



London (5 nights) | Brussels (3 nights) | Amsterdam (4 nights)

Tuesday, June 10: Program Begins in London, England: Welcome Drink and Dinner.

Participants should plan to arrive at London Heathrow Airport (LHR) by 1:00 PM. Private drivers will meet participants and take them to our London hotel, centrally located near the iconic **Tower Bridge**. In the early evening, the group will gather for a **Welcome Drink** followed by a **Welcome Dinner** at a contemporary English pub restaurant.

❖ **Welcome Drink and Dinner included.**

Wednesday, June 11: Symposium at the Gordon Museum of Pathology with Private Lectures and Visit of the Old Operating Theatre Museum.

In the morning, we'll attend a private symposium at the **Gordon Museum of Pathology** at **King's College**, where short lectures will be given by the curator, **Dr. Bill Edwards**, and ceroplastic art historian, **Dr. Roberta Ballestriero**. They will discuss the museum's anatomical, pathological and dermatological collections for medical teaching and describe differences between the European and Italian schools of anatomical wax modeling. A Q&A opportunity will be held during a walk and talk visit through the museum. Afterward, enjoy some leisure time and lunch on your own at the nearby, trendy **Borough Market**.

In the afternoon, we'll visit the **Old Operating Theatre Museum and Herb Garret**, which is housed in the attic of the early 18th century church of the **Old St Thomas' Hospital**. As the oldest surviving surgical theatre in Europe, it offers a unique insight into the history of medicine and surgery. There will be a presentation on the history of St Thomas' Hospital and surgery during the Victorian times, followed by a lecture on the history of surgery in London by award winning author, **Dr. Lindsey Fitzharris!**

Thursday, June 12: Guided Walking Tour of Medieval London, Priory Church of St. Bartholomew the Great, The Society Apothecaries of London and the Wellcome Library.

We'll start the day with a private guided walking tour from our hotel, crossing the pedestrian **Millenium Bridge** to reach the oldest part of London, and passing by the beautiful **Saint Paul's Cathedral**. After a short underground tube ride, we'll reach the **Priory Church of St. Bartholomew the Great**, London's oldest parish church (founded in the year 1123). Here we can admire the spectacular statue of St. Bartholomew, **Exquisite Pain**, by Damien Hirst. Our walk will continue through the medieval streets of Blackfriars where we will visit the **Society Apothecaries of London**, dating back to 1617. This Society was instrumental in raising the status of apothecaries as general practitioners.

After a lunch break in this charming historical district, we'll reach the **Wellcome Library**, a collection of rare books in the history of science and medicine. A curator will present series of original texts, such as *The Fabrica* by Vesalius, and *de Moto Cordis* by Harvey!

Friday, June 13: Royal London Sightseeing and Visit to the Hunterian Museum.

From our hotel, we'll enjoy a short scenic ride by river boat to reach some of the most iconic monuments of London: **Big Ben**, **Westminster Abbey** and **Buckingham Palace**. As we walk by these sites, our local guide will provide insights into Royal History and traditions. Our tour will end in the famous district of **Covent Garden**, where you'll have free time to enjoy the local shops and lunch on our own.

In the afternoon, we'll walk to the **Hunterian Museum**, named after the 18th century surgeon and anatomist John Hunter (1728-1793). The museum includes over 2,000 anatomical preparations from Hunter's original collection, alongside instruments, equipment, models, paintings and archive material, tracing the history of surgery from ancient times to the latest robot-assisted operations.



Saturday, June 14: Guided Walking Tour of the Tower of London. The Science Museum.

In the morning, we'll enjoy a short, guided tour, first walking over the majestic **Tower Bridge**, a bridge that has spanned the River Thames between the City of London and Southwark since Roman times. From here, we'll reach the **Tower of London**, officially His Majesty's Royal Palace, and one of England's most evocative ancient monuments. This castle, which began being built in 1067, has several buildings set within two concentric rings of defensive walls and a moat. Inside, we'll have a tour of the many historic rooms and exhibitions, where we can also admire the **Crown Jewels**.

