

# **Membership Directory – 2021**

## **Senior Citizens' Services Coordinating Council**

### **2021 SCSCC Officers:**

#### **President**

Richard Ruggiero, Attorney At Law,  
Ruggiero Law Group, Inc.  
708-609-9163  
[Rmruggiero.law@gmail.com](mailto:Rmruggiero.law@gmail.com)

#### **Vice President**

Roz Byrne, Realtor  
ROZ Real Estate  
708-370-7444  
[Roz@RozRealEstate.com](mailto:Roz@RozRealEstate.com)

#### **Treasurer**

Pat Koko, Designer and Owner  
RBC Jewelry Design  
708-383-8018  
[patriciakoko@hotmail.com](mailto:patriciakoko@hotmail.com)

#### **Secretary**

Leslie Markman-Stern, President  
Leslie M Stern Design LTD  
773-248-2049  
[leslie@lesliemsterndesign.com](mailto:leslie@lesliemsterndesign.com)

### **Meeting Information**

Meetings are held on the 3rd Thursday of the month from 11:30 a.m. to 1 p.m. Normally, the meeting location changes each month and are usually held at a member's Senior Living Community or Agency. Lunch is served. \*\*\*Because of the pandemic, our monthly meetings are on Zoom until further notice.\*\*\* Guests are welcome.

## **SCSSC Members**

### **A Tribe Called Aging**

225 N Taylor Ave  
Oak Park, IL 60302  
312-816-5299

[www.aTribeCalledAging.com](http://www.aTribeCalledAging.com)

Marc Blesoff

[marc@teamsapien.org](mailto:marc@teamsapien.org)

A Tribe Called Aging is responsible for the Wabi Sabi Film Festival, a monthly Wednesday Journal newspaper column, IONS Conscious Aging Workshops and a Neighborhood Age-Friendly Collaborative between Oak Park, River Forest, Forest Park, Maywood and Austin.

### **Aging with Care**

143 N Lombard Ave  
Oak Park, IL 60302  
773-497-0901

[www.aging-with-care.com](http://www.aging-with-care.com)

Julie Iverson, Geriatric Care Manager, End of Life Doula

[JLIverson@mac.com](mailto:JLIverson@mac.com)

They assist individuals and families with concerns of health, housing, the best quality of life and ensuring that wishes regarding end of life are known, documented and followed. The goal of Aging with Care is to allow people to maintain their self-esteem and independence while aging and dying, while serving as a liaison between healthcare providers to ensure continuity of care.

### **American Advisors Group**

330 E. Roosevelt Rd  
Lombard, IL 60148  
630-235-6586

[www.americanadvisorsgroup.com](http://www.americanadvisorsgroup.com)

Chuck Rizzo

[crizzo@AAG.com](mailto:crizzo@AAG.com)

They provide liquidity through home equity solutions that create better retirement outcomes.

### **Assisting Hands Homecare**

6120 Belmont Rd. Suite i  
Downers Grove, IL 60515  
630-352-3656

[www.assistinghands.com/20/Illinois/Hinsdale](http://www.assistinghands.com/20/Illinois/Hinsdale)

Jennifer Ueberfluss, Agency Manager

[Jueberfluss@assistinghands.com](mailto:Jueberfluss@assistinghands.com)

Assisting Hands is a non-medical homecare company based in Downers Grove. They provide ADL support as well as companionship for elderly clients who wish to remain at home but need some help.

### **Belmont Village of Oak Park**

1035 Madison St.  
Oak Park, IL 60302  
708-848-7200

[www.belmontvillage.com](http://www.belmontvillage.com)

Shalena Thomas, Community Relations

[Sathomas@belmontvillage.com](mailto:Sathomas@belmontvillage.com)

Belmont Village Senior Living Oak Park is home to decades of experience, millions of memories and several lifetimes of learning. Their beautiful mid-rise community is nestled in the attractive residential area of Oak Park, surrounded by premier dining, shopping and entertainment. They're just minutes from Rush Oak Park Hospital and nearby numerous places of worship.

### **Bentron Financial Group**

3020 Woodcreek Dr., Suite C1  
Downers Grove, IL 60515  
630-505-8375

[www.bentron.com](http://www.bentron.com)

James Flanagan, MBA, PhD, MAG, CEP, MRFC

[jflanagan@bentron.com](mailto:jflanagan@bentron.com)

Gregory Kurinec, CFP, MRFC

[gkurinec@bentron.com](mailto:gkurinec@bentron.com)

Jidgi Doshi, CRPC

[jdoshi@bentron.com](mailto:jdoshi@bentron.com)

They provide comprehensive wealth management services to people at or near retirement.

