

East Rockaway  
EDUCATION FOUNDATION



East Rockaway Education Foundation

**EREF**  
**SPRING 5K**  
RUN/WALK

**SATURDAY**

**4/6/24**

**8:30am**

[events.elitefeats.com/24eref](https://events.elitefeats.com/24eref)

**START/FINISH:**

Hewlett Point Beach

**RACE DAY:**

Check-in: 7:00-8:00am

Participants must arrive by 8:00am

Road closures begin at 8am

**REGISTER ONLINE:**

[events.elitefeats.com/24eref](https://events.elitefeats.com/24eref)

Race day registration available

**Drawstring bags for the  
first 250 participants!**

**ENTRY FEE:**

\$30 Adult

\$20 Students 18 and under

Bib number and post-race  
refreshments included



*Please note, this is not an East Rockaway Union Free School District Sponsored event.*