In the afternoon, join Dr. Petti for a visit to **The Wellcome Galleries at the Science Museum**, which hosts some of the most significant medical collections in the world, featuring objects such as the lancet used for the first smallpox vaccinations by Edward Jenner himself, to the original Watson and Crick Nobel Prize earning DNA model!

Sunday, June 15: Departure to Brussels. Guided Walking Tour. Welcome to Brussels Dinner.

In the morning, after checking out of our hotel, we'll travel via Eurostar train to the beautiful city of **Brussels, Belgium** (approximately a 2-hour ride). After arrival, we'll check-in to our hotel, located in the heart of historic Brussels. In the afternoon, we'll enjoy a short, guided walking tour through the historic center to familiarize everyone with the area. In the evening, we'll enjoy a **Welcome Dinner** at a traditional Brussels restaurant.

❖ **Dinner included.**

Monday, June 16: Museum of Anatomy and Embryology and Le Musée de la Médecine. Guided Tour with Chocolate-Tasting.

In the morning, we'll reach the campus of **ULB** (*Université libre de Bruxelles - Free University of Brussels*) to visit the **Museum of Anatomy and Embryology**, founded in 1838 by Professor Louis Deroubaix. The museum includes numerous anatomical and embryological specimens made of wax and plaster alongside modern "plastinated" and freshly-dissected specimens. After a short break, we'll continue our morning with a guided visit to the nearby **Le Musée de la Médecine**. This museum attempts to bridge the gap between medicine and art. It presents a heritage constituted of archaeological objects, works of art, as well as ancient medical tools and instruments that illustrate the long evolution of the art of healing through time.

In the afternoon, we'll have a guided tour in the heart of Brussels discovering 1000 years of history and walk by the major sites such as the **Grand Place**, the lively Saint Géry area, the old Stock Exchange, the Cathedral of Saints Michael and Gudula, *Manneken Pis*, and the Royal Galleries Saint Hubert. During our tour, we'll of course enjoy some sample tasting of the world-famous Brussels chocolate!

Tuesday, June 17: Visit to KU Leuven University and Guided Walking Tour.

In the morning, we'll take a local train to the quaint city of **Leuven**, known for its medieval Gothic architecture and **KU Leuven** (*Katholieke Universiteit Leuven - Catholic University of Leuven*), which was founded in 1425. We'll visit the University to see the recently acquired and very special second edition of *The Fabrica* by Vesalius, which includes the author's handwritten notes for a never-realized third edition!

After free time for lunch, we'll enjoy a guided walking tour of the historic city center to pass by some of the noteworthy sites from the time of Vesalius, while also passing landmarks such as the Town Hall built in the 15th century, and the Saint Peter's Church (itself designated a UNESCO World Heritage Site in 1999). Afterward, we'll return to Brussels where you can enjoy the remainder of the day and evening at your leisure.



Wednesday, June 18: Departure to Amsterdam. Waag's Theatrum Anatomicum. Dinner.

In the morning, after checking out of our hotel, we'll travel by high-speed train (approximately a 2-hour ride) to the city of **Amsterdam**, the capital of the Netherlands, known for its artistic heritage and elaborate canal system. We'll arrive in the early afternoon and check-in to our historic hotel located in the heart of Amsterdam, near **Dam Square** and the **Singel Canal**. Enjoy some time at your leisure.

In the late afternoon, we'll enjoy a private visit to **The Waag's Theatrum Anatomicum** with a special presentation by a historian guide. Built in 1691, this space served as home to Amsterdam's Surgeon's Guild. Here is where the annual public dissections occurred, and the location memorialized in Rembrandt's *Anatomy Lesson of Dr. Tulp*. Following our visit, we'll have dinner at a special restaurant located in the same building, illuminated by candles.

❖ **Dinner included.**

Thursday, June 19: Amsterdam Sightseeing, Hermitage Museum, and Vrolik Museum.

