



No Pain. All Gain.

Wrap Usage Guide

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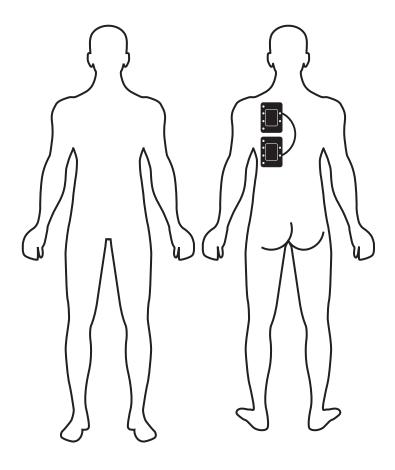
# Section One

Head, Neck & Upper Body



Symptoms: Headaches, dizziness, pain in temples, pain in back corner of jaw.

**Pain:** Base of skull, back of the head, temple, back corner of jaws, side of neck, behind the eye, back of neck, top of shoulder, burning between shoulder blades, stiff neck, burning along the spine.



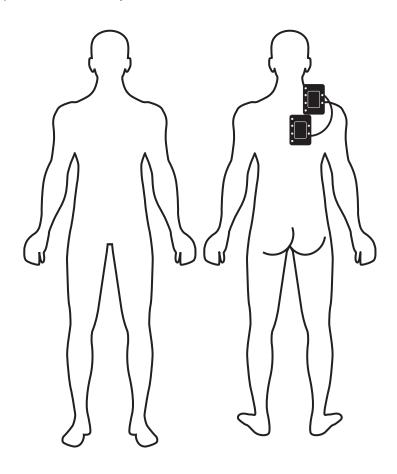


Symptoms: Difficulty turning head.

Pain: Pain on upper shoulder, pain on the inner edge of shoulder blade

**Helpful Tip:** Use extension wrap to secure wrap on shoulder. Also, it may be

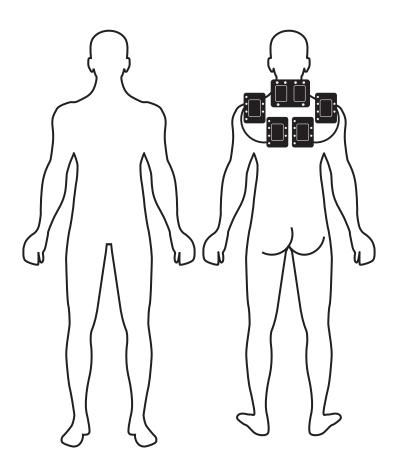
helpful to treat bi-laterally.





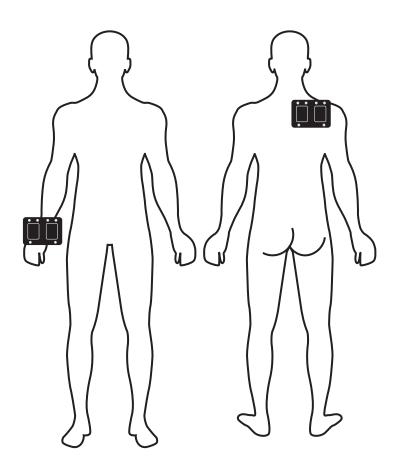
**Symptoms:** Pain extending from the back of the head to the front of forehead, side of head hurts.

Helpful Tip: Use extension wrap to secure wrap on shoulder.





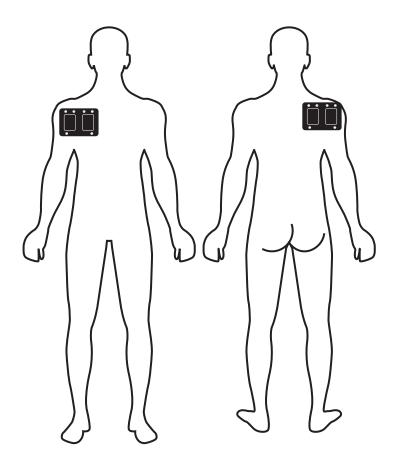
Symptoms: Wrist and hand pain and weakness





