

# **Children with Special Needs and Divorce: Mediation as a Thoughtful and Healthy Solution**

When making the decision to divorce, parents of children with special needs can feel an extra level of stress. You may wonder how you will continue to meet the demands of daily life. And most importantly, whether you will be able to navigate divorce without placing unnecessary burden on your child.

To keep stress as low as possible, it is important to approach divorce in the healthiest way possible.



**Each step forward, no matter how small, offers opportunity  
for growth, and hope for a bright tomorrow.**

Divorce mediation is the healthiest way to divorce. At [The Aurit Center for Divorce Mediation](#), we help parents to develop creative agreements to best fit the unique needs of their family. Our process is centered around and prioritizes children's best interests.

We guide parents in a respectful collaborative process to ensure their divorce is amicable and efficient in every way.

After all, who better to make decisions about your kids' unique needs, then well... *you*.

### **Your Kids, Your Needs, Your Unique Plan**

No one understands the dynamics of your family better than you. We guide you both in creating a parenting plan that provides for your child's unique needs. This helps them adapt to changing family dynamics in the easiest and healthiest way possible. By collaborating to create personalized agreements, co-parents ensure their children's needs will be met, reducing stress for the whole family.



In mediation, you stay in complete control of all decisions and customize all agreements. Together, with the guidance and support of an experienced mediator, you are able to take every aspect of their children's needs into consideration.

When parents hire lawyers and battle their divorce out in court, they ultimately relinquish control. A judge makes the decisions and determines the outcomes, with limited knowledge of the family's needs. It is difficult—*in fact, almost impossible*—to create agreements regarding children with special needs without a deep sense of understanding of the children's circumstances.

**Making the best possible agreements requires the deep understanding of the child which parent's have.**

This, along with many other reasons, is why so many parents choose mediation.

### **Working Together Protects Kids**

Children struggle when there is conflict between their parents. In fact, research shows that ongoing conflict between parents is what causes harm to kids—*not the decision to divorce itself*.

How parents choose to complete their divorce, through mediation or litigation, has an impact on how each and every family member will adjust and cope.



Mediation	Litigation
Conflict and hostility within the family is <b>decreased</b> .	Conflict and hostility within the family <b>increases</b> .
Spouses are viewed as <b>collaborators</b> , rather than as competitors.	Spouses are forced to <b>fight</b> it out in court and often encouraged to <b>cut-off all communication</b> with one another.
Collaboration is <b>encouraged</b> with the understanding that co-parenting relationships continue long after a divorce is finalized.	<b>Stress, conflict, and hostility</b> overwhelm children, even more than the idea of their parents divorcing.

For parents of children with special needs, collaborative [creative](#) agreements can be especially helpful in maintaining their wellbeing and most importantly the well-being of their child. Parents can choose the **supportive, solution-focused** approach of mediation to complete their divorce process in a healthy and amicable way.

### **A Process that Supports Financial Stability**

You have unique financial challenges pertaining to the care of their children, including but not limited to therapeutic and medical bills. It is not uncommon for one parent to work and the other to provide the daily care for their child with special needs, which can further increase the financial strain.

In litigation, parents often spend hundreds of thousands of dollars on their divorce. Attorneys charge a retainer fee and utilize hourly-billing. Whether it is time spent writing out an email, drafting your documents, or the time taken to travel to meet with you, the cost of your divorce increases with each moment the attorney spends on your case. And the more conflict there is between you and your co-parent, the more money the attorneys make. Thankfully, there is a better way that protects your family from unnecessary financial burden.

**Divorce mediation costs significantly less than litigation.**

To support your financial stability, Aurit Center Certified Mediators offer an all inclusive flat fee for the entire mediation process. You will know the full cost of your divorce upfront at your [free 1-hour consultation](#). There are no hidden fees or hourly billing. Additionally, we are the only mediation center nationwide to partner with Splitit and offer a 0% interest, 3, 6, and 12 month payment plan options.



We believe that divorce shouldn't result in insurmountable attorney and court fees. We are here to make your divorce process as simple and attainable as possible, for you and your entire family.

### **Help is Here – You're Not Alone**

At [The Aurit Center For Divorce Mediation](#), we honor your family's uniqueness. Your children benefit when you choose to approach divorce through mediation. We can help you create unique agreements that will support your co-parenting relationship, and thereby your children, now and into the future.

**We support parents each and every step of the way  
and prioritize the well-being of their children at all times.**

We invite you to schedule our [free 1-hour consultation](#) to meet with one of our professional mediators and learn more about how we can help you and your family. We are here to answer your questions anytime.

### **Related Content**

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[Parenting Rights in Arizona] - link