

JUNE 2025 GROUP FITNESS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Erin 5:00 Cycle/Strength Meg	3 5:00 Meg's Choice 8:15 Cardio Erin 5:00 PowerFit Meg 5:45 NO CLASS	4 5:00 PowerFit Meg 8:15 PowerFit Erin 9:05 Stretch Erin 5:00 Yoga Summer	5 5:00 Meg's Choice 8:15 Step Meg 5:45 NO CLASS	6 8:15 Circuits Erin 9:05 Stretch Erin	7 7:30 Step Jen
	9 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cycle/Strength Meg	10 5:00 Meg's Choice 8:15 Kickboxing Je 5:00 PowerFit Jen 5:45 NO CLASS	11 5:00 PowerFit Meg 8:15 PowerFit Jen 9:05 Pilates Jen 5:00 Yoga Summer	12 5:00 Meg's Choice 8:15 Step Jen 5:45 Zumba Lisa	13 8:15 Circuits Erin 9:05 Stretch Erin	14 7:30 Cycle/Strength Meg
	16 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cycle/Strength Meg	17 5:00 Meg's Choice 8:15 Kickboxing Jen 5:00 PowerFit Jen 5:45 Line Dance Lisa	18 5:00 BodyPump Meg 8:15 Powerfit Jen 9:05 Pilates Jen 5:00 Yoga Summer	19 5:00 Meg's Choice 8:15 Step Jen 5:45 Zumba Lisa	20 8:15 Circuits Erin 9:05 Stretch Erin	21 7:30 Step Jen
	23 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cycle /Strength Meg	24 5:00 Meg's Choice 8:15 Kickboxing Jen 5:00 PowerFit Jen 5:45 Line Dance Lisa	25 5:00 BodyPump Meg 8:15 PowerFit Jen 9:05 Pilates Jen 5:00 Yoga Summer	26 5:00 Meg's Choice 8:15 Step Jen 5:45 Zumba Lisa	27 8:15 Circuits Erin 9:05 Stretch Erin	28 7:30 Cycle/Strength Meg
	30 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cycle/Strength Meg					