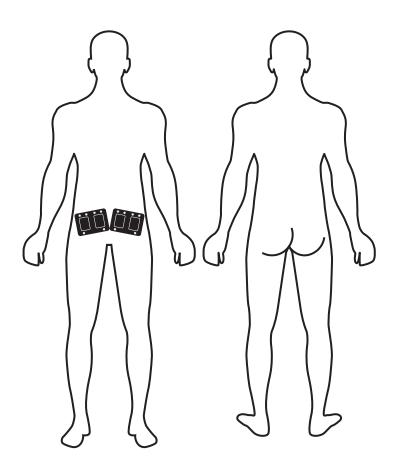
**Symptoms:** Pain in front of shoulder. Feels like pain is in the joint and travels down the bicep. Frozen shoulder

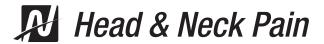
Helpful Tip: Use extension wrap to secure wrap on shoulder.





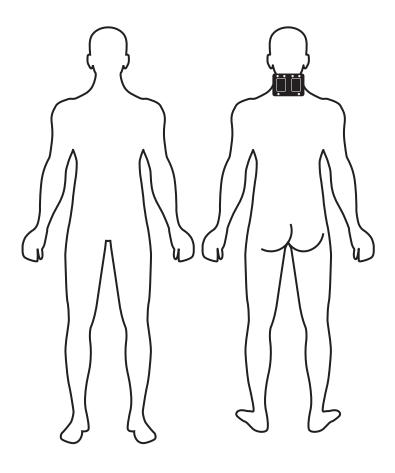
Symptoms: Pain in abdomen





**Symptoms:** Pain extending from the back of the head to the front of the forehead, side of head hurts

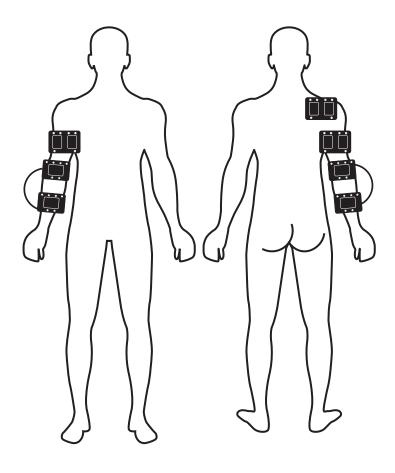
Helpful Tip: Use extension wrap to secure wrap on shoulder and neck.





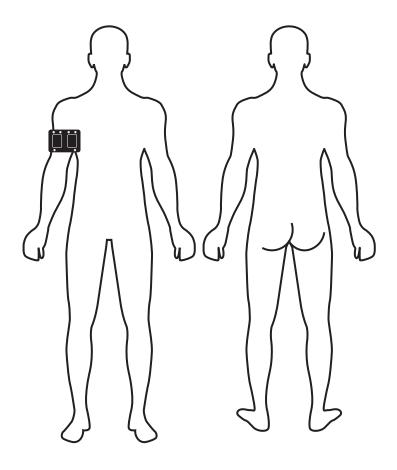
Symptoms: Elbow pain and weakness

**Helpful Tip:** Use extension wrap to secure wrap as needed. Also, if there is space for the upper arm wrap, then use. If not, the treatment is still effective without it.



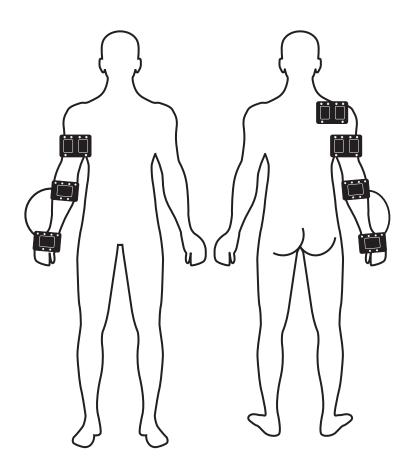


Symptoms: Upper arm weakness or pain.



