

2018 Membership Directory
Senior Citizens' Services Coordinating Council

A Place for Mom

312-285-1472

www.aplaceformom.com

Contact: Jacque Suhr, Healthcare Account Executive

E-mail: jaquelines@aplaceformom.com

A Place for Mom provides a free service to help families looking for senior housing – assisted living, memory care, independent living, supportive living and respite – or caregiving options.

AAG (American Advisors Group)

3800 W. Chapman Ave., Third Floor

Orange, CA 92686

630-235-6586

www.americanadvisorsgroup.com

Contact: Charles Rizzo

E-mail: crizzo@AAG.com

Reverse Mortgage Specialist and Senior Advocate, seeking to better the lives of seniors through education and strategic partnerships with other service providers. Specialties include reverse mortgage lending, originating, processing and closing reverse mortgage loans.

Ashland Vine Senior Home Care, Inc.

401 Williams St., #5885

River Forest, IL 60305-5885

708-890-8877

www.ashlandvinecare.com

Contact: Kimberly Cepak

E-mail: AshlandVine@gmail.com

We are a licensed provider of non-medical, in-home care. We help seniors maintain their independence and remain in their own homes for a better quality of life. Whether the need is for companionship or personal care, our loving caregivers are dedicated to treating every client with dignity and respect.

Assisting Hands Home Care

200 E. 5th Ave.

Naperville, IL 60563

773-531-2481

www.assistinghands.com

Contact: Philip de Jong

E-mail: pdejong@assistinghands.com

Belmont Village of Oak Park

1035 Madison St.

Oak Park, IL 60302

708-848-7200

www.belmontvillage.com

Contact: Pat Porter, Director of Community Relations

E-mail: pporter@belmontvillage.com

At Belmont Village Oak Park, you'll find the perfect blend of comfort, care and active living. Everything you need to thrive physically, socially and mentally is at your fingertips – a professionally managed fitness center with on-site therapy services, a licensed nurse and well-trained staff on-site 24/7, innovative, award-winning memory enrichment programs, and a vibrant social activity calendar.

Bentron Financial Group

3020 Woodcreek Dr., Suite C1

Downers Grove, IL 60515

630-505-8375

www.bentron.com

Contact: James Flanagan, MBA, CEP, RFC

E-mail: jflanagan@bentron.com

Contact: Gregory Kurinec, CEA

E-mail: gkurinec@bentron.com

We provide comprehensive wealth management services to people at or near retirement.

BodyInsight

1900 S. Highland Ave., Suite 100

Lombard, IL 60148

630.432.9452

<https://bodyinsight.us/>

Contact: Blake Genzler, President

E-mail: blake@bodyinsight.us

BodyInsight is an interactive, medical career exploration program designed for young adults, who are seeking to gain a better understanding of the healthcare profession. Through this immersive program, students are guided through organ dissections, suturing, doctor and medical professional lectures, interactive surgery-viewing experiences, shadowing opportunities, and counselor-student mentoring. When a student is allowed to explore the medical field first-hand, they gain a perspective that allows them to understand the passion that is within healthcare and the people who dedicate their lives to helping and healing others. This experience helps many students find their own passion.

BrightStar Care® of Chicago and LaGrange

106 W. Calendar Ct., #163
LaGrange, IL 60525

1100 Lake Street, Suite 130
Oak Park, IL 60301
708-551-2500 / 312-382-8888

www.brightstarcare.com/lagrange

Contact: Linda Kunicki, Marketing and Sales Director

E-mail: linda.kunicki@brightstarcare.com

Provides all levels of private duty, non-medical services, as well as skilled nursing, to patients of any age. Expertise also includes providing supplemental staff to medical facilities. We provide a higher standard of care, delivered by care experts, which has earned us Joint Commission accreditation and high client-satisfaction scores.

Caledonia Senior Living / The Scottish Home

2800 Des Plaines Ave.
North Riverside, IL 60546
708-447-5092

www.caledoniaseniorliving.org

Contact: Rebecca Drennan, Director of Marketing and Sales

E-mail: rebeccadrennan@caledoniaseniorliving.org

Caledonia Senior Living / The Scottish Home is a unique senior living community nestled in five quiet, park-like acres just a few miles west of downtown Chicago. We're part of the first and oldest charity in Illinois, which was established in 1845. Our community has always emphasized close bonds between residents and staff, and strong links to family and friends. Services on our campus include Sheltered Care (similar to assisted living), Skilled Nursing, and Assisted Living Memory Care.

