

FEBRUARY 2026 GROUP FITNESS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2 5:00 PowerFit Jen 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cardio/Strength Jen	3 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 Zumba Lisa	4 5:00 PowerFit Meg 8:15 PowerFit Jen 9:05 Pilates Jen	5 5:00 Cardio/Strength Meg 8:15 Step Jen 5:45 Step Lisa	6 8:15 Circuits Erin 9:05 Stretch Erin	7 7:00 Cardio/Strength Meg
8	9 5:00 PowerFit Jen 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cardio/Strength Meg	10 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 Line Dance Lisa	11 5:00 PowerFit Meg 8:15 PowerFit Jen 9:05 Pilates Jen	12 5:00 Cardio/Strength Meg 8:15 Step Jen 5:45 Step Lisa	13 8:15 Circuits Erin 9:05 Stretch Erin	14 7:00 Step Jen
15	16 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cardio/Strength Jen	17 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 Zumba Lisa	18 5:00 PowerFit Meg 8:15 Powerfit Jen 9:05 Pilates Jen	19 5:00 C&S Meg 8:15 Step Jen 5:45 Step Lisa	20 8:15 Circuits Erin 9:05 Stretch Erin	21 7:00 Cardio/Strength Meg
22	23 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cardio/Strength Meg	24 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 Line Dance Lisa	25 5:00 PowerFit Meg 8:15 Powerfit Jen 9:05 Pilates Jen	26 5:00 C&S Meg 8:15 Step Jen 5:45 Step Lisa	27 8:15 Circuits Erin 9:05 Stretch Erin	28 7:00 Step Jen