and earn either individual points or points for the school.**

A school may enter any number of relay teams in a relay event but only **one will be eligible for medals and points.**

AWARDS

Top 3 places in each individual event will be awarded medals. 4th-8th will be awarded ribbons.

Top 3 places in each relay event will be awarded medals

Top 3 individuals in each group will be awarded 1st, 2nd, and 3rd Place Overall Trophies. In the event of a tie, the trophy will be awarded to the swimmer with the higher number of 1st, 2nd 3rd places etc. or failing that, the higher number of FINA points.

Trophies will be awarded to the top three schools in each category:

1. Girls' Schools 2. Boys' Schools 3. Co-educational Schools

Special Awards will be given to the

- **Most Outstanding Competitive and Non Competitive Swimmers Male and Female. In the event of a tie, the trophy will be awarded to the swimmer with the higher number of 1st, 2nd 3rd places etc. or failing that, the higher number of FINA points.**
- **Best East School, North School, Tobago School, Central School, South School, and Most Improved School**
- **Best Competitive and Non-Competitive Teams Male, Female and Co-educational Teams**

REGISTRATION FEES

School Entry \$50.00

Individual Events: \$15.00 per event per swimmer

Relays: \$30.00 per relay

Spectators: \$20.00 – adults \$10.00 – children

Programmes will be on sale at \$20.00 each

ALL CHEQUES ARE TO BE MADE PAYABLE TO TIDAL WAVE AQUATICS OF TRINIDAD AND TOBAGO

Please be advised that there will be a well-stocked FOOD BAR on the day of the Meet. Lunches will be available.

SUBMISSION OF ENTRIES:

Entries may be submitted via:

- Email to tidalwaveaquaticstt@gmail.com and admin.asatt@gmail.com Emailed entries must include in the Subject the <Name of Swim Meet> <Name of School>
- Hand delivery to Hazel Haynes or any member of Tidal Wave Aquatics-Centre of Excellence poolside.

DEADLINE

ENTRIES MAY BE SUBMITTED FROM FRIDAY 26 SEPTEMBER 2025 UP TO BUT NO LATER THAN Wednesday 22 OCTOBER 2025 at 6.00pm. A preliminary fee statement with the school stamp affixed must accompany the Entries.

CONFIRMATION OF ENTRIES

Please note that ABSOLUTELY NO CHANGES/ADDITIONS WILL BE ENTERTAINED ON THE DAY OF THE MEET.

CHANGES WITH FINAL FEE STATEMENTS MUST BE SUBMITTED BY FRIDAY, 24 OCTOBER 2025.

Entries on this date will be considered FINAL. Only scratches made by this date will be refunded. The Fee statement must reflect this Final Entry Form and must have the affixed, the School stamp.

DISQUALIFICATIONS

1. **Substitutions** –Absolutely no substitutions are allowed
2. **Swimmers participating out of age group.** It is imperative that persons completing swimmer's date of birth ensure that the information provided is correct. Swimmers in the incorrect age group on the day of the meet will have to participate as an EXHIBITION swimmer and will not be eligible for points or awards. This is with the exception of the age group allowance in relays (see section on relays on previous page).
3. **Competitive swimmers swimming in the non-competitive category.** Once an infringement is discovered, the swimmer will have to participate as an EXHIBITION swimmer and will not be eligible for points or awards
4. **Non-student swimmers** – Swimmers representing a school must be day registered students of the said school. Once an infringement is discovered, the swimmer will be barred from taking part for the remainder of the Meet and will be disqualified from previous events.

Please do not hesitate to contact Hazel Haynes 799-8456 or Keith Matamoro 748-2975 should you require any further information.

EVENT LISTING

Events shall follow the same age group and category pattern as the backstroke

01 - 02	25m Backstroke	12 & under	Non-Competitive
03 - 04	25m Backstroke	13 - 14	Non-Competitive
05 - 06	25m Backstroke	15 & over	Non-Competitive
07 - 08	50m Backstroke	12 & under	Competitive
09 - 10	50m Backstroke	13 - 14	Competitive
11 - 12	50m Backstroke	15 & over	Competitive
13 – 24	25m/50m Butterfly Non-Competitive/Competitive		
25 - 26	4 x 25 metre medley relay	14 & under	Non-Competitive
27 - 28	4 x 25 metre medley relay	15 & over	Non-Competitive
29 - 30	4 x 50 metre medley relay	14 & under	Competitive
31 - 32	4 x 50 metre medley relay	15 & over	Competitive
33-	4 x 25 metre medley relay	14 & under MIXED	Non- Competitive
34-	4 x 50 metre medley relay	14 & under MIXED	Competitive
35	4 x 25 metre medley relay	15 & over MIXED	Non- Competitive
36-	4 x 50 metre medley relay	15 & over MIXED	Competitive
37 – 48	25m/50m Breaststroke	Non-Competitive/Competitive	
49 – 60	25m/50m Freestyle	Non-Competitive/Competitive	
61 – 62	4 x 25 metre freestyle relay	14 & under	Non-Competitive
63 – 64	4 x 25 metre freestyle relay	15 & over	Non-Competitive
65 - 66	4 x 50 metre freestyle relay	14 & under	Competitive
67 – 68	4 x 50 metre freestyle relay	15 & over	Competitive
69 -	4 x 25 metre freestyle relay	14 & under MIXED	Non- Competitive
70	4 x 50 metre freestyle relay	14 & under MIXED	Competitive
71	4 x 25 metre freestyle relay	15 & over MIXED	Non- Competitive
72-	4 x 50 metre freestyle relay	15 & over MIXED	Competitive

- All swimmers must report to the holding bay eight heats in advance.
- Swimmers who have failed to report to the holding bay on time will be automatically disqualified.
- Swimmers will be expected to cooperate fully with the holding bay officials.

22nd ANNUAL TIDAL WAVE AQUATICS SECONDARY SCHOOLS' SWIM MEET

FEE STATEMENT

School: _____ Tel no: _____

Principal _____

Teacher in charge/ Coach _____ Contact no: _____

Email Address: _____

School Entry Fee: \$ 50.00

Individual Events: ____ x \$15.00 \$ _____

Relay Events: ____ x \$30.00 \$ _____

TOTAL \$ _____

School Stamp

Submission of this fee statement indicates agreement that any amounts due will be settled in full less/plus any changes made before Friday 24 October, 2025.

[illegible]

Event #	Relays	# of Teams	
		Girls	Boys
25 – 26	4 x 25 medley Non Competitive 14 & Under		
27 – 28	4 x 25 medley Non Competitive 15 & Over		
29 – 30	4 x 50 medley Competitive 14 & Under		
31 – 32	4 x 50 medley Competitive 15 & Over		
33	4 x 25 medley Non Competitive Mixed 14 & Under		
34	4 x 50 medley Competitive Mixed 14 & Under		
35	4 x 25 medley Non Competitive Mixed 15 & Over		
36	4 x 50 medley Competitive Mixed 15 & Over		
61 - 62	4 x 25 freestyle Non Competitive 14 & Under		
63 - 64	4 x 25 freestyle Non Competitive 15 & Over		
65 -66	4 x 50 freestyle Competitive 14 & Under		
67 - 68	4 x 50 freestyle Competitive 15 & Over		
69	4 x 25 freestyle Non Competitive Mixed 14 & Under		
70	4 x 50 freestyle Competitive Mixed 14 & Under		
71	4 x 25 freestyle Non Competitive Mixed 15 & Over		
72	4 x 50 freestyle Competitive Mixed 15 & Over		
	SUB TOTAL		
	TOTAL		

Thank you