

Membership Directory – 2019
Senior Citizens' Services Coordinating Council

2019 SCSCC Officers

President

Nick Preys, President and Owner
Synergy Home Care
708-848-4520
nick.preys@synergyhomecare.com

Vice President

Donna Smith, Founder
Suburban Resource Guide for Seniors
312-391-0616
donna@suburbanresourceguide.com

Secretary

Char Hill, MSc, ABC, Community Education Director
Geriatric Behavioral Health – Gottlieb Memorial
Hospital
708-538-4316
charlene_hill@luhs.org

Treasurer

Pat Koko, Designer and Owner
RBC Jewelry Design
patriciakoko@hotmail.com

Meeting Information

Meetings are held on the 3rd Thursday of the month from 11:30 a.m. to 1 p.m. Meeting location changes each month and are usually held at a member's Senior Living Community or Agency. Lunch is served. Guests are welcome.

SCSSC Members

AAG (American Advisors Group)

3800 W. Chapman Ave., Third Floor
Orange, CA 92686
630-235-6586
www.americanadvisorsgroup.com

Charles Rizzo
crizzo@AAG.com

Reverse Mortgage Specialist and Senior Advocate, seeking to better the lives of seniors through education and strategic partnerships with other service providers. Specialties include reverse mortgage lending, originating, processing and closing reverse mortgage loans.

Aging with Care

773-497-0901
aging-with-care.com

Julie Iverson, BA, MA, Certified Professional Geriatric Care Manager and Consultant
jliverson@mac.com

Ashland Vine Senior Home Care, Inc.

401 Williams St., #5885
River Forest, IL 60305-5885
708-890-8877
www.ashlandvinecare.com

Kimberly Cepak

AshlandVine@gmail.com

We are a licensed provider of non-medical, in-home care. We help seniors maintain their independence and remain in their own homes for a better quality of life. Whether the need is for companionship or personal care, our loving caregivers are dedicated to treating every client with dignity and respect.

Belmont Village of Oak Park

1035 Madison St.
Oak Park, IL 60302
708-848-7200
www.belmontvillage.com

Shaylena Thomas

Sathomas@belmontvillage.com

At Belmont Village Oak Park, you'll find the perfect blend of comfort, care and active living. Everything you need to thrive physically, socially and mentally is at your fingertips – a professionally managed fitness center with on-site therapy services, a licensed nurse and well-trained staff on-site 24/7, innovative, award-winning memory enrichment programs, and a vibrant social activity calendar.

Bentron Financial Group

3020 Woodcreek Dr., Suite C1
Downers Grove, IL 60515
630-505-8375
www.bentron.com

James Flanagan, MBA, CEP, RFC

jflanagan@bentron.com

Gregory Kurinec, CEA

gkurinec@bentron.com

Jidgi Doshi

jdoshi@bentron.com

We provide comprehensive wealth management services to people at or near retirement.

BodyInsight

1900 S. Highland Ave., Suite 100

Lombard, IL 60148

630-432-9452

<https://bodyinsight.us/>

Blake Genzler, President

blake@bodyinsight.us

BodyInsight is an interactive, medical career exploration program designed for young adults, who are seeking to gain a better understanding of the healthcare profession. Through this immersive program, students are guided through organ dissections, suturing, doctor and medical professional lectures, interactive surgery-viewing experiences, shadowing opportunities, and counselor-student mentoring. When a student is allowed to explore the medical field first-hand, they gain a perspective that allows them to understand the passion that is within healthcare and the people who dedicate their lives to helping and healing others. This experience helps many students find their own passion.

BrightStar Care® of Chicago and LaGrange

106 W. Calendar Ct., #163

LaGrange, IL 60525

1100 Lake Street, Suite 130

Oak Park, IL 60301

708-551-2500 / 312-382-8888

www.brightstarcare.com/lagrange

Linda Kunicki, Marketing and Sales Director

linda.kunicki@brightstarcare.com

Provides all levels of private duty, non-medical services, as well as skilled nursing, to patients of any age. Expertise also includes providing supplemental staff to medical facilities. We provide a higher standard of care, delivered by care experts, which has earned us Joint Commission accreditation and high client-satisfaction scores.

Caledonia Senior Living / The Scottish Home

2800 Des Plaines Ave.

North Riverside, IL 60546

708-447-5092

www.caledoniaseniorliving.org

Vicky Rehill, Sales Counselor

vickyrehill@caledoniaseniorliving.org

Caledonia Senior Living / The Scottish Home is a unique senior living community nestled in five quiet, park-like acres just a few miles west of downtown Chicago. We're part of the first and oldest charity in Illinois, which was established in 1845. Our community has always emphasized close bonds between residents and staff, and strong links to family and friends. Services on our campus include Sheltered Care (similar to assisted living), Skilled Nursing, and Assisted Living Memory Care.