Comfort Keepers

185 Hansen Ct., Suite 120
Wood Dale, IL 60191
630-834-8366

<http://wooddale-219.comfortkeepers.com/>

Contact: Meghan Fielmann-Anselmo, Business Development

E-mail: MeghanAnselmo@ComfortKeepers.com

Contact: Katie Fielmann, Owner

E-mail: KatieFielmann@ComfortKeepers.com

Comfort Keepers understands that no two clients are alike, that is why our services are designed to meet each senior's needs. For the past 16 years, we have helped our clients with daily tasks like light housekeeping, meal preparation, laundry, and grocery or shopping errands. We also provide personal care services, such as help with bathing and incontinence care. Full-time and part-time care is available.

Concordia University Chicago
Gerontology College of Graduate and Innovative Programs

7400 Augusta St., West Annex 212

River Forest, IL 60305

708-209-3218

<https://gradschool.cuchicago.edu/academics/masters/ma-gerontology/>

Contact: Lydia Manning, PhD, Associate Professor of Gerontology

E-mail: lydia.manning@cuchicago.edu or lydiamanning@gmail.com

The master of arts in gerontology from Concordia University Chicago provides an interdisciplinary course of study for individuals interested in meeting the needs of an aging world and improving the lives of older adults.

Countryside Senior Apartments

6406 Joliet Rd.

Countryside, IL 60525

708-579-0349

www.mercyhousing.org

Contact: Alma Serna, Property Manager

E-mail: aserna@mercyhousing.org

Mercy Housing's Countryside Senior Apartments are an affordable, independent living community for those 55 and better.

Dwellings Real Estate

3208 Grove Ave.

Berwyn, IL 60402

(708) 660-9677

dwellingsrealestateinc.com

Contact: Melissa Kowalski

E-Mail: melissa@dwellingsseekers.com

Serving the near west suburbs, our team of experts can help you purchase your dream home or sell your existing home. Our company of brokers is committed to providing exceptional service to our clients.

Eleonore Weber of Your Life Security, LLC

805 Lake St., #128

Oak Park, IL 60301

312-952-1706

<https://www.yourlifesecurity.com>

Contact: Eleonore Weber, CLTC, Managing Partner and Licensed Broker

E-mail: eleonore.weber@yourlifesecurity.com

As an independent, licensed, insurance broker and coupled with my life experiences as a business owner, widow, single parent, daughter and sister, I educate my clients and business accounts on how to better secure their income from life-changing events with tools such as disability, healthcare, life, long-term care and Medicare insurance.

Forum Financial Management
1900 S. Highland Ave., Suite 100
Lombard, IL 60148
630-880-8546
www.forumfin.com

Contact: Chris Genzler, Certified Financial Planner

E-Mail: cgenzler@forumfin.com

Chris assists families with long-term care planning, college planning and retirement planning. Recently, Chris has focused on the growing need for assistance with eldercare transitions for baby boomers and their parents. Chris has experience helping business owners protect their assets, sell their businesses and develop a lifetime income stream.

Full Circle Counseling & Consulting
715 Lake St., Suite 517B
Oak Park, IL 60301
708-990-3867
www.fullcircleoakpark.com

Contact: Maya Zelio, MSW, LCSW

E-Mail: maya@fullcircleoakpark.com

Private psychotherapy practice focused on older adults, caregivers and families struggling with issues related to aging. Counseling services provided in office or in homes or assisted living facilities in Oak Park and River Forest.

Geriatric Behavioral Health – Gottlieb Memorial Hospital
701 W. North Ave.
Melrose Park, IL 60160
708-538-4248
www.GottliebHospital.org/SeniorCare

Contact: Char Hill, MSc, ABC, Community Education Director

E-mail: charlene_hill@luhs.org

Gottlieb's Geriatric Behavioral Health Unit focuses on the stressful issues associated with aging, such as grief, loneliness, coping with illness. Specialized care for seniors, diagnoses treated include: dementia with related behavioral issues; mood disorders, including major depression and bipolar disorder; anxiety disorders; and schizophrenia. Gottlieb provides a team of behavioral health professions for immediate evaluations and direct admissions, 24 hours a day, seven days a week, by calling 708-538-4248.