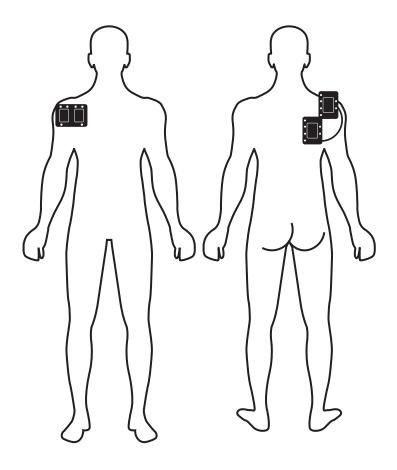
## Wrist & Hand Pain

Symptoms: Wrist and hand pain and weakness





Symptoms: Wrist and hand pain and weakness

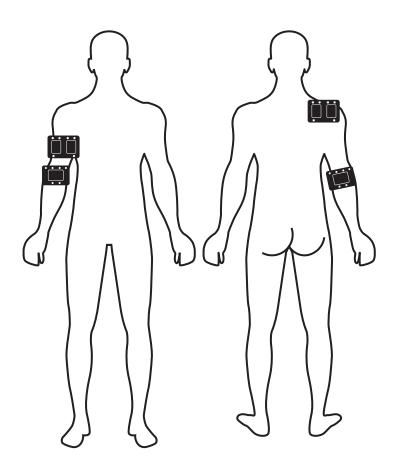




Symptoms: Tennis elbow

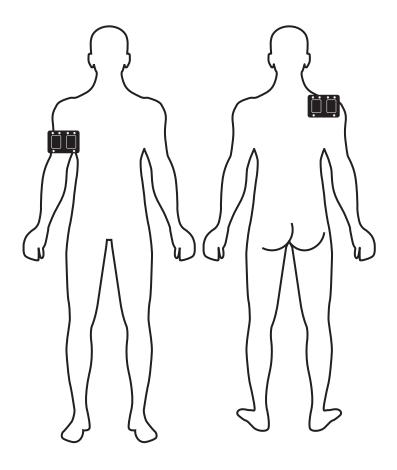
**Helpful Tip:** Use extension wrap to secure wrap as needed. Place laser diode

directly over pain point.





Symptoms: Upper arm weakness or pain.





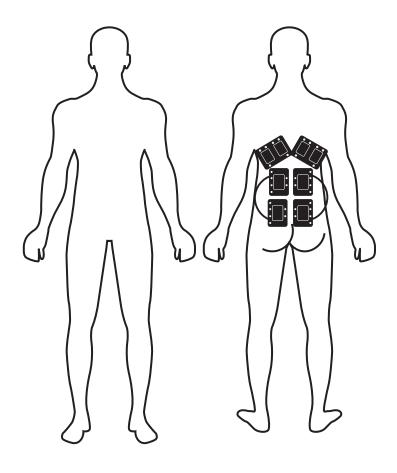
# Section Two

**Upper Back & Lower Back** 



Symptoms: Stiffness and tightness in back down through buttocks.

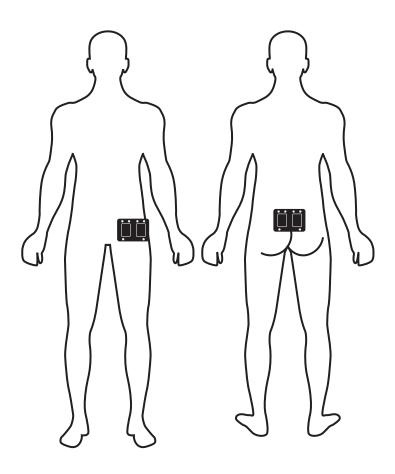
Pain: Use extension wrap to secure wrap..





**Symptoms:** Lower back pain, disc compression, bulging disc in lumbar area with hip pain

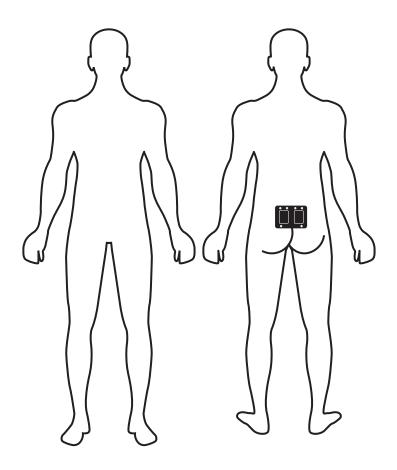
**Helpful Tip:** Fold excess strap material back on itself. Have patient lean or lie back on the wrap to cause good contact with skin.