**BrightStar Care® of Chicago and LaGrange**

1100 Lake Street, Suite 130  
Oak Park, IL 60301  
708-551-2500 / 312-825-3107  
[www.brightstarcare.com/lagrange](http://www.brightstarcare.com/lagrange)

Linda Kunicki, Marketing and Sales Director  
[linda.kunicki@brightstarcare.com](mailto:linda.kunicki@brightstarcare.com)

Home care for all ages, 24/7 care and customer service. They have non-medical personal care as well as skilled care and medical staffing.

**Brookdale Oak Park**

1111 Ontario St.  
Oak Park, IL 60302  
708-383-1111  
[www.brookdaleseniorliving.com](http://www.brookdaleseniorliving.com)

Jenny Jicha, Sales & Marketing Director  
[jjicha@brookdale.com](mailto:jjicha@brookdale.com)

Brookdale Oak Park has been the area's premier Independent and Assisted Living community for over 28 years. Nested in the heart of downtown Oak Park, Brookdale provides the support residents need to remain as independent as possible in a location accessible to all the village has to offer.

**Caledonia Senior Living and Memory Care**

2800 Des Plaines Ave.  
North Riverside, IL 60546  
708-447-7149  
[www.caledoniaseniorliving.org](http://www.caledoniaseniorliving.org)

Vicky Rehill, Sales Counselor  
[vickyrehill@caledoniaseniorliving.org](mailto:vickyrehill@caledoniaseniorliving.org)

For over 100 years, Caledonia Senior Living and Memory Care has provided seniors a warm and cozy home set on 5 acres of woods and gardens in the middle of the forest preserve. Innovative and impeccable service is part of their daily routine for residents in sheltered, skilled and memory care.

### **Care Patrol Chicagoland North**

310 Busse Highway #352

Park Ridge, IL 60068

847-653-1212

[www.northshore.carepatrol.com](http://www.northshore.carepatrol.com)

Eric Klein, Transitional Care Manager/Senior Care Consultant

[eklein@carepatrol.com](mailto:eklein@carepatrol.com)

Care Patrol is a FREE service that helps seniors and their families navigate the senior living process of finding assisted living, memory care and in-home care. If you need help finding care for a senior, please give them a call. They are here to help!

### **Comfort Keepers In-Home Care**

927 N Oaklawn Ave. Suite 106

Elmhurst, IL 60126

630-834-8366

[www.ComfortKeepers.com/Offices/Illinois/Elmhurst](http://www.ComfortKeepers.com/Offices/Illinois/Elmhurst)

Katie Fielmann & Colleen Fielmann

[katiefielmann@comfortkeepers.com](mailto:katiefielmann@comfortkeepers.com)

[colleenfielmann@comfortkeepers.com](mailto:colleenfielmann@comfortkeepers.com)

Comfort Keepers has been elevating the lives of adults and seniors for more than 20 years. They offer companionship and personal care to aid their clients, helping them to achieve and live at their best quality of life. Every person has an inner spark. At Comfort Keepers, they go beyond daily care needs to nurture those unique qualities and bring about a sense of hope and joy.

### **Dele Health Tech**

2900 North Quinlan Park Rd

Austin, TX 78732

224-240-3928

[www.delehealth.com](http://www.delehealth.com)

Dr Lydia Manning, PhD, VP of Gerontology

[lydia.manning@delehealth.com](mailto:lydia.manning@delehealth.com), [lydiamanning@gmail.com](mailto:lydiamanning@gmail.com)

Full solution technology provider that supports senior living communities worldwide to prevent falls.

**Forum Financial Management, LP**

1900 S Highland Ave., Suite 100

Lombard, IL. 60148

630-873-8546

[www.forumfin.com](http://www.forumfin.com)

Chris Genzler, Wealth Manager

[cgenzler@forumfin.com](mailto:cgenzler@forumfin.com)

Investment and Wealth Management services, including retirement, estate and insurance planning.

**Grachan Agency**

949 Garfield St.

Oak Park, IL 60304

708-406-6023

[www.egrachan.onlinehealth.news/](http://www.egrachan.onlinehealth.news/)

Esther Grachan, Independent Insurance Agent

[esther.grachan@grachanagency.com](mailto:esther.grachan@grachanagency.com)

Medicare supplement, prescription drug plans, Medicare Advantage, assistance with applying for Low Income Subsidy. Also assisting seniors with finding resources through various programs available.

