



United Academy of Martial Arts 2023 Calendar

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This is a Twelve 4-week Cycle Program Calendar equal to 48 weeks of training each year. Payments are collected 12 times during the year in advance of the cycle. 3 weeks of classes are cancelled this year along with National Holidays. Makeups are allowed when qualified.

Each Cycle follows the same week rotation within the cycle:

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		"A" Day	"A" Day	"B" Day	"B" Day		
Week 1		Curriculum	Curriculum	<u>Sparring</u>	<u>Sparring</u>		
Week 2		Curriculum	Curriculum	<u>Escrima</u>	<u>Escrima</u>	<u>BBC</u>	
Week 3		Curriculum	Curriculum	<u>Sparring</u>	<u>Sparring</u>		
Week 4		Curriculum	Curriculum	<u>Tip Test</u>	<u>Tip Test</u>	<u>Leadership</u>	<u>Promotions</u>

**Other events planned will be posted in newsletter and studio announcements.*

Self-Defense Cycle 1

January 8 - February 4

Wk.	Su	M	T	W	Th	F	Sa
1	8	9	10	<u>11</u>	<u>12</u>	13	14
2	15	16	17	18	19	20	21
3	22	23	24	<u>25</u>	<u>26</u>	27	28
4	29	30	31	<u>1</u>	<u>2</u>	3	<u>4</u>

Forms Cycle 2

February 5 - March 11

Wk.	Su	M	T	W	Th	F	Sa
1	5	6	7	<u>8</u>	<u>9</u>	10	11
2	12	13	14	15	16	17	18
Clsd.	19	20	21	22	23	24	25
3	26	27	28	<u>1</u>	<u>2</u>	3	4
4	5	6	7	<u>8</u>	<u>9</u>	10	<u>11</u>

Kicks Cycle 3

March 12 - April 8

Wk.	Su	M	T	W	Th	F	Sa
1	12	13	14	<u>15</u>	<u>16</u>	17	18
2	19	20	21	22	23	24	25
3	26	27	28	<u>29</u>	<u>30</u>	31	1
4	2	3	4	<u>5</u>	<u>6</u>	7	<u>8</u>

Self- Defense

Cycle 4

April 9 - May 6

Wk.	Su	M	T	W	Th	F	Sa
1	9	10	11	<u>12</u>	<u>13</u>	14	15
2	16	17	18	19	20	21	22
3	23	24	25	<u>26</u>	<u>27</u>	28	29
4	30	1	2	<u>3</u>	<u>4</u>	5	<u>6</u>

Forms

Cycle 5

May 7 - June 3

Wk.	Su	M	T	W	Th	F	Sa
1	7	8	9	<u>10</u>	<u>11</u>	12	13
2	14	15	16	17	18	19	20
3	21	22	23	<u>24</u>	<u>25</u>	26	27
4	28	29	30	<u>31</u>	<u>1</u>	2	<u>3</u>

Kicks

Cycle 6

June 4 - July 1

Wk.	Su	M	T	W	Th	F	Sa
1	4	5	6	<u>7</u>	<u>8</u>	9	10
2	11	12	13	14	15	16	17
3	18	19	20	<u>21</u>	<u>22</u>	23	24
4	25	26	27	<u>28</u>	<u>29</u>	30	<u>1</u>

Cycle 7

July 2 - 29

Wk.	Su	M	T	W	Th	F	Sa
1	2	3	4	5	6	7	8
2	9	10	11	12	13	14	15
3	16	17	18	<u>19</u>	<u>20</u>	21	22
4	23	24	25	<u>26</u>	<u>27</u>	28	<u>29</u>

Cycle 8

July 30 - August 26

Wk.	Su	M	T	W	Th	F	Sa
1	30	31	1	<u>2</u>	<u>3</u>	4	5
2	6	7	8	9	10	11	12
3	13	14	15	<u>16</u>	<u>17</u>	18	19
4	20	21	22	<u>23</u>	<u>24</u>	25	<u>26</u>

Cycle 9

August 27 - September 23

Wk.	Su	M	T	W	Th	F	Sa
1	27	28	29	<u>30</u>	<u>31</u>	1	2
2	3	4	5	6	7	8	9
3	10	11	12	<u>13</u>	<u>14</u>	15	16
4	17	18	19	<u>20</u>	<u>21</u>	22	<u>23</u>

Cycle 10

September 24 - October 21

Wk.	Su	M	T	W	Th	F	Sa
1	24	25	26	<u>27</u>	<u>28</u>	29	30
2	1	2	3	4	5	6	7
3	8	9	10	<u>11</u>	<u>12</u>	13	14
4	15	16	17	<u>18</u>	<u>19</u>	20	<u>21</u>

Cycle 11

October 22 - November 18

Wk.	Su	M	T	W	Th	F	Sa
1	22	23	24	<u>25</u>	<u>26</u>	27	28
2	29	30	31	1	2	3	4
3	5	6	7	<u>8</u>	<u>9</u>	10	11
4	12	13	14	<u>15</u>	<u>16</u>	17	<u>18</u>
Clsd.	19	20	21	22	23	24	25

Cycle 12

November 26 - December 21

Wk.	Su	M	T	W	Th	F	Sa
1	26	27	28	<u>29</u>	<u>30</u>	1	2
2	3	4	5	6	7	8	9
3	10	11	12	<u>13</u>	<u>14</u>	15	16
4	17	18	19	<u>20</u>	<u>21</u>	22	23
Clsd.	24	25	26	27	28	29	30