

FAIR HAVEN MARTIAL ARTS

20 Cedar Ave Fair Haven, NJ 07704 732-933-1700

www.fairhavenmartialarts.com

Summer Hours June 12 – September 12, 2021

Flexible schedule; come to any age-appropriate class.

**Classes marked (in) mean inside the dojo.
Classes marked (out) mean outside. Across the
street from the dojo at Bicentennial Hall.**

Monday through Friday Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
9:30-10:10 am	Ages 4-6 <u>Karate (in)</u> Ages 2-3 Karate		Ages 4-6 <u>Karate (in)</u> Ages 2-3 Karate		
10:15-10:55 am	Ages 4-6 <u>Karate (out)</u> Ages 7-12 (in) Karate sparring		Ages 4-6 <u>Karate (out)</u> Ages 7-12 Karate (out)	Ages 4-6 <u>Karate (in)</u> Ages 7-12 karate (in)	
10:30-12:00 pm		Adult only karate (in)			Adult only karate (in)
1:00-2:00 pm					Adult BJJ
4:00-4:50 pm		<u>Ages 4-6 Karate</u> <u>Ages 7-12 karate</u> (both out)	Ages 10-16 Karate (out)	<u>Ages 4-6 Karate</u> <u>Ages 7-12 karate</u> (both out)	
5:00-5:50 pm	<u>Ages 4-6 Karate</u> <u>Ages 7-12 Karate</u> (both in)	<u>Ages 4-6 Karate</u> <u>Ages 7-12 Karate</u> (both in)	<u>Ages 4-6 Karate</u> <u>Ages 7-12 Karate</u> (both in)	<u>Ages 4-6 Karate</u> <u>Ages 7-12 Sparring</u> (both in)	
6:00-6:55 pm	Ages 13-Adult <u>Karate (in)</u> Ages 2-3 BJJ	Ages 10-16 <u>Karate (in)</u> Ages 4-12 BJJ	Ages 13-Adult <u>Karate (in)</u> Ages 4-12 BJJ	Ages 10-16 <u>Karate (in)</u> Ages 4-12 BJJ	
7:30-9:00 pm	Adult Brazilian JiuJitsu	Adult Brazilian Jiu Jitsu	No Gi Brazilian Jiu Jitsu	Adult Brazilian Jiu Jitsu	

Saturday Schedule

9:00-9:40 am	Ages 2-3 Karate Fun & Ages 4-6 Karate (in)
9:45-10:40 am	Ages 7-12 Karate (in)
10:45-11:45 am	Ages 13-Adult Karate (in)
11:45- 12:30 pm	Ages 7-12 Karate Belt Testing

Sunday Schedule

9:00 am- 10:30 pm	Adult only karate (in)
11:00am-12:15 pm Adult BJJ	12:15-1:00pm Parent/Child BJJ 1:00-2:00 Adult BJJ
3:00 pm- 4:30 pm 9-12 Elite Team	4:30- 6:00pm Ages 13- Adult Elite Team