

# FAIR HAVEN MARTIAL ARTS

20 Cedar Ave Fair Haven, NJ 732-933-1700

[www.fairhavenmartialarts.com](http://www.fairhavenmartialarts.com)

## Monday through Friday Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
10:00-10:35			Ages 4-6 Karate	Ages 4-6 Karate	
10:45-11:15			Ages 2-3 Karate Fun	Ages 2-3 Karate Fun	
11:00-12:00		Adult only Karate			Adult only Karate
1:00-2:00					Adult <b>BJJ</b>
2:15-2:50	Ages 4-6 Karate	Ages 4-6 Karate	Ages 4-6 Karate	Ages 4-6 Karate	Ages 4-6 Karate
2:15-2:45	Ages 2-3 <b>Jiu Jitsu</b> Fun		Ages 2-3 <b>Jiu Jitsu</b> Fun		Ages 2-3 Karate Fun
3:00-3:50	Ages 7-12 Karate	Ages 7-12 Karate	Ages 7-12 Karate	Ages 7-12 Karate	Ages 7-12 Karate
3:00-3:40	Ages 4-9 <b>Jiu Jitsu</b>	Ages 4-9 <b>Jiu Jitsu</b>	Ages 4-9 <b>Jiu Jitsu</b>	Ages 4-9 <b>Jiu Jitsu</b>	Ages 4-6 Karate
3:00-4:00	Video Karate	Video Karate	Video Karate	Video Karate	Video Karate
4:00-4:35	Ages 4-6 Karate	Ages 4-6 Karate	Ages 4-6 Karate	Ages 4-6 Karate	Ages 4-6 Karate
4:00-4:50	Ages 7-12 Karate	Ages 7-12 Karate	Ages 7-12 Karate	Ages 7-12 Karate	Ages 7-12 Karate
5:00-5:35	Ages 4-6 Karate	Ages 4-6 Karate	Ages 4-6 Karate	Ages 4-6 Karate	Ages 4-6 Karate
5:00-5:50	Ages 7-12 Karate	Ages 7-12 <b>Jiu Jitsu</b>	Ages 7-12 Advanced Karate	Ages 7-12 <b>Jiu Jitsu</b>	Ages 10-16 Karate
6:00-6:40	Ages 10-13 <b>Jiu Jitsu</b>	Video Karate 5:00-6:00	Ages 10-13 <b>Jiu Jitsu</b>	Parent and Child <b>Jiu Jitsu</b>	
6:00-6:55	Ages 13- Adult Karate	Ages 10-16 Karate 5:45-6:40	Ages 13- Adult Karate	Ages 10-16 Karate 5:45-6:40	
7:00-8:30	Ages 13-Adult <b>Jiu Jitsu</b>	Ages 13-Adult <b>Jiu Jitsu</b>	Ages 13-Adult <b>Jiu Jitsu</b> open mat	Ages 13-Adult <b>Jiu Jitsu</b>	

## Saturday and Sunday Schedule

9:00- 9:35	Ages 2-3 Karate Fun & Ages 4-6 Karate
9:45- 10:35	Ages 7-12 Karate
10:45- 11:45	Ages 13- Adult Karate
12:00- 12:45	Karate Belt Testing
1:00- 2:30	<b>Karate Birthday Parties</b>
3:00- 4:00	Adult Only Karate
<b>Sunday Schedule</b>	
9:00- 10:00	Adult Only Karate
10:45-12:15 & 12:15-12:55	Adult <b>Jiu Jitsu</b> & Parent/Child <b>Jiu Jitsu</b>
3:00-4:30 & 4:30-6:00	Ages 8- 12 Elite Team & Ages 13- Adult Elite Team