



### **Consent For Treatment/Professional Services**

#### **WELCOME TO WELLSPRING COUNSELING AND HEALTH!**

Welcome to our Executive Coaching and Clinical Counseling practice. This document contains information about our professional service as well as our policies and procedures. In addition, you are encouraged to keep a copy of our Florida Notice Form (regarding your Protected Health Information), which we ask you to read before signing this document. By signing this document, it represents an agreement between us.

We are a group of independent practicing mental health professionals who share certain expenses and administrative functions under the name of WELLSPRING COUNSELING AND HEALTH, LLC ("WELLSPRING"). While the members of WELLSPRING share a name and office space, we want you to know that we are completely independent in providing you with our professional services and your independent provider is fully responsible for these services. Each provider separately maintains their own professional records. To optimize the outcome of our professional services and for the purpose of coordination of care, by signing this release, you will be authorizing communication between providers within WELLSPRING regarding your mental health and/or executive coaching care, unless otherwise revoked in writing.

During our rendering of professional services, we may be collecting what the law calls Protected Health Information. We may need to use this information to decide on what professional services are best for you and to provide professional services to you. We may also need to share this information with others who provide professional services to you or need it to arrange payment for your professional services or for other business or government functions. Please see the CONFIDENTIALITY section below for more information.

#### **EXECUTIVE COACHING SERVICES**

Executive Coaching is no psychotherapy nor is it a substitute for psychotherapy. It does not deal with the same issues and is not covered by health insurance policies. Coaching is designed to give focus, structure, and support to achieving life and career goals. If your relationship with one of our independent providers is based on executive coaching, and should the need arise for clinical counseling/psychotherapeutic services, a referral will be made either inside and/or outside of the WELLSPRING group.

#### **MENTAL HEALTH SERVICES**

Mental health treatment is a very unique experience requiring your active participation. It varies depending on the personalities of the mental health provider and the particular issues you bring to his/her attention. For our professional services to be most successful, you will have to work on things we talk about both during our sessions and at home. It is important that you understand that there are both risks and benefits. Our work together often will involve discussing unpleasant aspects of your life and you may experience uncomfortable feelings like frustration, guilt, sadness, anger, loneliness, helplessness, and disruption to your current relationships. The benefits can include significant reductions in feelings of distress, solutions to particular problems, and improved relationships. There are

no guarantees of what the experience and outcome will be like for you as an individual, and/or couple and/or a family.

### **CONFIDENTIALITY**

We have a legal and ethical commitment to protect your privacy, including what we discuss in our treatment sessions and any medical records of yours that we receive. While executive coaching is not a therapeutic relationship, we agree to maintain the same standards of confidentiality noted herein. **We cannot and will not release information about our work together to anyone without your written consent or permission. There are, however, three exceptions to confidentiality where we are/may be required to disclose private information: 1) By law, we must report any evidence of abuse or neglect of children, the elderly or disabled to agencies of the State of Florida; 2) When a client is a serious danger to himself or herself, or dangerous to others, we may have to inform family members or the proper authorities; and, 3) In some cases, a judge has the legal authority, regardless of your wishes, to require us to release information.**

### **PROFESSIONAL RECORDS**

By law and the standards of our profession, treatment and professional service records will be maintained by us. You are entitled to receive a copy of your records or a summary of your records, unless it is believed that seeing them would be emotionally damaging or not in your best interests. If the latter arises, we will agree to send them to a mental health professional of your choice. Professional records may be upsetting to, or misinterpreted by, untrained readers, hence, we recommend you review them in the presence of a mental health professional. **Minors: individuals under the age of 18 need to understand that the law may provide your parents the right to examine your records.** If they agree, they will only receive general information about our work together unless it is felt there is a high risk that you will harm yourself or someone else, at which time they would be notified of this concern. And, of course, under this arrangement, parents are always free to provide information to your provider/counselor at any time. If you have had prior counseling experience or psychiatric care, please contact these providers and request that a "Treatment Summary" be confidentially mailed or faxed to your WELLSRING provider at (904)770-7817. **Client acknowledgment (initial)** \_\_\_\_\_.

### **GENERAL OFFICE POLICIES**

#### **CONTACTING A PROVIDER**

Our offices are generally open from 9 AM to 6 PM, Monday through Friday and appointments can be arranged for Saturdays. Appointment requests and messages may be left on our general voice mail system. (904)770-7587. You may also email your provider per the confidential/secured email address on his/her business card. If you are unable to reach any of us, in the event of an emergency, please dial 911 without hesitation.

#### **APPOINTMENT CANCELLATIONS/RESCHEDULING**

Cancellations and rescheduled appointments will be accepted with no charge if we have been notified within 24 hours. A \$95 fee (not covered by insurance) will be applied for missed appointments made with less than 24 hours notice.

#### **FEES**

The following fees are used as a guideline by our providers and are due at the time of service. Fees may also be arranged in the context of your insurance and financial circumstances. Fees will be provided separately for substance abuse, psychological, custody, and other evaluations. Charges for phone calls (including third parties) and email are based on the same rates, prorated for the time spent. Many of these fees are not covered by insurance.

Executive Coaching rate per hour - \$200

Courtroom Preparation/Appeal rate per hour - \$250

Clinical Counseling rate per 50-minute -  
• \$195 if paying by card  
• \$190 if paying with cash/check  
Substance Abuse Evaluation - (hourly rate)  
Letters Written or Special Forms completed - \$125  
Missed Appointments - \$95  
Rescheduled Appointments less than 24 hours notice - \$95

*Please note a 30% administrative charge will be applied to any past due amounts requiring use of a collection agency.*

*Also note that appointments provided by our Graduate Clinical Interns are in high demand and that we reserve the right to rescind this service if receiving clients miss a total of 2 scheduled appointments without the proper 24 hours notice or reschedule.*

#### **AGREEMENT**

After you sign this consent, you have the right to revoke it in writing at any time. We may have already shared some of your information and cannot change that. If we have no contact from you for 90 days, your case may be automatically closed, but it can be reopened with agreement by both parties.

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Printed Name (+ child's name)

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Signature of Client Date  
(or representative)

#### **Notice of Privacy Practices - Florida Form**

Date HIPPA form Provided -----