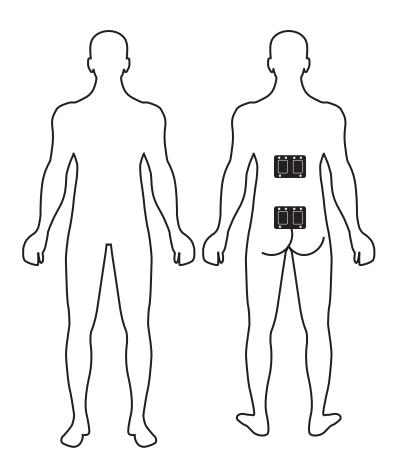
Symptoms: Lower back pain, disc compression, bulging disc in lumbar area.

**Helpful Tip:** Fold excess strap material back on itself. Have patient lean or lie back on the wrap to cause good contact with skin. If pain is referred down leg, make sure and treat where pain travels and end point.





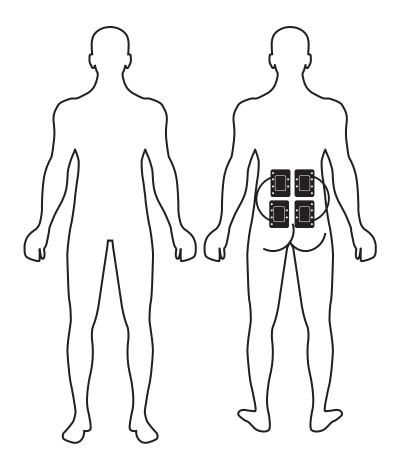
Symptoms: Stiffness and tightness in back down through buttocks



## Alternate Lower Back

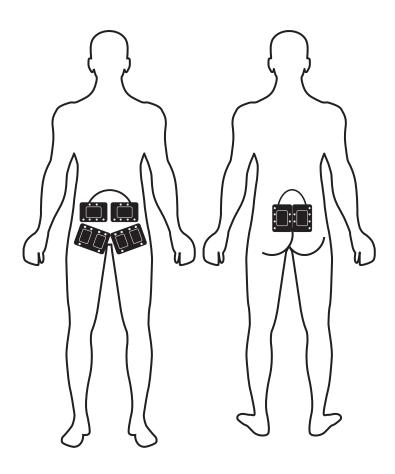
Symptoms: Lower back pain, disc compression, bulging disc in lumbar area.

**Helpful Tip:** Fold excess strap material back on itself. Have patient lean or lie back on the wrap to cause good contact with skin.



## Abdominal & Lower Back

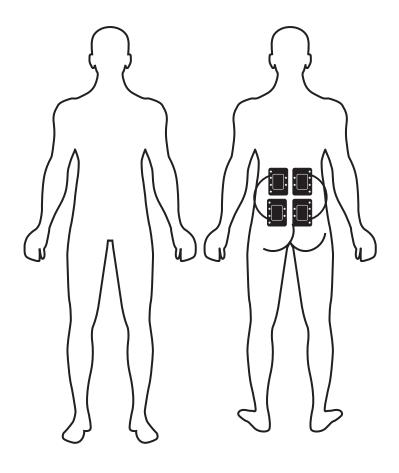
Symptoms: Pain in abdomen and in lower back.



## Alternate Lower Back

Symptoms: Lower back pain, disc compression, bulging disc in lumbar area.

**Helpful Tip:** Fold excess strap material back on itself. Have patient lean or lie back on the wrap to cause good contact with skin.



