

	System 1 – Toxic	System 2 – Healthy
Values	<p>Suppress Negative feelings Behave in a way that appears on the surface to be most rational Achieve your intent Maximize perceived winning Minimize perceived losing</p>	<p>Validated information Informed choice Win-win outcomes Embrace inquiry</p>
Behaviors	<p>Advocate your position Speculate on the thoughts and actions of others Attribute causes for whatever you are trying to understand Bypass upsetting status quo Cover up that you are bypassing Cover up that you are covering up</p>	<ul style="list-style-type: none"> - Listen to understand - Promote specificity - Create transparency - Sustain collaboration - Monitor

Adapted from original work by Chris Argyris