

# APRIL 2026 GROUP FITNESS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 5:00 PowerFit Meg 8:15 PowerFit Jen 9:05 Pilates Jen	2 5:00 Cardio/Strength Meg 8:15 Step Jen 5:45 Step Lisa	3 8:15 Circuits Erin 9:05 Stretch Erin	4 NO CLASS HAPPY EASTER!!!!
5	6 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cardio/Strength Jen	7 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 Line Dance Lisa	8 5:00 PowerFit Meg 8:15 PowerFit Jen 9:05 Pilates Jen	9 5:00 Cardio/Strength Mal 8:15 Step Jen 5:45 NO CLASS	10 8:15 Circuits Jen 9:05 Stretch Erin	11 7:00 Step Jen
12	13 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cardio/Strength Jen	14 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 NO CLASS	15 5:00 PowerFit Meg 8:15 Powerfit Jen 9:05 Pilates Jen	16 5:00 C&S Meg 8:15 Step Jen 5:45 Step Lisa	17 8:15 Circuits Erin 9:05 Stretch Erin	18 7:00 Cardio/Strength Meg
19	20 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cardio/Strength Jen	21 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 Zumba Lisa	22 5:00 PowerFit Meg 8:15 Powerfit Jen 9:05 Pilates Jen	23 5:00 C&S Meg 8:15 Step Meg 5:45 Step Lisa	24 8:15 Circuits Erin 9:05 Stretch Erin	25 7:00 Step Meg
26	27 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Carmen 5:00 Cardio/Strength Jen	28 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 Line Dance Lisa	29 5:00 PowerFit Meg 8:15 PowerFit Jen 9:05 Pilates Jen	30 5:00 C&S Meg 8:15 Step Jen 5:45 Step Lisa		