In the morning, we'll discover Amsterdam by foot with our private tour guide, including stops at the historic **Begijnhof** almshouse, the historical Jewish neighborhood, and the house where Rembrandt once lived. The tour continues to the **Hermitage Museum** (now called the **H'ART Museum**), which hosts some of the most important anatomy-related paintings from the 17th century, including **Rembrandt's** *The Anatomy Lesson of Dr. Deijman*.

In the afternoon, we'll visit the **Vrolik Museum** at the University of Amsterdam School of Medicine, where we'll have a guided tour of the normal and pathological anatomy specimens on display. Examples of exhibits are wax models, plaster models, anatomical preparations in liquid, dried anatomical preparations injected with wax and dried skeletons and skulls.

Friday, June 20: The Hague and the Mauritshuis Museum.

In the morning, we'll travel by train (approximately 1-hour) to the charming city of **The Hague**. Here, we'll visit the **Mauritshuis Museum**, home to some of the best paintings from **The Dutch Golden Age**, including masterpieces such as **Vermeer's** *Girl with a Pearl Earring* and **Rembrandt's** *The Anatomy Lesson of Dr. Nicolaes Tulp*. After the visit, enjoy the rest of the day at leisure to explore the city, or head back to Amsterdam to visit other museums on your own, such as the Van Gogh Museum or the Anne Frank House.

Saturday, June 21: Rijksmuseum Guided Tour. Farewell Experience with Dinner.

In the morning, we'll visit the famous **Rijksmuseum** with our historian tour guide. The Rijksmuseum is considered the nation's temple of the arts. In our tour, attention is given to the museum's significance, which tells the story of 800 years of Dutch history, as well as its various masterpieces on different floors. The pinnacle is of course **Rembrandt's** *The Night Watch*, the most famous painting from the Dutch Golden Age. Enjoy the rest of the afternoon exploring personal interests. In the evening, join us for a very special **Farewell Experience**.

❖ **Dinner included.**

Sunday, June 22: Conclusion of Program - Departure from Amsterdam.

Hotel check-out and private transfers from the hotel to Amsterdam Schiphol Airport (AMS).

Anatomia Italiana - Northern Europe Program



Exclusively Italian
Travel by Design

with Prof. Kevin Petti, Ph.D.
JUNE 10 – JUNE 22, 2025



PROGRAM ITINERARY AND REGISTRATION

REGISTRATION FORM

Full Name 1 (**should match passport**) _____ Date of Birth (mm/dd/yy) _____

Full Name 2 (**should match passport**) _____ Date of Birth (mm/dd/yy) _____

City _____ State _____ Zip Code _____ Country _____

Cell Phone _____ Email _____

If single registration, request to share room with: _____

Type of room: Twin (2 beds) Double (1 king/queen) Single Room (extra charge)

Dietary restrictions _____

Note: The Tour requires a moderate amount of walking by participants, on average, 1 to 3 miles per day

Terms and Conditions

Package Includes:

- A dedicated professional **Tour Leader** will accompany the group, coordinating all activities and providing **24/7 onsite assistance for the entire experience**.
- Historical insight and scientific expertise provided by **Dr. Kevin Petti**.
- **12-night accommodation** at highly comfortable **4-star hotels** (double occupancy): London – 5 nights, Brussels – 3 nights, and Amsterdam – 4 nights.
- **Daily buffet breakfast** at hotels with local products.
- **Welcome Drink** reception on arrival night in London.
- **4 Dinners with wine or beer**: London (June 10), Brussels (June 15), Amsterdam (June 18 and June 21)
- **All private guided tours** as described in the Itinerary.
- **Entrance tickets to all venues and museums** specified in the Itinerary, with skip-the-line reservations if available.
- **Train tickets**: London to Brussels, Brussels to Leuven (roundtrip), Brussels to Amsterdam, and Amsterdam to The Hague (roundtrip).
- Public transportation tickets needed for the Program.
- Private transfers (with minimum of 2 program participants/vehicle) from London Heathrow Airport (LHR) to our hotel in London on arrival day.
- Private group transfers (with minimum of 4 program participants/vehicle) from our hotel in Amsterdam to Amsterdam Schiphol Airport (AMS) on departure day.
- City tax at all hotels and tax and tips for all services identified in the Itinerary.

