

MAY 2026 GROUP FITNESS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8:15 Circuits Erin 9:05 Stretch Erin	2 7:00 Step Jen
3	4 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cardio/Strength Jen	5 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 NO CLASS	6 5:00 PowerFit Meg 8:15 PowerFit Jen 9:05 Pilates Jen	7 5:00 Cardio/Strength Meg 8:15 Step Carmen 5:45 NO CLASS	8 8:15 Circuits Meg 9:05 Stretch Meg	9 NO CLASS
10	11 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cardio/Strength Jen	12 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 Zumba Lisa	13 5:00 PowerFit Meg 8:15 Powerfit Jen 9:05 Pilates Jen	14 5:00 C&S Mal 8:15 Step Jen 5:45 Step Lisa	15 8:15 Circuits Meg 9:05 Stretch Meg	16 7:00 Cardio/Strength Meg
17	18 5:00 PowerFit Meg 8:15 Bootcamp Erin 9:05 PowerFit Jen 5:00 Cardio/Strength Jen	19 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 Line Dance Lisa	20 5:00 PowerFit Meg 8:15 Powerfit Jen 9:05 Pilates Jen	21 5:00 C&S Meg 8:15 Step Jen 5:45 Step Lisa	22 8:15 Circuits Erin 9:05 Stretch Erin	23 NO CLASS
24	25 NO CLASS	26 5:00 Meg's Choice 8:15 Kickboxing Jen 5:45 Zumba Lisa	27 5:00 PowerFit Meg 8:15 PowerFit Jen 9:05 Pilates Jen	28 5:00 C&S Meg 8:15 Step Jen 5:45 Step Lisa	29 8:15 Circuits Erin 9:05 Stretch Erin	30 7:00 Cardio/Strength Meg