

MINDFUL MEDITATION SESSION *VIRTUAL VIA TEAMS*

INSTRUCTOR: JOAN RADFORD

**SESSIONS OFFERING ON:
WED MAY 13TH AT 7:30 AM
WED MAY 20TH AT 7:30 AM**



**REGISTER FOR THE SESSION BY FOLLOWING THE
BUTTON BELOW**



[PULSEGENERATOR.CA](https://pulsegenerator.ca)

