

United Academy of Martial Arts

330 Digital Drive, Morgan Hill, CA 95037
 email@uama.com ~ 408.657.6820 (voice or message)
 www.unitedacademyofmartialarts.com

In-Studio & Virtual Class Schedule

Please attend either virtually or in-studio for your A&B sessions. Virtual Classes are only offered during the times notes with an asterisk.*

Find Age & Skill Level:	Mondays (A) & Wednesdays (B)	Tuesdays (A) & Thursdays (B)
All Super Juniors (Ages 4 - 6)	4:15 - 5:00 5:45 - 6:30*	3:30 - 4:15* 5:00 - 5:45
JUNIORS, Ages 7 - 13		
Beginning Juniors White Belt-Gold Stripe	5:00 - 5:45 6:30 - 7:15*	4:15 - 5:00* 5:45 - 6:30
Intermediate Juniors Green Belt-Blue Belt	3:30 - 4:15* 5:45 - 6:30	4:15 - 5:00 5:45 - 6:30*
Advanced Juniors Blue Stripe-Pluma II	4:15 - 5:00*	6:30 - 7:15*
Teen & Adult Class All Rank	7:15 - 8:00*	6:30 - 7:15
Junior Black Belt	5:00 - 5:45*	7:15 - 8:00*
Black Belt	8:00 - 8:45*	8:00-8:45*
Fitness (Coming Soon)	6:30 - 7:15 TBD	7:15 - 8:00 TBD
Flight 51 Training Conditioning		5:00 - 6:15

<p>Arrive 5 - 10 minutes prior to scheduled class time. Keep uniforms neat, clean, and odor-free. Quietly prepare for class (do not disturb class in session). Always show respect to your instructors and fellow students. Always be well-mannered and behave properly, and remind your guests to do the same.</p>	<p>Attend class on a regular and consistent schedule. Make up any class you miss at another regularly scheduled class for your rank . Show proper effort and spirit on the floor. Practice and exercise at home for better results. Develop and maintain a positive, well-disciplined attitude.</p>
---	---