Package Does **NOT** Include:

- Flight tickets to/from Europe
- Travel insurance
- Meals, drinks or personal extras not explicitly stated in the 'Package Includes' section above
- Excursions and/or other activities not listed in the Itinerary

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PROGRAM ITINERARY AND REGISTRATION

Price & Payments (in US Dollars)

- The price of the Package as described is **\$6,975** per person in a shared room accommodation (2 people/room). There is a **minimum** of 18 participants and a **maximum** of 22 participants for this Program. Accommodation in a **single room** (1 person/room) has an extra charge of **\$2,450** (limited availability).
- Deposit and Final Payment:**
 - A **deposit** of **\$1,500** per person is required to secure each participant's place by **November 30, 2024**. The deposit may be paid by check or with a credit card – please indicate your preference at the bottom of this page. Your registration is not complete until your deposit is received.
 - Please print and email your completed Registration Form (pages 4-5) to Michael Tuosto at Exclusively Italian.** Alternatively, please send an email request to Michael Tuosto for this Form to be provided in electronic format.
 - Contact Details (Michael Tuosto):** email: michael@exclusivelyitalian.com – phone: 1-619-208-0902
 - The balance of payment is due on **March 1, 2025**. The balance is payable only by check or Zelle bank transfer.
 - Checks:** Please make checks payable to **"Exclusively Italian"**. Payments are accepted in US dollars only. Mail to: Michael Tuosto – Exclusively Italian
4080 Goldfinch St. Unit 1
San Diego, CA 92103

Cancellation and Refund Policy

Exclusively Italian LLC reserves the right to cancel this trip for any circumstances beyond its control, including if there are fewer than 18 participants. In this case, a full refund will be provided. No refunds are provided for unused portions or services of the trip for any reason. The trip is sold as a package only. Below is the cancellation/refund policy. Cancellations accepted in writing only.

Payment Due Date	Amount	Cancellation/Refund
November 30, 2024	\$1,500 Deposit/ Participant	Once the program reaches the minimum number of registered participants, the deposit becomes non-refundable.
March 1, 2025	\$5,475/Participant	50% of this payment is refundable until April 10, 2025; after April 10, 2025, the full payment is non-refundable.

Note on Prices

Prices quoted are based on current external supplier costs and exchange rates. Prices are subject to change if there are significant exchange rate fluctuations, although not to exceed 5% of the Package price.

Not Included

All items of a personal nature, meals and other services or transportation not specified in the 'Package Includes' section.

Travel Insurance

To protect your trip investment, **the purchase of Travel Insurance is strongly recommended** to cover unforeseen events such as trip cancellation and/or interruption, emergency medical expenses, loss of baggage or trip delay. We would be happy to provide the names of Travel Insurance companies and additional information regarding Travel Insurance.

DISCLAIMER

All arrangements covering accommodation, transportation, tours, transfers and all other services arranged for this trip, are made on the explicit understanding that Exclusively Italian LLC and/or Laura Bianconcini or Dr. Kevin Petti act only as an intermediary and as such admit no liabilities whatsoever for any loss, damage, delay or injury to persons or property arising out of, or in any connection with any act of neglect or default however caused, either directly or indirectly by the principals or persons or their agents or servants, who shall provide such hotel accommodation, transport, tours, transfers or all other services provided. Exclusively Italian LLC reserves the right to change accommodations, activities and services specified in the Itinerary at any time, for any reason, and replace them with others of the same category and/or value.

- I have read, understand, and accept all the above Terms & Conditions.
- I request Single Room accommodation for an extra fee of \$2,450.
- I will mail a check for \$1,500/participant as a deposit to secure my participation, or:
- I request to pay \$1,500/participant by credit card as a deposit to secure my participation (note: you will be contacted for payment)

Printed Name _____

Signature _____ Date _____