



L.A.M.-VALLEY FORGE LODGE # 1776
SONS AND DAUGHTERS OF ITALY
P.O. BOX 60583, KING OF PRUSSIA, PA 19406
Website: WWW.LAMVF1776.COM

August, 2026

July Picnic



The annual Summer picnic was held at the *So Much to Give Café* in Skippack. It was well attended and a full day of fun for all.

The Italian National Anthem Fratelli d'Italia

*Fratelli d'Italia,
l'Italia s e desta,
dell'elmo di Scipio
s e cinta la testa.
Dov'è la Vittoria?
Le porga la Chioma,
che schiava di Roma
Iddio la creò.
Stringiamci a coorte,
siam pronti alla morte.
Siam pronti alla morte,
l'Italia chiamò.
Stringiamci a coorte,
siam pronti alla morte.
Siam pronti alla morte,
l'Italia chiamò! Sì!*

Board Meetings

The next scheduled meeting will take place on Monday, August 24th, with refreshments at 6:30pm and the meeting commencing at 7:00pm in the Holy Savior Church basement. Members are always welcome.

Dinner Meeting

Wednesday, September 9th at Peppers by Amedeos Restaurant, King of Prussia.

Time: 6:30pm

Speaker: Mary Ciammetti, Founder and President of CTC Wellness Foundation and "Don't Stall, Just Call".

Save the Date

-Holy Saviour Feast-August 7-9 Holy Saviour Church, Norristown 11:30am Mass on the 9th followed by a Procession.

-MSS Lodge Feast-August 15-16 Holy Saviour Church, Norristown 11:30am Mass on the 16th followed by a procession.

-Columbus Day Parade at Marconi Plaza-Philadelphia-Sunday October 11th

-October 12th-Monday Columbus Day Monument ceremony-Norristown.

-October Bus Trip to the Italian-American Heritage Celebration at the State Capital in Harrisburg-date TBD

-Super 3000 Night-Thursday, October 29th.

Lodge Scholarship

The L.A.M. Valley Forge Lodge continues its tradition of supporting our students (12th grade) with our annual lodge scholarship. If your child is a high school senior, applying for college, an application for scholarship is available on the Lodge website. Applications are now being accepted and must be submitted by **August 31**.

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BUON COMPLEANNO

Best Wishes & God Bless to all our August Babies:

Anthony P Carmenico Jr
Pauline Cousins
Robert DeSpirito
Sean E Donahue
Thomas Gesualdi
Carmela Martin
Frank Orman
James Scancella
Corey M Talone

In Memory

-The mother of Lou Bernardini and Mother-in-Law of Lodge Recording Secretary Denise Bernardini.

-Long term member **Frank Veramonti**

Sunday Italian Music-update

Melissa Cannavo-Marino, host and producer of “Viaggio Musicale” in cooperation with Associazione Regionale Abruzzese Delco can be heard Sundays at 2 pm on WWDB-AM 860/WPEN FM HD 97.5.

Podcast of past shows are available:

<https://wwdbam.com/shows/viaggio-musicale/podcasts/>

New Members

Rich and Denise Burlingame from Lansdale.

Get Well Wishes

Anyone who may be aware of a lodge member suffering from an injury/illness or Lodge member death can email Donna Marie Donahue at edmd50@verizon.net