

BALLET & DANCE ~ 2026 SUMMER TERM DANCE CLASSES, CAMPS & WORKSHOPS

- ALL TERM RATES ARE DISCOUNTED. MONTHLY PAYMENT PLANS AVAILABLE when applicable - ask Director for more information.
- Students progress in their training by developing work ethic, discipline, strength, and technique. Placement and progression to the next level is by recommendation of the ABDA Faculty only. ABDA does not place or advance students solely based on their age or on their level at a previous ballet school. Auditions are not required to perform in student performances.
- Class level is determined by the teacher and occurs in the summer and fall only, after completing a minimum of one year in the previous level. See brochure for Studio Policies. Discounts do not apply for summer session/classes.
- Private, Semi-Private and Small Group coaching available by appointment. Gift Certificates Available.

Continue developing technique built throughout the curriculum year. Improve foundation and maintain skills. New students welcome!

MAINTENANCE CLASSES, CAMPS & DANCE WORKSHOPS

BALLET 1 & 2: Classical Ballet Technique & Character Dance * Bring a light snack and water bottle.

Monday ~ Thursday	8/17, 18, 19, 20	Ages 7-12	1:00 pm - 2:30 pm	\$130
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TEEN/ADULT ESSENTIAL BALLET CLASS: Build strength and technique at the barre while improving body alignment and coordination. A versatile class with combinations scaled to accommodate the student's skill level.

Monday	6/1-6/29	Teen/Adult	7:30 pm - 8:30 pm	\$105
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PILATES Essential/Intermediate Mat: Achieve the health benefits of Pilates as you perform the basic principles and essential exercises on the mat. Improve your core strength and flexibility while correcting imbalances. **See website for Private Mat and Reformer sessions.

Wednesday	5/27-6/17	Teen/Adult	10:15-11:15 am	\$84
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DANCE CAMPS

SLEEPING BEAUTY DANCE CAMP: Dream & learn to dance like Princess Aurora at her 16th birthday ball.

Become the Sleeping Beauty as the Lilac Fairy watches over you. Have fun making princess and fairy accessories.

Monday ~ Thursday	7/20, 21, 22, 23	Ages 3.5-7	9:30 pm - 12:00 pm	\$175
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Monday ~ Thursday	7/27, 28, 29, 30	Ages 3.5-7	9:30 pm - 12:00 pm	\$175
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FROZEN DANCE CAMP: Become an ice princess and dance your way on a fun-filled journey through the snow. See what friends we run into along the way as we search for an ice castle. Props and art projects are incorporated to stimulate the imagination.

Monday ~ Thursday	6/22, 23, 24, 25	Ages 4-8	9:30 am - 12:00 pm	\$175
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Monday ~ Thursday	6/22, 23, 24, 25	Ages 4-8	1:00 pm - 3:30 pm	\$175
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CINDERELLA DANCE CAMP: Gallop to the castle and spin, twirl and dance at the ball. Cinderella has never been more fun at this dance camp! Props and art projects are incorporated to stimulate the imagination.

Monday ~ Thursday	7/13, 14, 15, 16	Ages 3.5-7	9:30 am - 12:00 pm	\$175
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Monday ~ Thursday	7/13, 14, 15, 16	Ages 3.5-7	1:00 pm - 3:30 pm	\$175
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BALLERINA~PRE-BALLET DANCE CAMP: Enhance the love of movement learning Ballet steps and stories. Core learning activities are developmentally appropriate and are designed to inspire children's artistic and movement potential.

Monday ~ Thursday	7/20, 21, 22, 23	Ages 4-8	1:00 pm - 3:30 pm	\$175
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ANGELINA BALLERINA DANCE CAMP: Dancers, experience the joy of ballet. Learn some of Angelina's favorite ballet steps and enjoy dancing to classical music. You just may become a Rose Fairy Princess! All craft supplies included.

Monday ~ Thursday	8/3, 4, 5, 6	Ages 3.5-6	9:30 am - 12:00 pm	\$175
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DANCE & CHEER CAMP: Learn to dance and cheer including, pom and hip-hop styles. Learn to dance and create team spirit.

Monday ~ Thursday	8/10, 11, 12, 13	Ages 6-10	9:30 am - 12:00 pm	\$175
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Monday ~ Thursday	8/10, 11, 12, 13	Ages 6-10	1:00 pm - 3:30 pm	\$175
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