# 2017 Membership Directory Senior Citizens Services Coordinating Council

The Altenheim 7824 W Madison St Forest Park, IL 60130 708-366-2206

Contact: Kathleen Wray

E--mail: thealtenheim@aol.com

AAG (American Advisors Group) 3800 W. Chapman Avenue, Third Floor Orange, CA 92868 630-235-6586

Contact: Charles Rizzo E-mail: crizzo@AAG.com

Reverse Mortgage Specialist and Senior Advocate, seeking to better the lives of seniors through education and strategic partnerships with other service providers. Specialties: reverse mortgage lending, originating, processing and closing reverse mortgage loans.

Belmont Village of Oak Park 1035 Madison St. Oak Park, IL 60302 708-848-7200

Contact: Pat Porter

Email:pporter@belmontvillage.com

At Belmont Village Oak Park, you'll find the perfect blend of comfort, care and active living. Everything you need to thrive physically, socially and mentally is at your fingertips – a professionally managed fitness center with on-site therapy services, a licensed nurse and well-trained staff on-site 24/7, innovative, award-winning memory enrichment programs, and a vibrant social activity calendar.

# Bentron Financial Group 3020 Woodcreek Drive, Suite C1 Downers Grove, IL 60515 630-505-8375

Contact: James Flanagan

E-mail: jflanagan@bentron.com

Contact: Gregory Kurinec

E-mail: gkurinec@bentron.com

We provide comprehensive wealth management services to people at or near retirement.

Bethesda Rehab and Senior Care 2833 N Nordica Ave Chicago IL 60634 773-836-3239

Contact: Mary Anne Ojeda

E-mail: mojeda@bethesdaseniorcare.org

Contact: Kristen Hal

E-mail: khal@bethesdaseniorcare.org

Bethesda Rehab & Senior Care is an independent, not-for-profit long-term care community that encourages residents to reach their maximum level of independence. Our continuum of care includes sheltered care, intermediate care and skilled nursing. We are Medicare and Medicaid certified. We also offer short-term rehabilitation, respite care, and adult day care.

BrightStar Care 106 W. Calendar Court, Suite 163 LaGrange, IL 60525 708-551-2500

Contact: Linda Kunicki

E-mail: kunicki@brightstarcare.com

Provides all levels of skilled nursing and/or non-medical services to patients of any age. Expertise includes providing supplemental staff to medical facilities. We provide a higher standard of care, delivered by care experts, which has earned us Joint Commission accreditation and high client satisfaction scores.

#### Chicago Health Advocates Chicagohealthadvocates.com 708-872-7835

Contact: Raquel Gabriel-Bennewitz

E-Mail: <u>raquel@chicagohealthadvocates.com</u>

A Registered Nurse, I work for you/your loved one and with you/your loved one, not your insurance provider, the hospital, or your hospital caregivers. I work with your care team in a collegial and constructive manner, to seek best possible diagnostic and treatment options on your behalf.

Comfort Keepers 185 Hansen Ct Suite 120 Wood Dale, IL 60191 630-834-8366

Contact: Meghan Fielmann-Anselmo

E-mail: meghananselmo@comfortkeepers.com

Contact: Mary Flynn

E-mail: maryflynn@comfortkeepers.com

Provides in-home companionship, personal care and Safety Choice In-Home Technology Systems. Dedicated to providing non-medical care that enriches lives and maintains the highest possible level of independent living. Staff is bonded, insured and covered by Workers' Compensation insurance to protect our clients and their families. Part-time, full-time, and live-in services.

> Dr. Lydia Manning - Concordia University Chicago Gerontology 7400 Augusta St. West Annex 212 River Forest IL 60305 708-209-3218

Contact: Lydia Manning, PhD

E-mail: lydia.manning@cuchicago.edu, lydiamanning@gmail.com

Associate Professor of Gerontology Program Faculty Leader for Gerontology College of Graduate and Innovative Programs

#### Louise Corzine Elder Care Consultant

Contact: Louise Corzine

E-mail: louisecorzine@gmail.com

Countryside Senior Apartments 6406 Joliet Rd Countryside, IL 60525 708-579-0349

Contact: Alma Serna

E-mail: aserna@mercyhousing.org

Mercy Housing's Countryside Senior Apartments are an affordable independent living community for seniors.

