



**We are so excited to welcome you to your onsite Pulse Generator Fitness Facility. The rules below are designed to provide a safe fitness facility for you, our member, for us, the PG Team and for everyone, our community.**

As a Pulse Generator member you must agree to following:

- Facility is to be used by Pulse Generator (PG) **members only.**
- It is expected that all members will strictly adhere to the same standards for behavior and hygiene in the fitness facility as in their work site.
- **Cardio Equipment Booking** process: You must pre-book your cardio equipment. The booking link is found on the Pulse Generator website. [www.pulsegenerator.ca](http://www.pulsegenerator.ca). Bookings are 30 minutes in duration. If you make a booking, you are guaranteed that time slot or any part of that time slot. Please be considerate of booking times and other fellow members. If you cannot make your booking, please cancel so that someone else can use it.
- All PG members are required to wear clean and specific work out gear while in the gym.
- Please wash your hands or use hand sanitizer before entering the facility and upon leaving the facility.
- **Equipment Cleaning Process:** You are required to wipe down equipment before and after use. Disinfectant wipes are provided in all Pulse Generator facilities.
- Please be respectful while using the weight equipment and allow others to work in between your sets.