**Home Sweet Home Care**

72 S. La Grange Rd, Ste 5

La Grange, IL 60525

708-469-7117

[www.homesweethomecareservices.net](http://www.homesweethomecareservices.net)

Beth Kordick, Manager of Operations

[chicago@homesweethomecareservices.com](mailto:chicago@homesweethomecareservices.com)

They are an independently owned and operated private duty agency providing non-medical home care to seniors and those with disabilities. Their caregivers are available from a few hours per week to 24 hours a day including weekends and holidays.

**Kopicki Family Funeral Homes and Crematory LTD.**

3117 S. Oak Park Ave.  
Berwyn, IL 60402  
708-788-7775  
[www.Kopicki.net](http://www.Kopicki.net)

Kevin T. Kopicki, President  
[FDC6901@aol.com](mailto:FDC6901@aol.com)

3 full service funeral homes and crematory. Heritage Funeral Home in Berwyn, Parkwyn Funeral Home in Berwyn and Tower Home for Funerals in Lyons.

**Law Offices of Stephen Sutera, P.C**

4927 W 95<sup>th</sup> St  
Oak Lawn, IL 60453  
708-857-7255  
[www.SuteraLaw.com](http://www.SuteraLaw.com)

Maureen Rafa, RN, Elder Care Coordinator  
[MRafa@suteralaw.com](mailto:MRafa@suteralaw.com)

Elder Law Attorney provides comprehensive estate planning services & clients can participate in LifeCare Planning. Estate Planning includes trusts, will, powers of attorney, living will & asset protection. Team consists of Elder Care Coordinator, Attorney, Financial Analyst. The Lifecare Plan allows clients to age in place according to their goals with care appropriate to their circumstances.

**Leslie M Stern Design LTD**

2131 N. Fremont St.  
Chicago, IL 60614  
773-248-2049  
[www.LeslieMSternDesign.com](http://www.LeslieMSternDesign.com)

Leslie Markman-Stern, President  
[leslie@lesliemsterndesign.com](mailto:leslie@lesliemsterndesign.com)

Full service commercial and residential interior design firm. Also designs for the disabled and senior population so they can stay and age in place.

**Lexington Square Senior Living**

400 W. Butterfield Rd.

Elmhurst, IL 60126

630-832-5959

[www.lexingtonsquare.com](http://www.lexingtonsquare.com)

Monica Barichello, Director of Community Outreach

[monica.barichello@lexingtonsquare.com](mailto:monica.barichello@lexingtonsquare.com)

Continuing Care Retirement Community offering beautiful, independent living apartments, assisted-living neighborhood, short-term rehabilitation and skilled nursing services.

**LocalIQ formerly ThriveHive**

224-250-4069

<https://scottdavis.thrivehivesite.com>

Scott Davis, Digital Media Strategist

[Sdavis2@localIQ.com](mailto:Sdavis2@localIQ.com)

Scott helps you grow your business with better, more transparent Digital Marketing. He can help ALL business models. They are a Google Premier Partner and Facebook Marketing Partner.

**Prudential Insurance**

1515 N. Harlem Ave, Suite 205-9

Oak Park, IL 60302

630-254-6979

Terry Zachata

[terry.zachata@prudential.com](mailto:terry.zachata@prudential.com)

Over the course of her career, Terry has helped clients by providing guidance, insight and access to the financial products that can help them achieve their goals. Call her today to arrange a meeting at your convenience. The conversation to be lively, productive and illuminating.



**RBC Jewelry Design**

724 N Taylor Ave.  
Oak Park, IL 60302  
708-383-8018

Pat Koko, Designer/Owner  
[patriciakoko@hotmail.com](mailto:patriciakoko@hotmail.com)

Using her creative muse and her mother's inspiration to craft beautiful jewelry that she sells at local craft fairs. Pat also represents the Celebrating Seniors Coalition as the Treasurer and Resource Guide Coordinator for the annual event and activity to honor a new class of Seniors over 60 and present educational, fun and inspirational events for our communities.

**Right at Home Oak Park/Chicago/Hinsdale**

7000 W North Ave., #1A  
Chicago, IL 60707  
773-237-2275

[www.rightathome.net/oak-park-chicago](http://www.rightathome.net/oak-park-chicago)

Bob Stelletello, Owner  
[Bob@rahoakparkchicago.net](mailto:Bob@rahoakparkchicago.net)

They provide quality in-home care for seniors. Their trained caregivers provide a variety of services to seniors and are trained on Covid-19 protocols.

**River Forest Township**

8020 W. Madison St.  
River Forest, IL 60305  
708-366-2029

[www.riverforesttownship.org](http://www.riverforesttownship.org)

Carla Sloan, Supervisor  
[Cbsloan.rftownship@gmail.com](mailto:Cbsloan.rftownship@gmail.com)

River Forest Township manages and funds vital human services in the areas of seniors, youth, mental health, developmental disabilities, substance prevention and financial assistance. RFT also provides assessor services to property tax payers.

