Lonch


Cup \& Sarcar Down fome Dinners
Served with Vegetables, your choice of potato, Soup or Salad
Old Fashioned Meat Loaf
Served with Mashed Potatoes and Gravy
Potatoes and Gra
Mini Meal
Liver @ Ouforis
$\qquad$
Sole Doré
Dipped in Egy and Grilled golden, served
with Lemon and Tarter Sauce
Roast Turkey Dinner With Bread Stuffing, Mashed Potato
and Cranbery Sauce

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\begin{array}{ll}
16 & \text { Chicken Sauté } \\
13 & \begin{array}{l}
\text { Chicken Sauted ind Sherry Wine } \\
\text { Tomatoes and Green Onions } \\
\text { Mini Meal }
\end{array}
\end{array}
$$

$\underset{\text { Slow Pulled Pork Dinner }}{\text { BBQ }}$ Slow Roasted Pulled Pork served with fre
Mashed Potatoes and Gray 14

> Add Bacon Mini Meal
er Sauce
Mini Meal

Regular Sandutidhes
13 Meatball Sandwich
Sauce, topped with Movered in Meathalls and Marinara
Morela cheese
16 The Cuban Sandwich
$15 \begin{aligned} & \text { Ham, Slow Roasted P Pulled Pork, Swiss Chesese, } \\ & \text { Mustard and P Pickles on a Grilled french Roll }\end{aligned}$ Chicken or Steak Philly
Chin
$15 \begin{aligned} & \text { Thinlly Sliced Sirloin or Chicken Rreast Grilled with } \\ & \text { Sweet Onions and Bell Peppers toped with }\end{aligned}$
15 Moetzarelian cheese $B$
Tuna Melt
Grilled Chicken Avocado
With Avocado, Tomatoes, Lettuce and Swiss Cheese
16 French Dip Thinly Sliced Roast Beef served on a Toasted french Roll
with $A u$ us with Au Jus Ada Grilled Onions 1.50 Flank Steak Sandwich
Our Marinated Flank steak On A French Ro Our Marinated Flank Steak On A French RoI
with Letuce, Tomatoes and Onions California Wrat Grilled Chicken, Cucumber, Tomatoes, Spinach, Red Onions.
Avocado and lach Arocadle and Jhickenen Pesto Grilled Chichen, Pesto sauce, Mustroms, Onions and
Mozzarella Cheses on Crilled Sourdough 15

14 Dell Sandutiches
15 Vegetable With Avocados, Tount Crers Bell Perpers Onions, Mayonnaiss and Monterey ycack Cheeseers,
14 Ao Whole Wheat Bread Add Tuna Salad 2.50 $14 \begin{aligned} & \text { Turkey Jack } \\ & \text { Sliced Iurkey and Monterey Jack Cheese on Sourdough }\end{aligned}$ Sliced Turkey and Monteres Jact Cheese on Sourdous,
with Basil Pesto, Tomatoes, etetuce and Red Onions 2 Roast Beef \& Cheddar Roast Beef with Cheddar Cheese, Tomatoes,
Red Onions, Mayonnais and Lettuce on Sourdough Ram \& Swiss Sandwich On Rye Bread with Dijon Mustard, Mayon On RYe Bread with Dij
Tomateos and L Lettuce
Dagwood Sandwich
Turkey, Ham, Roast Beef, Swiss and Cheddar Cheese, 16



## Benodicts a Sarambles a Quesadilins <br> Served with Our Fresh Great Potatoes

Available substitutions for Our Fresh Great Potatoes 1.00
Brealhinel served All Day
Served with Our Fresh Great Potatoes.
Egg Whites add 1.00
Shredded Hash Browns, Fresh Fruit, Sliced Tomatoes or Cottage Cheese Egg Whites add 1.00
 A G.iedeng is lich Muffin topped with
Candian Bacon, , Poachee Eggs and Hollandaise Sauce
Vegetable Benedict Vegetable Benedict 16
Spinach, Tomatoes, Brococoli, and Mush
roon


 with Paoched Eggs over a Grilled
Enhtish
Hollandandisis Saucce topped with Holladaise Sauce
Eggs Florentine Eggs Fiorentine
A Criled English Muffin topped with
fresh Spinach Poached foged fresh Spinach, Poached Igpoe and topped
with Hollandaise Sauce CThan Benedtot 18 Slow Roasted Pork, Grilled Onions,
Pooached

Eggs Lorraine
Spinach Ham
 16

Supreme Breakfast Quesadilla
Ham, Bell Pepers

 and Gucamole on the side
Burrito Breakast, Burrito Breakfast
Pulled Pork, Onions, Bell Peppers,
 and folded into a Burrito. Served with
Our Great Potates, osur cream, Salsa
and Guacamo on
Build your own Breakitast Burito.


