

## did you know...

- According to the CDC as many as 1 in 5 people in the U.S. are living with a disability, such as difficulty walking, making it difficult to use their home.
- AARP reports that 3 out of 4 people prefer to stay in their homes and communities over their lifetime—unfortunately, only 20% of current housing stock can accommodate their changed mobility or chronic health issues.
- Pew Research Center tells us that a record 64 million Americans are living in multigenerational homes. For more families to be able to live together, more homes need to accommodate multiple families.
- As people are responding to change, lifestyles and family structures are adapting. And so should our homes.
- You might think about remodeling. But where do you begin? How do you find a contractor? What do you need to change? It can all feel overwhelming.

## **We've got this—together! inclusio<sup>TM</sup> helps you create a plan to adapt your spaces that empowers you to confidently make accessible home remodel decisions.**

Making your home more inclusive and easier to use now can allow you to continue to make memories in the place where you're most comfortable over a lifetime. And it will make living easier for everyone – no matter their age, size or ability. All it takes is a bit of planning.

### **Tips for making your home barrier-free and safe:**

- Use D-shaped handles instead of knobs on cabinets and drawers
- Install a contrasting edge-band on countertops.
- Opt for higher toe kicks on the base cabinets
- Install pull-down shelves in the upper cabinets
- Make sure hallways and doorways are min. 32 inches wide
- Choose lever-style handles instead of doorknobs
- Lower rocker switches
- Raise electrical wall outlets at least 18" from the floor

### **pat gory**

PLANNING SPECIALIST

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We're on a mission to help you make your home more inclusive so that it adapts to life's changes.