Heartfelt Solutions for Seniors, Inc.

304 Glenwood Ave.

Willow Springs IL 60480

708-467-0157

www.heartfeltsolutions.net

Contact: Amie Hyman, MA, LSW, PDMM, President/Owner

E-mail: ahyman@heartfeltsolutions.net

Contact: Peggy Tyner, Care Manager/Daily Money Manager

E-mail: ptyner@heartfeltsolutions.net

Specializes in health advocacy in doctors' offices and emergency rooms/hospitals; assistance with daily household finances, mail management and medical insurance management services for seniors in the Chicagoland area. Services also include income tax preparation assistance, assuming the role of Power of Attorney and/or Executor/Trustee and referrals to community resources.

Home Instead Senior Care

6901 W. North Ave.

Oak Park, IL 60302

708-524-9814

Contact: Richard Harrison

E-mail: rharrison@homeinstead.com

One of over 600 independently owned and operated franchises, we help seniors live independently by providing comprehensive, non-medical, home care services that reduce feelings of isolation and depression, stimulate thinking and promote well-being.

Home Sweet Home Care

72 S. LaGrange Rd.

LaGrange, IL 60525

708-469-7117

Contact: Beth Kordick

E-mail: chicago@homesweethomecareservices.com

Home Sweet Home Care is an independently owned and operated, private-duty agency licensed by the Illinois Department of Public Health. Caregivers are covered by bonding, liability and workers' compensation insurance. Services are available for a few hours per week to 24 hours a day, including weekends and holidays.

Hylife, LLC

27 W103 Chestnut Lane

Winfield, IL 60190

630-877-3151

www.hylifeoha.com

Contact: Mary Jensen RDH, MS, Independent Oral Care Specialist

E-mail: maryjensensrdh@gmail.com

Bringing Oral Care to Elder Care – HyLife, LLC, is a network of compassionate, registered, dental hygienists, who provide weekly brushing and between-the-teeth oral hygiene care to dependent seniors, either in their homes or assisted-living communities. A healthy mouth is needed for a healthy body!

Journey Care

405 Lake Zurich Rd.

Barrington, IL 60010

224-770-2489

journeycare.org

Contact: Dustin Coleman, Partner Relations Manager

E-mail: decoleman@journeycare.org

The largest non-profit provider of palliative, supportive and end-of-life care in Illinois, JourneyCare serves nearly 3,000 adult and pediatric patients and their families each day with an unmatched depth and breadth of expertise, experience and services, providing exceptional care for each person, and support for those who love them, at every stage of the journey.

Lexington Square Senior Living

400 W. Butterfield Rd.

Elmhurst, IL 60126

630-832-2300

www.lexingtonsquare.com

Contact: Monica Barichello, Director of Community Outreach

E-mail: monica.barichello@lexingtonsquare.com

Continuing Care Retirement Community offering beautiful, independent living apartments, assisted-living neighborhood, short-term rehabilitation and skilled nursing services.

Lifecare Innovations

8330 S. Madison St., #90

Burr Ridge, IL 60527

630-953-2154

www.lcius.com

Contact: Tim Harnew, Business Development Specialist

E-mail: tharnew@lcius.com

Contact: Martha Kern, Chief Marketing Officer

E-mail: mkern@lcius.com

Since 1995, Lifecare Innovations has earned its reputation as the company that can handle any problem. Our singular expertise in creative navigation of the healthcare, government, and guardianship system has made our name synonymous with hope when all hope seems lost.

Louise Corzine -- Elder Care Consultant

Contact: Louise Corzine, Elder Care Consultant

E-mail: louisecorzine@gmail.com

Oak Park Township Senior Services

130 S. Oak Park Ave.

Oak Park, IL 60302

708-383-8060

oakparktownship.org

Contact: Pamela Mahn, Director

E-mail: pmahn@oakparktownship.org

Contact: Steven Smith, Program Manager

E-mail: ssmith@oakparktownship.org

The Caregiver Support program and the Money Management program are for **residents of Oak Park and River Forest**. In the Caregiver Program, the caregiver may live anywhere but the care recipient must live in Oak Park Township. This allows us to provide and pay for caregiver support group meetings and workshops, respite services, a lending library, and gap-filling services to purchase items like fans, air conditioners, and portable heaters for the care recipient. The Money Management Program has 20-plus volunteers to help senior residents of Oak Park Township with monthly bill payment, organizing mail, establishing a budget, intervening with creditors and more. These programs aim to help seniors age in place and to live independently as long as they are able.