Debra Anthony Law Hinsdale, IL 630-354-8789

Contact: Debra Anthony

E-Mail: legal@debanthony.net

Wills and trusts. Chicagoland attorney helping families plan their future.

Dwellings Real Estate 3208 Grove Avenue Berwyn, IL 60402 (708) 660-9677

Contact: Melissa Kowalski

E-Mail: melissa@dwellingseekers.com

Serving the Near West Suburbs, our team of experts can help you to purchase your dream home or sell your existing home. Our company of brokers are committed to providing exceptional service to our clients.

Elder Care Consultant Louise B. Corzine

Contact: Louise B. Corzine

Forum Financial Management 1900 S. Highland Ave., Suite 100 Lombard, IL 60148 630-880-8546

Contact: Chris Genzler

E-Mail: cgenzler@forumfin.com

Chris assists families with long-term care planning, college planning and retirement planning. Recently, Chris has focused on the growing need for assistance with eldercare transitions for baby boomers and their parents. Chris also has experience helping business owners protect their assets, sell their businesses and develop a lifetime income stream.

Full Circle Counseling and Care Management 715 Lake Street, Suite 517 Oak Park , IL 60302 708-990-3867

Contact: Maya Zelio

E-Mail: mayarzelio@comcast.net

My practice offers counseling and care management services focused on seniors and caregivers. Counseling services provided in homes, assisted living facilities and office setting.

# Gotlieb Geriatric Behavioral Health Care 701 W North Ave Melrose Park IL 60126 708-538-4316

Contact: Char Hill

E-Mail: <a href="mailto:charlene\_hill@luhs.org">charlene\_hill@luhs.org</a>

Gottlieb's Geriatric Behavioral Health Care Unit addresses the physical, emotional and cognitive challenges of older adults, including depression, anxiety and more.

Heartfelt Solutions for Seniors, Inc. 304 Glenwood Ave Willow Springs IL 60480 708-467-0157

Contact: Amie Hyman

E-mail: ahyman@heartfeltsolutions.net

Contact: Peggy Tyner

E-mail: ptyner@heartfeltsolutions.net

Specializes in health advocacy in doctors' offices and emergency rooms/hospitals; assistance with daily household finances, mail management and medical insurance management services for seniors in the Chicagoland area. Services also include income tax preparation assistance, assuming the role of Power of Attorney and/or Executor/Trustee and referrals to community resources.

Home Instead Senior Care 6901 W. North Ave Oak Park, IL 60302 708-524-9814 Contact: Richard Harrison

E-mail: rharrison@homeinstead.com

One of over 600 independently owned and operated franchises we help seniors live independently by providing comprehensive, non-medical home care services that reduce feelings of isolation and depression, stimulate thinking and promote well-being.

Home Sweet Home Care 72 S. LaGrange Rd. LaGrange, IL 60525 708-469-7117

Contact: Beth Kordick

E-mail: chicago@homesweethomecareservices.com

Home Sweet Home Care is an independently owned and operated private duty agency. licensed by the Illinois Department of Public Health. Caregivers are covered by bonding, liability and workers' comp insurance. Services are available for a few hours per week to 24 hours a day including weekends and holidays.

Hylife, LLC 27 W103 Chestnut Lane Winfield, IL 60190 630-877-3151

Contact: Mary Jensen RDH, MS, Independent Oral Care Specialist

E-mail: maryjensenrdh@gmail.com

Bringing Oral Care to Elder Care---HyLife,LLC is a network of compassionate registered dental hygienists who provide weekly brushing and between-the-teeth oral hygiene care to dependent seniors, either in their homes or assisted living communities. A healthy mouth is needed for a healthy body!

Lexington Square 420 W. Butterfield Rd Elmhurst, IL 60126 630-832-2300

Contact: Monica Barichello

E-mail: monica.barichello@lexingtonsquare.com

Life Care Community providing Independent Living, Personal Care, Licensed Assisted Living and Nursing Care.

