

Welcome to February! It's time to read some books!
All Saints' Literacy Week

2/4-2/5 Book Donation and Swap: We are encouraging each family to **bring in gently used books (at least 2) to donate**. The children will then take turns choosing a book to take home. The rest of the books will be donated to local preschools in need.

2/4 Mystery Readers!

2/5 Books and Burgers

Writer's Block (4:00-7:00) Scheduled Story Time and Shopping (Portion of proceeds go to All Saints)

Burger Fi (Portion of proceeds go to All Saints)

2/6 Cafe con Libros (9:00-9:45 am) Special family members or friends are invited to drop into class to read with your child.

2/7 Throw Back Thursday: Favorite Staff Book Day

2/8 Free Read Friday: Bring a favorite book from home to read with friends.

Welcome, Sloan Messeroff to our class. (Mom, Dominique Messeroff and Dad, Chris Messeroff, and, of course, Aunt Emory from Pre-K). Sloan moved here from Miami. Everyone has been asking when Sloan was going to come to play. We can't wait to see you on Monday, Sloan!



February Birthdays

2/6 Smith

2/7 Wesley

Studying Music

This week we explored light and music. We combined the movement of glow sticks with the beat of the music while we painted in the "dark." (Even with the lights out, our class is safely well lit.) Being able to visualize vibrations of the glow sticks helped everyone understand the concept of vibrations.



Painting to the Beat

We introduced the concept of a "beat" this week as we painted to the sound of a metronome. Being able to copy a sound and, more importantly, a pattern of sounds is a pre-reading skill. We constantly talk about patterns we see and hear as a means of working on those pre-reading skills and pre-math skills.



Self-Regulation and Breathing

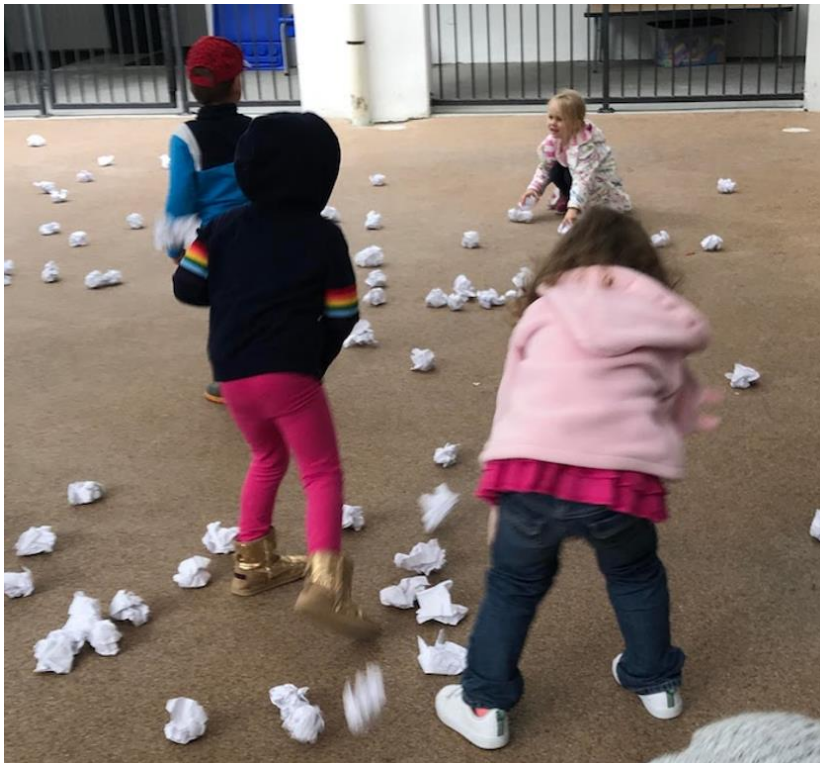
During January we started using songs which employ the use of breathing exercises ("Blow on your hot chocolate..."). Using deep breathing is very calming. Teaching it in a time of calm gives us a way to help calm a child who is upset. Being able to calm oneself is a strong tool for self-regulation.



We "melted" our snowmen this week while working on our deep breathing. Blowing through a straw also requires the breathing from one's diaphragm, which is necessary for strong speech.

Gross Motor Fun

Thanks to Ms. Natalie's class who invited us to join them in a Florida Snow Ball Fight this week (paper balls is as close as we get to that here). It was a giggly way to work out those arm and shoulder muscles.





We pray any snow you might have been caught in was as easy to navigate.



Thanks,

Peggie and Cheryl