Prudential

1515 N. Harlem Ave, Suite 205-9

Oak Park, IL 60302

630-254-6979

Contact: Terry Zachata

E-mail: terry.zachata@prudential.com

Over the course of my career, I've helped clients by providing guidance, insight and access to the financial products that can help them achieve their goals. Call me today to arrange a meeting at your convenience. You'll find our conversation to be lively, productive and illuminating.

RBC Jewelry Design

Pat Koko

Oak Park

Contact: Pat Koko, Designer/Owner

E-mail: patriciakoko@hotmail.com

Inspired by my Mom whose fashion sense was classical. She encouraged beautiful designs that women and men can be proud to own or give. Line includes necklaces, bracelets, earrings and specialties such as book marks and vintage pieces. Available at art fairs or please e-mail. Commissions are welcome.

Richard M. Ruggiero Law Group

105 Lake St., Suite 3314

Oak Park, IL 60302

708-609-9163

Contact: Richard Ruggiero, Esq.

E-mail: rmruggiero.law@gmail.com

Right at Home Oak Park / Chicago

7000 W North Ave., #1A

Chicago, IL 60707

773-237-2275

www.rightathome.net/oak-park-chicago

Contact: Robert Stelletto, Owner

E-mail: bob@rahoakparkchicago.net

Contact: Gloria Harrington, Director of Marketing

E-mail: gloria@rahoakparkchicago.net

RightCare is our approach to home care. It's how we fulfill our mission of improving quality of life for those we serve. You'll find professionals who are passionate about serving your elderly loved one. We promote professional development of our staff and our caregiver selection process is rigorous.

Roz Byrne – RE/MAX In The Village

189 S. Oak Park Ave.

Oak Park, IL 60302

708-370-7444

www.RozRealEstate.com

Contact: Roz Byrne, Realtor

E-mail: Roz@RozRealEstate.com

Roz specializes in helping retirees sell their homes. A 15-year veteran of RE/MAX, more than half of her clients are senior citizens. Roz's seminar, "The Upside of Downsizing," addresses seniors' common concerns about moving. Many seniors express a feeling of relief after this seminar; they leave empowered by knowledge that they can sell their homes.

Senior Citizens Center of Oak Park River Forest – The Lifelong Learning Center

414 S. Oak Park Ave.

Oak Park IL 60302

708-848-5251

<https://sccoprfor.wordpress.com/>

Contact: Nancy Grayson, Co-Director, or Helen Schmucker, Co-Director

E-mail: sccopr@sbcglobal.net

Through educational, social and cultural activities, we inspire older adults to continue their quest for lifelong learning and community involvement. We offer classes and workshops such as art, weaving, ceramics, bridge and foreign languages. On the third Saturday of each month, we host the Repair Café.

Senior Living Experts

1221 68th St.

Downers Grove, IL 60516

630-800-7865

www.seniorlivingexperts.com

Contact: Kerry Quirin, Advisor

E-mail: kerry@seniorlivingexperts.com

Contact: Gabriela Mendel, Operations

E-mail: gabriela@seniorlivingexperts.com

Free referral service to help seniors/families locate independent living and assisted living communities, memory care, Supportive Living Facilities and in-home care options around Chicagoland. Advisors tour communities with their clients, ensuring the right questions are asked and that clients understand the transitions their loved ones will make through the aging process.

Senior Solutions

3510 Hobson Rd.

Woodridge, IL 60517

630-246-2579

www.seniorsolutions3.com

Contact: Rick Graffagna, Owner

E-mail: rgraffagna@seniorsolutions3.com

Senior Solutions specializes in providing personalized senior living placement and in-home care consultation services. Our experts can help you understand your options and provide you the best possible choices for senior living for your circumstances and our services are free.

Sertoma Centre, Inc.

4343 W. 123rd St.

Alsip, IL 60803

708-371-9700, ext. 283

sertomacentre.org

Contact: Shanita Kelly, Assistant Director of Consumer Services

E-mail: skelly@sertomacentre.org

Sertoma Centre is dedicated to meeting the needs of aging adults with intellectual and developmental disabilities, as well as people who are not aging. We also specialize in residential and day services.