#### Lifecare Innovations 8330 S Madison St #90, Burr Ridge, IL 60527 630- 953-2154

Contact: Tim Harnew

E-mail: tharnew@lcius.com

Contact: Martha Kern E-mail: mkern@lcius.com

Since 1995, Lifecare Innovations has earned its reputation as the company that can handle any problem. Our singular expertise in creative navigation of the health care, government, and guardianship system has made our name synonymous with hope when all hope seems lost.

#### **Living Fully at Home**

Contact: Monica Robinson

Email: monica@livingfullyathome.com

Contact: Blaine Robinson

E-Mail: blaine@livingfullyathome.com

Providing expert and innovative solutions to help you enjoy a safe, satisfying, and meaningful life in your own home.

Next Step Advocate 560 W. Fay Elmhurst, IL 60126 708-203-1411

Contact: Cybele Japczyk

Contact: Debra Tracy

Email: <u>info@nextstepadvocate.com</u>

We are private care managers assisting clients to navigate the health care system, providing tools and resources to help them get the best possible outcome.

Oak Park Township Senior Services 130 S. Oak Park Ave Oak Park, IL 60302 708-383-8060

Contact: Dana Ferdinand

E-mail: dferdinand@oakparktownship.org

Contact: Steven Smith

E-mail: ssmith@oakparktownship.org

Presence Bethlehem Woods Retirement Community 1571 W. Ogden Ave. LaGrange Park, IL 60526 708-579-7154

Contact: Meredith Morris

E-Mail: Meredith.morris@presencehealth.org

Not-for-profit independent and assisted living owned by Illinois' largest Catholic health care system. Located on 42 acres adjacent to scenic forest preserves. Amenities include a chef-operated dining room and thriving activities schedule. The best part is the community's friendly and engaging residents and staff.

RBC Jewelry Design Pat Koko Oak Park

Contact: Pat Koko

E-mail: rbcjewelrydesign@gmail.com

Inspired by my Mom, whose fashion sense was classical. She encouraged beautiful designs that women and men can be proud to own or give as gifts. Line includes necklaces, bracelets, earrings and novelty items such as book marks and vintage pieces. Available at art fairs or please contact. Commissions are welcome.

Roz Byrne – RE/MAX In The Village 189 S. Oak Park Avenue Oak Park, IL 60302 708-370-7444

Contact: Roz Byrne, Realtor E-mail: roz@rozrealestate.com

Roz specializes in helping retirees sell their homes. A 12-year veteran of RE/MAX, more than half her clients are senior citizens. Roz's seminar, "The Upside of Downsizing," addresses seniors' common concerns about moving. Many seniors express a feeling of relief after this seminar; they leave empowered by knowledge that they can sell their homes.

Right at Home Oak Park/Chicago 7000 W North Ave, # 1A Chicago, IL 60707 773-237-2275

Contact: Robert Stelletello

E-mail: bob@rahoakparkchicago.net

Contact: Gloria Harrington

E-mail: gloria@rahoakparkchicago.net

RightCare is our approach to home care. It's how we fulfill our mission of improving quality of life for those we serve. You'll find professionals who are passionate about serving your elderly loved one. We promote professional development of our staff and our caregiver selection process is rigorous.

# The Scottish Home 2800 Des Plaines Avenue Riverside, IL 60546 708-447-5092

Contact: Rebecca Drennan, Director of Outreach and Marketing

E-mail: Rebeccadrennan@Thescottishhome.org

The Best Kept Secret of North Riverside for over 100 years. Located on five wooded acres in the middle of the forest preserves. A boutique senior living community offering catered living for those needing assisted style services, intermediate and skilled nursing. The Caledonian House. Best in Class Memory Care.

Senior Citizens Center of Oak Park River Forest/ The Lifelong Learning Center
414 S. Oak Park Ave.
Oak Park IL 60302
708-848-5251

Contact: Nancy Grayson or Helen Schmucker

E-mail: sccoprf@sbcglobal.com

Through educational, social and cultural activities, the SCC inspires older adults to continue their quest for lifelong learning and encourages community involvement. We offer ongoing classes and workshops such as art, weaving, ceramics, bridge and foreign languages. On the third Saturday of each month we host the Repair Café.

