

GOLF

FITNESS PREP CLINIC



JOIN US FOR A VIRTUAL GOLF FITNESS CLINIC. LEARN HOW TO PREP FOR YOUR UPCOMING SEASON AND INTO THE SEASON WITH A FOCUS ON GOLF SPECIFIC STRENGTH AND MOBILITY WORK. SCAN THE QR CODE OR VISIT THE WEBSITE TO SIGN UP AND SECURE YOUR SPOT.



Thursday
March 19
7:30pm

www.pulsegenerator.ca