

United Academy of Martial Arts

330 Digital Drive, Morgan Hill, CA 95037

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www.UAMA.com

In-Studio & Virtual Class Schedule

Please attend an "A" & "B" class each week, either virtually or in-studio. If you wish to join virtually, please contact Debbie for the link to your Zoom class.

Age & Skill Level:	Mondays (A) & Wednesdays (B)	Tuesdays (A) & Thursdays (B)
All Super Juniors (Ages 4 - 6)	5:45 - 6:15	3:30 - 4:00
JUNIORS, Ages 7 - 13		
Beginning Juniors White Belt-Gold Stripe	6:30 - 7:00	4:15 - 4:45
Intermediate Juniors Green Belt-Blue Belt	3:30 - 4:00	5:45 - 6:15
Advanced Juniors Blue Stripe-Red I	4:15 - 4:45	6:30 - 7:00
Black Belt Juniors	5:00 - 5:30	7:15 - 7:45
ADULTS, 14 +		
All Adults White - Red I	7:15-8:00	
Black Belt Adults	8:00-8:45	8:00-8:45
Flight 51 Training Conditioning		5:00 - 5:30 5:45 - 6:15

Arrive 5 - 10 minutes prior to scheduled class time.
Keep uniforms neat, clean, and odor-free.
Quietly prepare for class (do not disturb class in session).
Always show respect to your instructors and fellow students.
Always be well-mannered and behave properly, and remind your guests to do the same.

Attend class on a regular and consistent schedule.
Make up any class you miss at another regularly scheduled class for your rank.
Show proper effort and spirit on the floor.
Practice and exercise at home for better results.
Develop and maintain a positive, well-disciplined attitude.