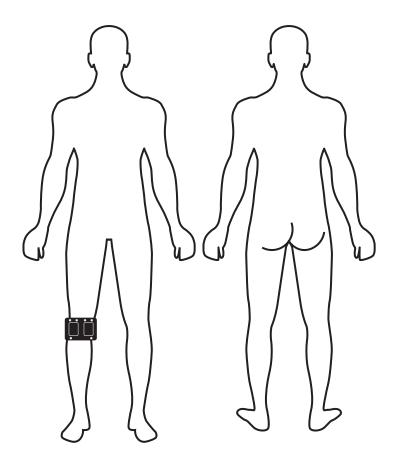


# Section Three

Lower Extremities

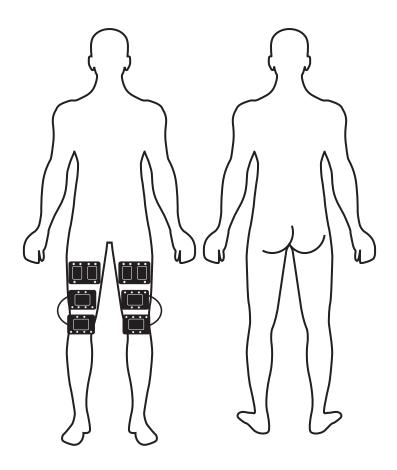


Symptoms: Difficulty bending knee, pain deep under knee cap





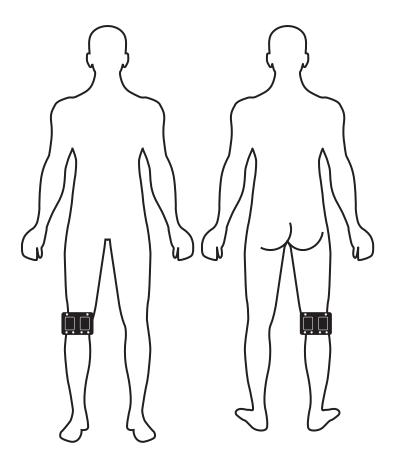
Symptoms: Difficulty bending knee, pain deep under knee cap





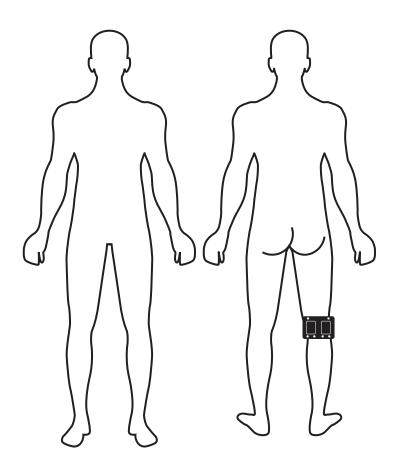
**Symptoms:** Pain when straighten knee, post-surgery. Pain worsens when going down hill or stairs

**Helpful Tip:** Use extension wrap to secure wrap. Also, it is usually helpful to treat bi-laterally.





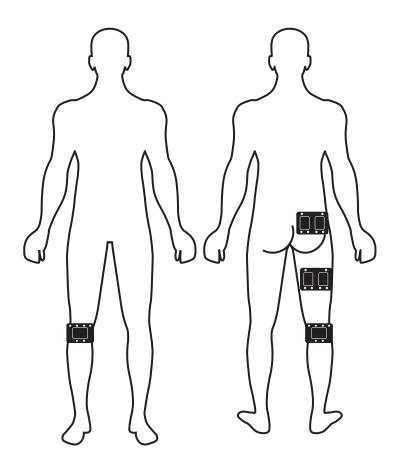
Symptoms: Lower back/hip pain, stiffness in back of legs. Ache in knee.





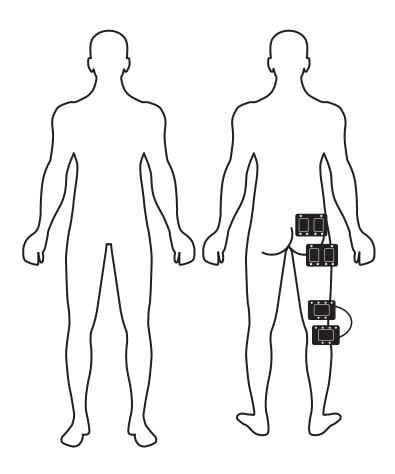
**Symptoms:** Lower back/hip pain, stiffness in back of legs. Ache in knee. Deep pain in hip.

