



CLASS SCHEDULE

FITNESS | STRIKING | JUDO/JU-JITSU | MMA | WRESTLING

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
FIT CLUB		12:15-12:45 PM		12:15-12:45 PM	
KIDS STRIKING	5:30-6:30 PM		5:30-6:30 PM		
KIDS WRESTLING	6:30-7:30 PM		6:30-7:30 PM		
ADULT WRESTLING	7:30-8:30 PM		7:30-8:30 PM		
ADULT STRIKING	8:30-9:30 PM		8:30-9:30 PM		
KIDS MMA		5:30-6:30 PM		5:30-6:30 PM	
KIDS JUDO/JU-JITSU		6:30-7:30 PM		6:30-7:30 PM	
ADULT JUDO/JU-JITSU		7:30-8:30 PM		7:30-8:30 PM	
ADULT MMA		8:30-9:30 PM		8:30-9:30 PM	
ADULT/KIDS OPEN MAT					
WRESTLING					9:30-10:30 AM
NO GI JU-JITSU					10:30-11:30 AM
MMA					11:30-12:30 PM
STRIKING					12:30-1:30 PM
JUDO					1:30-2:30 PM

Observed Holidays- New Years, Memorial Day, Independence Day, Labor Day, Halloween, Veterans Day, Thanksgiving, Christmas Eve and Day

TUITION & FEES

UNLIMITED ADULT MO. MEMBERSHIP \$95+TAX ALL CLASSES & WORKOUT AREA INCLUDED

UNLIMITED KIDS MO. MEMBERSHIP \$65+TAX ALL KIDS CLASSES INCLUDED

ALL NON MEMBERS \$5+TAX FIT CLUB AND ALL ACCESS DAY PASS \$15+TAX