Chicago Lakeshore Hospital

4840 N. Marine Dr.

Chicago, IL 60640

773-878-9700

www.chicagolakeshorehospital.com

Doreen Capasso-Friedle, Community Liaison

Doreencapasso-friedle@chicagolakeshorehospital.com

Chicago Lakeshore Hospital is Chicago's premier provider of behavioral health care services. We specialize in treatment for adults, children, adolescents and adults with psychiatric or chemical dependency issues, as well as dual diagnosis. We also offer state of the art clinical services designed to deliver compassionate care to both our Geriatric and LGBTQ populations.

Countryside Senior Apartments

6406 Joliet Rd.

Countryside, IL 60525

708-579-0349

www.mercyhousing.org

Alma Serna, Property Manager

aserna@mercyhousing.org

Mercy Housing's Countryside Senior Apartments are an affordable, independent living community for those ages 55 and better.

Eleonore Weber of Your Life Security, LLC

805 Lake St., #128

Oak Park, IL 60301

312-952-1706

<https://www.yourlifesecurity.com>

Eleonore Weber, CLTC, Managing Partner and Licensed Broker

eleonore.weber@yourlifesecurity.com

As an independent, licensed, insurance broker and coupled with my life experiences as a business owner, widow, single parent, daughter and sister, I educate my clients and business accounts on how to better secure their income from life-changing events with tools such as disability, healthcare, life, long-term care and Medicare insurance.

Geriatric Behavioral Health – Gottlieb Memorial Hospital

701 W. North Ave.

Melrose Park, IL 60160

708-538-4248

www.GottliebHospital.org/SeniorCare

Char Hill, MSc, ABC, Community Education Director

charlene_hill@luhs.org

Our medical experts specialize in care for seniors in crisis that may be triggered by grief, loneliness, or mental illness. Diagnoses treated include: dementia with related behavioral issues; mood disorders, including major depression and bipolar disorder; anxiety disorders; and schizophrenia. Gottlieb provides a team of behavioral health professionals for immediate evaluations and direct admissions, 24 hours a day, seven days a week, by calling 708-538-4248.

Heartland Hospice

630-323-0119

www.heartlandhospice.com

Laura Consentino

Hylife, LLC

27 W103 Chestnut Lane

Winfield, IL 60190

630-877-3151

www.hylifeoha.com

Mary Jensen RDH, MS, Independent Oral Care Specialist

maryjensenrdh@gmail.com

Bringing Oral Care to Elder Care – HyLife, LLC, is a network of compassionate, registered, dental hygienists, who provide weekly brushing and between-the-teeth oral hygiene care to dependent seniors, either in their homes or assisted-living communities. A healthy mouth is needed for a healthy body!

Lexington Square Senior Living

400 W. Butterfield Rd.

Elmhurst, IL 60126

630-832-2300

www.lexingtonsquare.com

Monica Barichello, Director of Community Outreach

monica.barichello@lexingtonsquare.com

Continuing Care Retirement Community offering beautiful, independent living apartments, assisted-living neighborhood, short-term rehabilitation and skilled nursing services.

Lifecare Innovations

8330 S. Madison St., #90

Burr Ridge, IL 60527

630-953-2154

www.lcius.com

Tim Harnew, Business Development Specialist

tharnew@lcius.com

Martha Kern, Chief Marketing Officer

mkern@lcius.com

Since 1995, Lifecare Innovations has earned its reputation as the company that can handle any problem. Our singular expertise in creative navigation of the healthcare, government, and guardianship system has made our name synonymous with hope when all hope seems lost.

Oak Park Township Senior Services

130 S. Oak Park Ave.

Oak Park, IL 60302

708-383-8060

oakparktownship.org

Pamela Mahn, Director

pmahn@oakparktownship.org

Steven Smith, Program Manager

ssmith@oakparktownship.org

The Caregiver Support program and the Money Management program are for **residents of Oak Park and River Forest**. In the Caregiver Program, the caregiver may live anywhere but the care recipient must live in Oak Park Township. This allows us to provide and pay for caregiver support group meetings and workshops, respite services, a lending library, and gap-filling services to purchase items like fans, air conditioners, and portable heaters for the care recipient. The Money Management Program has 20-plus volunteers to help senior residents of Oak Park Township with monthly bill payment, organizing mail, establishing a budget, intervening with creditors and more. These programs aim to help seniors age in place and to live independently as long as they are able.

Oak Street Health

18 Chicago Ave.

Oak Park, IL 60302

773-253-3933

oakstreethealth.com

Tom Burke, Patient Ambassador

tom.burke@oakstreethealth.com

Sally Holian, Community Relations Manager

sally.holian@oakstreethealth.com

Prudential

1515 N. Harlem Ave, Suite 205-9
Oak Park, IL 60302
630-254-6979

Terry Zachata

terry.zachata@prudential.com

Over the course of my career, I've helped clients by providing guidance, insight and access to the financial products that can help them achieve their goals. Call me today to arrange a meeting at your convenience. You'll find our conversation to be lively, productive and illuminating.

RBC Jewelry Design

Pat Koko
Oak Park

Pat Koko, Designer/Owner

patriciakoko@hotmail.com

Inspired by my Mom whose fashion sense was classical. She encouraged beautiful designs that women and men can be proud to own or give. Line includes necklaces, bracelets, earrings and specialties such as book marks and vintage pieces. Available at art fairs or please e-mail. Commissions are welcome.