**Helpful Tip:** Use extension wrap to secure wrap. Also, it is usually helpful to treat bi-laterally.



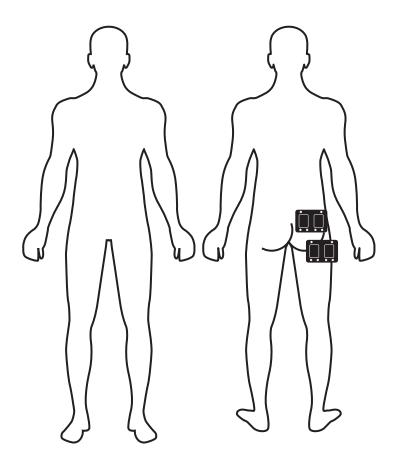


Symptoms: Lower back/hip pain, stiffness in back of legs. Ache in knee.



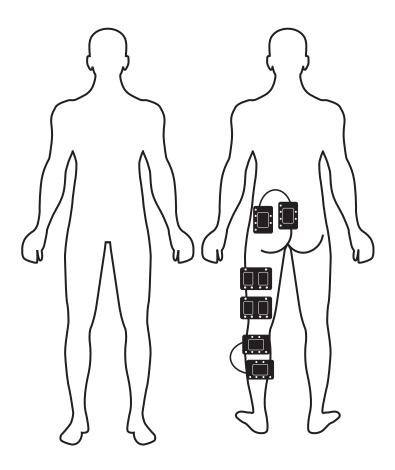


Symptoms: Lower back/hip pain, stiffness in back of legs. Ache in knee.





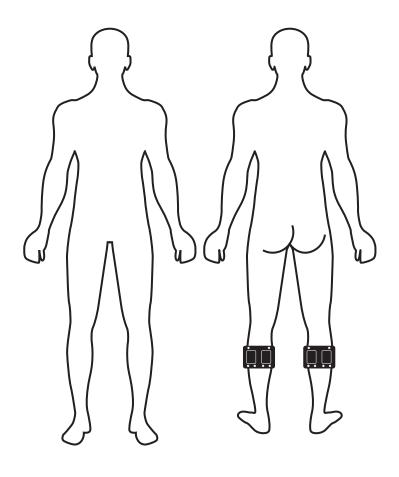
Symptoms: Pain in hip, in sciatic nerve, lower back.





Symptoms: Loss of sensation, pain, abnormal nerve response.

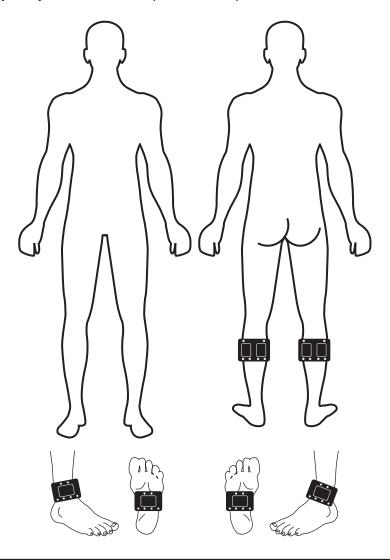
**Helpful Tip:** Use extension wrap to secure wrap. Also, it is usually helpful to treat bi-laterally





#### Neuropathy Lower Extremity

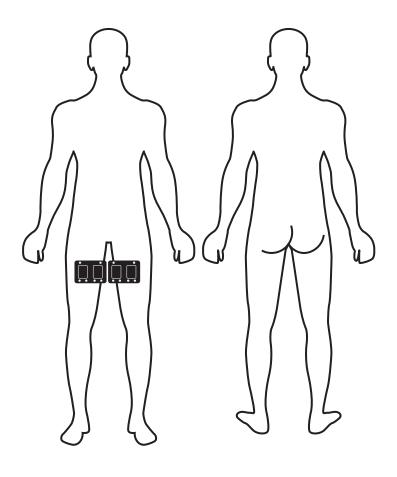
**Symptoms:** Loss of sensation, pain, abnormal nerve response.



Type of wraps needed for therapy: 2-Dual 2-Single



Symptoms: Loss of sensation, pain, abnormal nerve response.

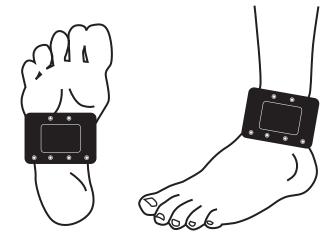




**Symptoms:** Loss of sensation, pain, abnormal nerve response.

**Helpful Tip:** Use extension wrap to secure wrap. Also, it is usually helpful to treat

bi-laterally.