**ROZ Real Estate**

411 Ontario St.  
Oak Park, IL 60302  
708-370-7444

[www.RozRealEstate.com](http://www.RozRealEstate.com)

Roz Byrne, Realtor, Seniors Real Estate Specialist

[Roz@RozRealEstate.com](mailto:Roz@RozRealEstate.com)

Roz Byrne is a Realtor who specialized for over 15 years at RE/MAX in helping seniors sell their homes. Her new company, ROZ Real Estate, matches buyers and sellers of real estate with the best Realtor for them based on the property's location, value and type. Whether in Chicagoland or across the country, ROZ Real Estate helps you pick the right Realtor. Services are complementary to clients.

**Ruggiero Law Group, LLC**

805 Lake St., # 314  
Oak Park, IL 60301  
708-609-9163

Richard Ruggiero, Esq.

[rmruggiero.law@gmail.com](mailto:rmruggiero.law@gmail.com)

Ruggiero Law Group provides legal services for seniors in the following practice areas: Estate planning (wills & trusts,) power of attorney, elder law, real estates, review of insurance policies, retirement planning and business law. For a FREE consultation, please contact Richard M. Ruggiero at the number listed above.

**Senior Living Experts**

1240 Andrus Ave  
Downers Grove, IL 60516  
630-800-7865

[www.seniorlivingexperts.com](http://www.seniorlivingexperts.com)

Kerry Quirin

[kerry@seniorlivingexperts.com](mailto:kerry@seniorlivingexperts.com)

They offer a free service helping seniors and their families in finding senior living and home care options in the Chicagoland area. Independent Living, Assisted Living, Memory Care and Supportive Living. They help navigate a very overwhelming process and provide other senior resources as well.

## **Senior Services of Oak Park and River Forest Townships**

130 S. Oak Park Ave.

Oak Park, IL 60302

708-383-8060

[www.oakparktownship.org](http://www.oakparktownship.org) & [www.riverforesttownship.org](http://www.riverforesttownship.org)

Pamela Mahn, Director

[pmahn@oakparktownship.org](mailto:pmahn@oakparktownship.org)

Mary Ann Ojeda, CCU Supervisor

[mojeda@oakparktownship.org](mailto:mojeda@oakparktownship.org)

They are the Aging & Disability Resource Center in Oak Park & River Forest. They offer resources/services to older adults & their caregivers. Services include Congregate & Homebound Meals, Transportation, Care Coordination, Adult Protective Services, Caregiver Resources, Money Management, SHIP Counseling, Behavioral Health, taxi coupons, utility & public benefit assistance, and medical equipment.

### **Senior Solutions**

3510 Hobson Rd.

Woodridge, IL 60517

630-246-2579

[www.seniorsolutions3.com](http://www.seniorsolutions3.com)

Rick Graffagna, Owner

[rgraффagna@seniorsolutions3.com](mailto:rgraффagna@seniorsolutions3.com)

Senior Solutions specializes in providing personalized senior living placement and in-home care consultation services. Their experts can help you understand your options and provide you the best possible choices for senior living for your circumstances and their services are free.

### **Slip-Proof Safety, Inc.**

7350 Archer Rd.

Justice, IL 60458

708-839-4775

[www.slipproofsafety.com](http://www.slipproofsafety.com)

Frank Mannella, Owner

[slipproof.ameriglide@gmail.com](mailto:slipproof.ameriglide@gmail.com)

They specialize in home modifications for aging-in-place and disability accessibility. Stair lifts, scooters, lift chairs, wheelchair lifts, ramps, walk-in bathtubs and tub-to-shower conversions are some of our areas of expertise. They also do additional work such as: widening doorways, pocket doors, drywall repairs, painting, tile replacement and repair to complete any necessary modifications.

**Silver Oaks Behavioral Hospital**

1004 Pawlak Parkway

New Lenox, IL 60451

779-939-4432

[www.silveroaksbehavioralhospital.com](http://www.silveroaksbehavioralhospital.com)

Doreen Capasso-Friedle

[dcapassofriedle@silveroaksbehavioralhospital.com](mailto:dcapassofriedle@silveroaksbehavioralhospital.com)

They are a full-service behavioral health hospital. They have their Monrach unit for their Senior adults 55 years old and over in crisis addressing depression, bipolar disorder, schizophrenia, Alzheimer's disease accompanied by behavioral issues and other mental illness occurring during the aging process. They are also able to handle any minor health issues these patients may come with.

