

**Formula Chart for Use
With the Scale - US**

	6-inch	Footlong	Footlong Pro
Chicken Strips	2.5 oz	5 oz	10 oz
Chicken Teriyaki	3 oz	6 oz	12 oz
Steak	2.5 oz	5 oz	10 oz
Rotisserie Chicken	2.5 oz	5 oz	10 oz
Thin Sliced Turkey or Ham	2 oz	4 oz	8 oz
Roast Beef	2.5 oz	5 oz	10 oz
Subway Club®	1 oz Tur. 1 oz Ham 1.25 oz R.B.	2 oz Tur. 2 oz Ham 2.5 oz R.B.	4 oz Tur. 4 oz Ham 5 oz R.B.
Thin Sliced Turkey and Ham	1 oz Tur. 1 oz Ham	2 oz Tur. 2 oz Ham	4 oz Tur. 4 oz Ham
Italian B.M.T.®	3 Pepperoni 3 Salami 1 oz Ham	6 Pepperoni 6 Salami 2 oz Ham	12 Pepperoni 12 Salami 4 oz Ham



**VIDEO
TRAINING GUIDES**

For cheese and vegetable amount refer to standard Sandwich Unit Formula Chart

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