Richard M. Ruggiero Law Group

105 Lake St., Suite 3314
Oak Park, IL 60302
708-609-9163

Richard Ruggiero, Esq.

rmruggiero.law@gmail.com

Right at Home Oak Park / Chicago

7000 W North Ave., #1A
Chicago, IL 60707
773-237-2275

www.rightathome.net/oak-park-chicago

Robert Stelletello, Owner

bob@rahoakparkchicago.net

Gloria Harrington, Director of Marketing

gloria@rahoakparkchicago.net

RightCare is our approach to home care. It's how we fulfill our mission of improving quality of life for those we serve. You'll find professionals who are passionate about serving your elderly loved one. We promote professional development of our staff and our caregiver selection process is rigorous.

Roz Byrne – RE/MAX In The Village

189 S. Oak Park Ave.

Oak Park, IL 60302

708-370-7444

www.RozRealEstate.com

Roz Byrne, Realtor

Roz@RozRealEstate.com

Roz specializes in helping retirees sell their homes. A 16-year veteran of RE/MAX, more than half of her clients are senior citizens. Roz's seminar, "The Upside of Downsizing," addresses seniors' common concerns about moving. Many seniors express a feeling of relief after this seminar; they leave empowered by knowledge that they can sell their homes.

Senior Solutions

3510 Hobson Rd.

Woodridge, IL 60517

630-246-2579

www.seniorsolutions3.com

Rick Graffagna, Owner

rgraffagna@seniorsolutions3.com

Senior Solutions specializes in providing personalized senior living placement and in-home care consultation services. Our experts can help you understand your options and provide you the best possible choices for senior living for your circumstances and our services are free.

SilverBridge Senior Advisors

5117B Main St., Suite 11

Downers Grove, IL 60615

708-557-6127

www.silverbridgesa.com

Brian Smith

Social Work p.r.n.

1101 Lake St., Suite 402A

Oak Park, IL 60301

708-383-2251

www.socialworkprn.com

Cassie Désir, MSW, LSW, Chicago Coordinator

cassie@socialworkprn.com

Professional, social-work company providing social-work staffing in a variety of settings, continuing education for nurses and social workers, and resources for social workers obtaining their license.

Suburban Resource Guide for Seniors

821 N. Ridgeland Ave.

Oak Park, IL 60302

312-391-0616

www.SuburbanResourceGuide.com

Donna Smith, Founder

donna@suburbanresourceguide.com

www.SuburbanResourceGuide.com is a website for active seniors living in suburban Cook County. Enhancing lives by providing easy access to quality resources which promote health, safety, independence, and provide recreation and entertainment to seniors. A gateway to the community resources available in over 120 suburbs of Chicago.

Synergy Homecare of Oak Park

1515 N. Harlem Ave., Ste. 307-2

Oak Park, IL 60302

708-848-4520

synergyhomecare.com/oakpark

Nick Preys, President and Owner

nick.preys@synergyhomecare.com

Helping seniors stay in their homes – Services include companionship, meal preparation, light housekeeping, medication reminders, errands and personal care such as bathing and personal hygiene assistance, and dressing. Caregivers are background checked, W-2 employees, trained, and insured. They are also friendly and compassionate.

Terra Vista

1635 S. Ardmore Ave.

Oakbrook Terrace, IL 60181

630-534-0886

www.terravista.org

Mary Anne Ojeda, Director of Business Development

mojeda@terravista.org

Terra Vista is an assisted-living community dedicated to caring for those living with Alzheimer's disease and other forms of dementia. Terra Vista's environmental design, specialized technology, flexible services and expert team facilitate an inclusive approach with families and those who reside here. We put our research-based ideas into our community to provide the best care.

The Human Journey

312-593-2345

the-human-journey.com

Sara Schneider, Ph.D., Founder & CEO

Sara@the-human-journey.com

THE HUMAN JOURNEY™ is a structured, facilitated two-hour experience to deepen belonging and meaning-making for groups of adult family members poised at moments of health crisis. It partakes of elements of both board game (that's what it *looks* like from the outside) and theatrical rehearsal (that's what it *feels* like from the inside).

ThriveHive

Digital Marketing Strategist

1340 Marengo

Forest Park, IL 60130

224-250-4069

<https://scottdavis.thrivehivesite.com>

Scott Davis, Digital Media Strategist

SDavis@ThriveHive.com

I help you grow your business with better, more transparent Digital Marketing. I can help ALL business models.

We are a Google Premier Partner. Here is our page <https://google.com/partners/agency?id=1309410508>

If you have any questions please don't hesitate to contact me. I am here to help.

UCP Seguin

ucpseguin.org/

Teresa Sheldon

tsheldon@seguin.org

Marysia Okoye

mokoye@seguin.org

We stop at nothing to provide life-skills training, assistive technology, meaningful employment and a place to call home for people with disabilities. We place and support them in community jobs throughout the Greater Chicago area, including in our own social enterprises Seguin Auto Center and Seguin Garden and Gifts.