

Hi Families,

I hope everyone is enjoying the long weekend. We have a fun week including the Trike-a-Thon. Remember a helmet and permission form.

Extra Clothes: Please check your child's cubby to make sure extra clothes that fit and are weather appropriate are available. Some cubbies are empty, only have hot weather options or clothes that have been outgrown. Thanks!

Important Dates

1/23 St. Jude Trike-a-Thon

1/28 Fall Registration Deposits Due

The St. Jude's Trike-a-thon is a great way to promote health and safety in our children while raising funds for a wonderful cause.

When: Wed. Jan. 23

Where: All Saints Parking Lot

What to bring: Drop off bike, scooter, etc. and a HELMET!

Music, Art and Movement

As we continued our exploration of music, we combined music with art this week. Neuroscientists at UCF have been studying the impact of music on the brain for years. (<https://www.ucf.edu/pegasus/your-brain-on-music/>). Although we all know music is beneficial to children, it is fascinating to see their demonstration of the 12 different areas of the brain being activated by music. Any group of people have a wide range of neurodiversity (meaning diversity in the brain - basically we all learn differently), so to find a simple activity which engages the brains of a classroom of children in so many ways is amazing. This week we activated those brains with classical music and finger painting.





This also strengthened fine motor muscles as well as encouraging gross motor muscle play. Painting at the easel adds strength to shoulders and upper arms which is necessary to hold a pencil correctly for long periods of time.



We added musical instruments to the paintbrushes by attaching bells. It was interesting that a minor alteration to the brush caused the children to be engaged in the activity longer.

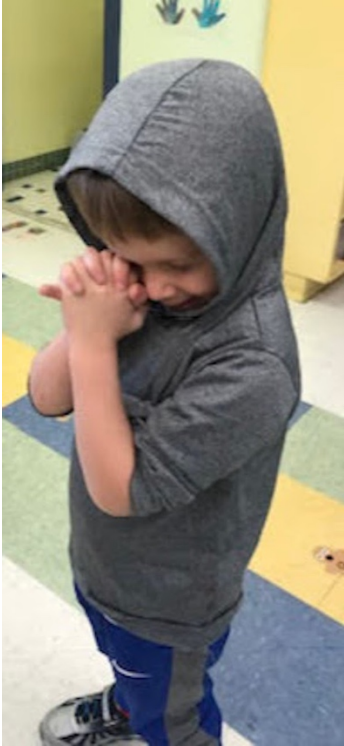


Our Growing Music Studio

Drum, tambourines, and kazoos were created this week along with lots of original songs.



We pray your brain was equally as activated.



Have a good week,

Peggie and Cheryl

Attached please find Ms. Kim's Art Newsletter.