Slip Proof Safety, Inc.

8752 S. 78th St.

Bridgeview, IL 60455

708-839-4775

www.slipproofsafety.com

Contact: Tonya Regiro, Director of Marketing

E-Mail: tonya.slipproofsafety@gmail.com

Full-service home handyman work specializing in home modifications for aging in place and disability accessibility. Walk-in bath tubs and tub-to-shower conversions, stair lifts, wheelchair lifts, ramps (wood or aluminum, permanent or temporary) are some of our areas of expertise.

Social Work p.r.n.

1101 Lake St., Suite 402A

Oak Park, IL 60301

708-383-2251

www.socialworkprn.com

Contact: Cassie Désir, MSW, LSW, Chicago Coordinator

E-mail: cassie@socialworkprn.com

Professional, social-work company providing social-work staffing in a variety of settings, continuing education for nurses and social workers, and resources for social workers obtaining their license.

Solutions for Care

7222 W. Cermak Rd.

North Riverside, IL 60546

708-447-2448

solutionsforcare.org

Contact: Christine Flynn, Assistant Executive Director

E-mail: cflynn@solutionsforcare.org

Suburban Resource Guide for Seniors

821 N. Ridgeland Ave.

Oak Park, IL 60302

312-391-0616

www.suburbanresourceguide.com

Contact: Donna Smith, Founder

E-mail: donna@suburbanresourceguide.com

www.suburbanresourceguide.com is a Web site for active seniors living in suburban Cook County. Enhancing lives by providing easy access to quality resources which promote health, safety, independence, and provide recreation and entertainment to seniors. A gateway to the community resources available in over 120 suburbs of Chicago.

Synergy Homecare of Oak Park

1515 N. Harlem Ave., Ste. 307-2

Oak Park, IL 60302

708-848-4520

synergyhomecare.com/oakpark

Contact: Nick Preys, President and Owner

E-Mail: nick.preys@synergyhomecare.com

Helping seniors stay in their homes – Services include companionship, meal preparation, light housekeeping, medication reminders, errands and personal care such as bathing and personal hygiene assistance, and dressing. Caregivers are background checked, W-2 employees, trained, and insured. They are also friendly and compassionate.

Terra Vista

1635 S. Ardmore Ave.

Oakbrook Terrace, IL 60181

630-534-0886

www.terravista.org

Contact: Mary Anne Ojeda, Director of Business Development

Member E-mail: mojeda@terravista.org

Terra Vista is an assisted-living community dedicated to caring for those living with Alzheimer's disease and other forms of dementia. Terra Vista's environmental design, specialized technology, flexible services and expert team facilitate an inclusive approach with families and those who reside here. We put our research-based ideas into our community to provide the best care.

Tokarz Law Offices

3208 Grove Ave.

Berwyn, IL 60402

847-219-6094

www.tokarzlaw.com

Contact: David Tokarz, Partner

E-mail: david@tokarzlaw.com

UCP Seguin

ucpseguin.org/

Contact: Teresa Sheldon

E-Mail: tsheldon@seguin.org

Contact: Marysia Okoye

E-Mail: mokoye@seguin.org

We stop at nothing to provide life-skills training, assistive technology, meaningful employment and a place to call home for people with disabilities. We place and support them in community jobs throughout the Greater Chicago area, including in our own social enterprises Seguin Auto Center and Seguin Garden and Gifts.

Victory Centre – Galewood

2370 North Newcastle Ave.

Chicago, IL 60707

(773) 413-1220

www.pathwaytoliving.com

Contact: Sonia Gudino, Director of Community Relations

E-Mail: sgudino@pathwaytoliving.com

Victory Centre – Riverwoods

1800 Riverwoods Dr.

Melrose Park, IL 60160

708-547-5800

www.pathwaytoliving.com

Contact: Barb Travis, Sales and Marketing Manager

E-Mail: btravis@pathwaysl.com

Victory Centres' supportive living offers deluxe accommodations in private studio and companion suite apartments. Residents have access to beautifully appointed gathering spaces including a community dining room, a living room with fireplace, community room as well as exterior amenities such as a patio and community garden.