Senior Living Experts 1221 68th St Downers Grove, IL 60516 630-800-7865

Contact: Kerry Quirin

E-mail: kerry@seniorlivingexperts.com

Free referral service to help seniors/families locate independent living communities, assisted living communities, memory care, Supportive Living Facilities and in-home care options around Chicagoland. Advisors tour communities with their clients, ensuring the right questions are asked and that clients understand the transitions their loved ones will make through the aging process.

Senior Solutions 3510 Hobson Rd Woodridge, IL 60517 630-246-2579

Contact: Rick Graffanga

E-mail: rgraffagna@seniorsolutions.com

Senior Solutions specializes in providing personalized senior living placement and inhome care consultation services. Our experts can help you understand your options and provide you the best possible choices for senior living for your circumstances and our services are free.

Shay Healthcare Services, Inc. 5730 W. 159<sup>th</sup> St Oak Forest, IL 60452 708-535-4300

Contact: Tom McGrath

E-mail: tmcgrath@shayhealthcare.com

Shay Health Care Services Inc. was established in 1981 and provides both Skilled Home Health Care and Non-Skilled Private Duty services throughout the Chicagoland area. Shay is rated a 4-Star Agency by CMS/Medicare. Shay also provides a 24 Hour Live-In program and Facility Staffing.

# Slip Proof Safety

Contact: Mary Jane Manella

E-Mail: slipproof.ameriglide@gmail.com

Full service home handyman work specializing in home modifications for aging in place and disability accessibility. Walk-in bath tubs and tub to shower conversions, stair lifts, wheelchair lifts, ramps (wood or aluminum, permanent or temporary) are some of our areas of expertise.

# Suburban Resource Guide for Seniors 7115 W. North Ave., #272 Oak Park, IL 60302 312-391-0616

Contact: Donna Smith

E-mail: donna@suburbanrescourceguide.com

www.suburbanresourceguide.com is a Web site for active seniors living in suburban Cook County. Enhancing lives by providing easy access to quality resources which promote health, safety, independence, and provide recreation and entertainment to seniors. A gateway to the community resources available in over 120 suburbs of Chicago.

Synergy Homecare of Oak Park 1515 N. Harlem, Ste. 307-2 Oak Park, IL 60302 708-848-4520

Contact: Nick Preys

E-Mail: nick.preys@synsergyhomecare.com

Contact: Vicky Rehill

E-Mail: vickyrehill@yahoo.com

Provides assistance to help seniors stay in their homes. Services include companionship, meal preparation, light housekeeping, medication reminders, help with errands and personal care such as bathing assistance, dressing and personal hygiene assistance. Caregivers are background checked, W-2 employees, trained, and insured. They are also friendly and compassionate.

# **UCP** Seguin

Contact: Teresa Sheldon

E-Mail: tsheldon@seguin.org

Contact: Terrance Nichols E-Mail: tnichols@seguin.org

We stop at nothing to provide life skills training, assistive technology, meaningful employment and a place to call home for people with disabilities. We place and support them in community jobs throughout the Greater Chicago area, including in our own social enterprises Seguin Auto Center and Seguin Garden and Gifts.

Victory Centre – Galewood 2370 North Newcastle Ave. Chicago, IL 60707 (773) 413-1220

Contact: Jeanette Herrera

E-Mail: jherrera@pathwaysl.com

Victory Centre – Riverwoods 1800 Riverwoods Dr Melrose Park, IL 60160 708-547-5800

Contact: Barb Travis

E-Mail: btravis@pathwaysl.com

Victory Centres' supportive living offers deluxe accommodations in private studio and companion suite apartments. Residents have access to beautifully appointed gathering spaces including a community dining room, a living room with fireplace, community room as well as exterior amenities such as a patio and community garden.

Your Life Security, LLC 159 N. Marlon # 128 Oak Park, IL 60301 312-952-1706

Contact: Eleonore Weber, CLTC

E--mail: eleonore.weber@yourlifesecurity.com

My approach as an Independent Licensed Insurance Broker is from my own experience as a professional, spouse, business owner, widow, single parent, daughter and sister. I educate and serve individuals, families and businesses with personal conviction on how

to protect themselves with tools such Healthcare, Life, Long-Term Care and Medicare
Insurance.