**Special Needs Chicago**

507 S Naperville Rd

Wheaton, IL 60187

630-668-9999

[www.specialneedschicago.org](http://www.specialneedschicago.org)

Michelle Dacy, President

[Michelle@SpecialNeedsChicago.org](mailto:Michelle@SpecialNeedsChicago.org)

Special Needs Chicago provides wheelchair accessible transportation for people with mobility and cognitive challenges throughout the Chicago metropolitan area.

**Synergy Homecare of Oak Park**

1515 N. Harlem Ave., Ste. 307-2

Oak Park, IL 60302

708-848-4520

[www.synergyhomecare.com/oakpark](http://www.synergyhomecare.com/oakpark)

Nick Preys, President and Owner

[nick.preys@synergyhomecare.com](mailto:nick.preys@synergyhomecare.com)

Helping seniors stay in their homes – Services include companionship, meal preparation, light housekeeping, medication reminders, errands and personal care such as bathing and personal hygiene assistance, and dressing. Caregivers are background checked, W-2 employees, trained, and insured. They are also friendly and compassionate.

### **Terra Vista**

1635 S. Ardmore Ave.  
Oakbrook Terrace, IL 60181  
630-534-0886  
[www.terravista.org](http://www.terravista.org)

Ellen Lollini

[elollini@terravista.org](mailto:elollini@terravista.org)

Terra Vista is an assisted-living community dedicated to caring for those living with Alzheimer's disease and other forms of dementia. Terra Vista's environmental design, specialized technology, flexible services and expert team facilitate an inclusive approach with families and those who reside there. They put their research-based ideas into their community to provide the best care.

### **The Sheridan at River Forest**

800 N. Harlem Ave.  
River Forest, IL 60305  
708-813-9265

<https://www.seniorlifestyle.com/property/illinois/the-sheridan-at-river-forest>

Amanda Desrosiers, Director of Sales and Marketing

[adesrosiers@seniorlifestyle.com](mailto:adesrosiers@seniorlifestyle.com)

At The Sheridan at River Forest, they help their residents create fulfilling lifestyles by promoting a culture of health, wellness, and connection. Their community is unique with its own set of diverse seniors, supported by their friendly and compassionate staff. They provide personalized care plans, innovative programming, convenient amenities and more for their residents.

### **UCP Seguin**

3100 S Central  
Cicero, IL 60804  
708-863-3803

[www.ucpsequin.org](http://www.ucpsequin.org)

Teresa Sheldon, Life Skills Administrator

[tsheldon@sequin.org](mailto:tsheldon@sequin.org)

UCP Seguin will stop at nothing to provide life-skills training, assistive technology, meaningful employment and a place to call home for people with disabilities. They place and support them in community jobs throughout the Greater Chicago area, including in their own social enterprises Seguin Auto Center and Seguin Garden and Gifts.

**Victory Centre of Galewood**

2370 N Newcastle Ave

Chicago, IL 60707

773-385-5002

[www.pathwaytoliving.com](http://www.pathwaytoliving.com)

Jeanette Guzman, Lifestyle Specialist

[jguzman@pathwaytoliving.com](mailto:jguzman@pathwaytoliving.com)

Their senior living community is designed to meet the needs of their residents by applying their VIVA! Philosophy to a healthy and rewarding lifestyle. Financial assistance may be available to those who qualify.

**Women Over 70 LLC**

613 N Lombard

Oak Park, IL 60302

708-289-8250

[www.womenover70.com](http://www.womenover70.com)

Catherine Marienau, Managing Partner

[cmariena@depaul.edu](mailto:cmariena@depaul.edu)

Weekly podcast featuring women in their 70s-100s who are living vibrant, fulfilling lives that matter to themselves and others; monthly podcast--Advocates for Women Aging--featuring experts on various aspects of aging; Partnership package to promote brands-businesses-organizations relevant to aging women; presentations/programs on vital aging for women as well as women and men.

**Your Life Security, LLC**

805 Lake St., #128

Oak Park, IL 60301

312-952-1706

[www.yourlifesecurity.com](http://www.yourlifesecurity.com)

Eleonore Weber, Owner, Broker and Certified LTC Specialist

[eleonore.weber@yourlifesecurity.com](mailto:eleonore.weber@yourlifesecurity.com)

Are you prepared for what life brings you? Life Happens – Have you protected yourself and your loved ones with Disability, Life, and Long-Term Care insurance solutions? Learn more about possible solutions that provide your loved ones “Peace of Mind.” That’s Your Life Security!