 $\xrightarrow{\text { CosoliMicso }}$ 17 Our 1/2 Ib Bu
Reic topped
Grav. Served
Trae Bakery e topped with Two Eggs and Brown
ave Served with ourr choice from
Substitute Spam add 1

English Muffin and topped
with


Soufili omelletios



Pancalkes a Fremdh lowt m Wariles
All Pancakes, French Toast and Waffles are served with Maple Syrup, Whipped Butter and topped with Powdered Sugar.

Syrup, We would be happy to add some Whipped Cream for you"


Sales tax will be added to prices Extra Plate / Split Charge 2.00 TO GO surcharge .50 cents

More Healthy Choices

Lifestyle Meal
Design a healthy meal Column $\mathbf{A} \quad$ Column B
Cor an Ground Turkey
$1 / 2 l / b$ Burger $\quad \begin{gathered}\text { Fresh Fruit } \\ \text { Sliced Tomat }\end{gathered}$ Herb Chickenk Breast
Het Steamed Sinina
Cotage
Side of Avoca to fit your lifestyle Baked Potato (After 4)
Garden Salad Egg Whites Scrambled

## Sallads <br>  ney Dijon Mustard and Balsame, Ranc Vinaigrette Add Tuna Salad 5 Add Bay Shrimp 6 Add Chicken ${ }_{6} 6$ Dinner Salad 6 <br> Dinner Spinach Salad <br> Dinner Caesar Salad <br> $\underset{A}{\text { Soup of Soup, a Dinner }}$ <br> Chicken Caespar Salad <br> Sliced Charbroiled Chicken served over Iteberg Lettuce, tossed with Parmesan Cheese, Seasoned Croutons and <br> Our Own Caesar Dressing Stitus Flank Steak add 3 <br> Greek Salad <br> Sliced Charbroiled Chicken with Cucumbers, Avocado Red onions sliced Almonds and Feta Cheese with Italian Dressing on the side <br> BBQ Chicken Salad <br> $\underset{\substack{\text { OBer a Bed of Crisp Greens with Grilled BBQ Chicken } \\ \text { top } \\ \\ 17}}{ }$ topped with Avocado, Read Onions, Diced Tomatoess Grilled Corn, Ranch Dreck Beass and and Red Bell Peppers sith

## Bererages

Regular or Decaf Coffee .
Pot of Tea ...............
Pot of Tea ...
Extra Tea Bag
Extra Tea Bag
Milk... Reg
Hot Chocolat
Mirk.... Reg. 12 oz 4
Hot Chocolate........
Soft Drinks
Soft Drinks $\sim$ Free refill
Iced Tea $\sim$ Free refill



## ปutoce Frule



Fresh Fruit Salad 18 cool combination of $S$ Cobbl Salad 19 Chicken, Tomatoes, Egg, Gorgonzola Cheese, Bacon
and Avocado over a Crisp Green Salad Chef Salad Shrimp Louie

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\begin{aligned}
& \text { Mound of Bay Shrimp with Tomatoes, Avocado, } \\
& \text { Cog and Cuun }
\end{aligned}
$$

$$
\begin{aligned}
& \text { Mound of Bay Shrimp with Ton } \\
& \text { Eggand Cucumbers }
\end{aligned}
$$



 Southwestern Tostada Salad 18 Cajun Spicic Chicken, served over Greens, Cheddar
Chese, Diced Avocado, Tomatoes, Sour Cream, Olives Cheese, Diced Avocado, Tomatoes, Sour Cream, Olives
and Red Onions. Served in a Tortill Shell
 Fresh Spinach Salad
With Charbroied chicken, Dried Cranberries and
Corenanzo Cheese Tosed ina Balsemic Vinairette


Tossed in Honey Dijon Mustard Dressing with Apples,
Gorgonzola Chese and Dried Cranherries

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Mimosa

Mimosa
ManMosa
A blend of Vodka, Champagne,
Fresh Orange luice and ce in a large ber mug
Bloody Mary

## Beer \& Wine

Bottled Beer
Merlot ~ Cabernet
Chardonnay
By the Glass..... 6
Cork Fee....... 10