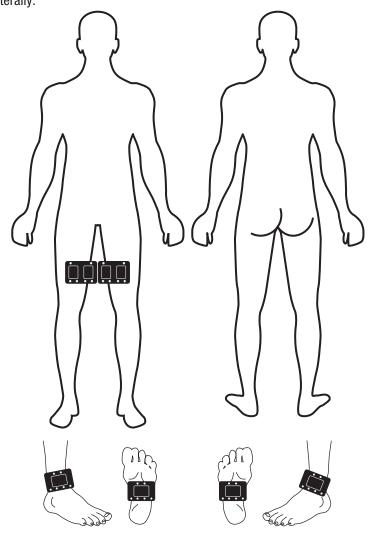




#### Peripheral Arterial Disease

**Symptoms:** Loss of sensation, pain, abnormal nerve response.

Helpful Tip: Use extension wrap to secure wrap. Also, it is usually helpful to treat bi-laterally.



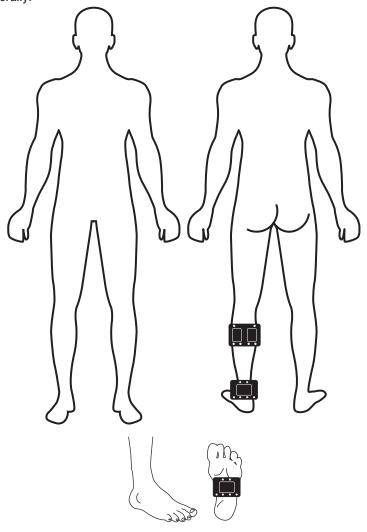
Type of wraps needed for therapy: 2-Dual 2-Single

## Plantar Fasciitis

**Symptoms:** Loss of sensation, pain, abnormal nerve response.

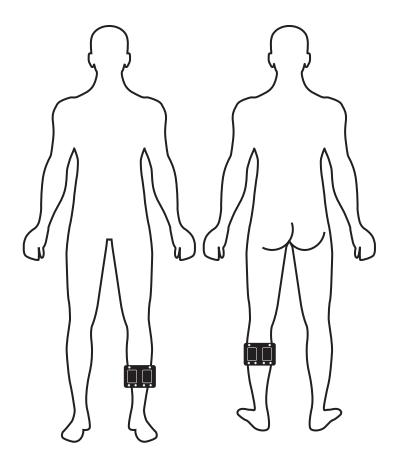
Helpful Tip: Use extension wrap to secure wrap. Also, it is usually helpful to treat

bi-laterally.



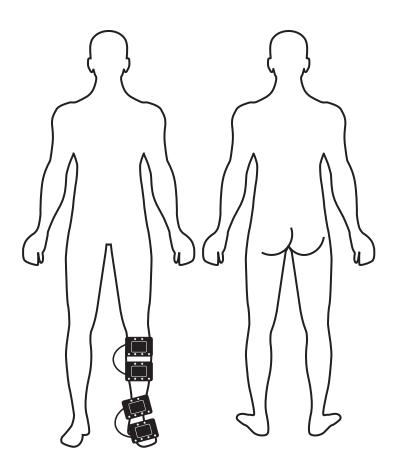


Symptoms: Pain when walking



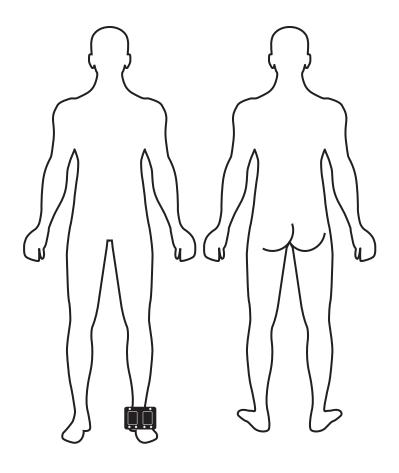


**Symptoms:** Pain when straightening knee, post-surgery. Pain worsens when going downhill or stairs.





Symptoms: Pain or stiffness in upper foot.





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