

## JOIN OUR TEAM! PLAYBALL!

FOUNDATION FOR SPORT AND LIFE LEARN SKILLS IN 6 SPORTS WITH SPORTY! BUILD EYE AND HAND, EYE AND FOOT COORDINATION, BALANCE, STABILITY.

SPORTS TRAINING ST CLASSROOM SUCCESS



## **CLASS DETAILS**

30 minute classes

Once a week

Age specific classes

Tuesday Classes - 2 / 3 year olds , Wednesday Classes- 4 / 5 vear olds

✓ No pressure environment = Garunteed success and growth

> Soccer, Tennis, Basketball, Field Hockey, Volleyball and Baseball

**Build foundation** for sport for life! Skills in Manipulation, Locomotion, Stability and more.

CONFIDENCE! IMPROVE COGNATIVE, SOCIAL AND PHSYICAL GROWTH

**Coach Alexis** 

OrlandoPlayballKids@gmail.com

More Information 407-279-0454 text or call!



COORDINATION, BALANCE, STABILITY. BUILD EYE AND HAND, EYE AND FOOT LEARN SKILLS IN 6 SPORTS WITH SPORTY! FOUNDATION FOR SPORT AND LIFE

SPORTS TRAINING 🔊 CLASSROOM SUCCESS

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FIELD HOCKEY, VOLLEYBALL AND SOCCER, TENNIS, BASKETBALL,

## BASEBALL

LOCOMOTION, STABILITY AND MORE. BUILD FOUNDATION FOR SPORT FOR SKILLS IN MANIPULATION. LIFE

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BASEBALL

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