

SINCE Health Privacy Policy

Effective Date: September 15, 2026 | Last Updated: September 15, 2026

This Privacy Policy explains how SINCE Health ("SINCE," "we," "us," or "our") handles information when you use the SINCE Health mobile application. SINCE is designed as a personal health organization and tracking tool. Because the information users may enter into SINCE can be sensitive, privacy is a core part of the app's design.

1. Information You Enter Into SINCE

SINCE allows you to enter and organize information about your health and daily experiences. Depending on how you use the app, this may include symptoms; bowel movements; food and drink; water and hydration; exercise and activity; sleep; medications, supplements, and treatments; stress; energy and fatigue; weight; glucose or other measurements; notes; diagnoses and conditions; surgeries and procedures; testing, imaging, or studies; significant findings; major health events or symptom onset; hormonal or reproductive history; routine medications; questions for healthcare providers; and other health-history information you choose to record.

2. How Your Health Information Is Stored

The current version of SINCE is designed to store the health information you enter locally on your device. SINCE does not require you to create a SINCE account, and the current version does not provide cloud synchronization of your SINCE health record. The app uses encrypted local storage and device security features to help protect information stored within the app.

3. Information We Collect

In the current version of SINCE, we do not operate a server that receives or stores the health information you enter into your SINCE health record. We do not use third-party advertising networks, behavioral advertising, or third-party analytics to collect your health information. We do not sell your personal information or health information.

4. How SINCE Uses Information

Information you enter into SINCE is used on your device to provide the app's functions, including organizing your health timeline, displaying tracked information, comparing information before and after health events, maintaining your health history and questions, and generating reports or summaries that you choose to review or share. SINCE is designed to organize information you provide, not to diagnose medical conditions or determine the clinical significance of that information.

5. Reports and Information You Choose to Share

SINCE may allow you to create reports or summaries from information stored in the app. You decide whether to share those materials with a healthcare provider or another person. Once you export or share information outside SINCE, the recipient, application, service, or device receiving that information may handle it under its own privacy practices. You should review the privacy practices of any person or service with whom you choose to share sensitive health information.

6. Healthcare Providers and Medical Decisions

SINCE is a personal organization tool and is not a healthcare provider. SINCE does not provide medical advice, diagnosis, or treatment and is not intended to replace the judgment of a qualified healthcare professional. Your healthcare provider remains responsible for interpreting your health information and making clinical recommendations.

Always consult an appropriate healthcare professional regarding medical concerns or decisions.

7. Artificial Intelligence

The current version of SINCE does not send the health information you enter into the app to a third-party artificial intelligence service for diagnosis, medical interpretation, advertising, or profiling. SINCE is designed to help you organize your own information so that you can communicate more clearly with the healthcare professionals you choose to consult.

8. Advertising, Sale of Data, and Tracking

SINCE does not sell your health information. The current version does not use your health information for targeted advertising or behavioral advertising and does not use third-party advertising networks to track you across other companies' apps or websites.

9. Data Retention and Deletion

Because the current version stores your SINCE health record locally on your device, that information generally remains on the device until you delete the applicable information, delete SINCE data through functionality provided by the app where available, or remove the app and its locally stored data from your device. If you export or share a report or other information outside the app, deleting the information from SINCE will not delete copies that you previously shared or saved elsewhere.

10. Your Choices and Control

You control what health information you choose to enter into SINCE and what information you choose to export or share. You may choose not to enter particular information. Where SINCE or iOS requests permission to use a protected device feature, you may manage applicable permissions through your device settings. If a future version introduces optional services that require additional collection, transmission, or sharing of information, this Privacy Policy and applicable in-app disclosures will be updated as appropriate.

11. Security

We use reasonable technical safeguards appropriate to the current design of SINCE, including encrypted local storage and device security mechanisms. However, no device, application, or storage method can be guaranteed to be completely secure. You are responsible for maintaining appropriate security for your device, including your device passcode and other security settings.

12. Children's Privacy

SINCE is not directed to children under 13, and we do not knowingly operate the app for the purpose of collecting personal information from children under 13. If you believe information relating to a child has been provided in a manner that raises a privacy concern, please contact us using the information below.

13. United States Availability

The current App Store release of SINCE is intended for distribution in the United States. Privacy and consumer-protection requirements may vary by jurisdiction.

14. Changes to This Privacy Policy

We may update this Privacy Policy as SINCE develops, including if we add new features, data practices, integrations, or services. When we make changes, we will update the "Last Updated" date. Material changes to how sensitive

information is handled will be disclosed as appropriate.

15. Contact Us

If you have questions, concerns, or requests regarding this Privacy Policy or SINCE's privacy practices, please contact SINCE Health through the support contact information published on the SINCE Health Support page. Because the current version does not maintain a SINCE user account or server-side copy of your health record, we generally cannot retrieve or delete health information stored only on your device.

Important: This policy is written to describe the current SINCE Health app configuration as of the effective date. If the app's technical behavior changes - for example, by adding accounts, cloud backup or sync, analytics, crash reporting, third-party AI processing, HealthKit integration, or other external data services - the policy should be reviewed and updated before release.