

Internship Details

- The majority of this internship will take place in client homes and in the community.
- Interns will be required to be in-office while the internship supervisor is in-office for at least 4 hours per week.
- Interns will be required to attend all monthly team meetings for the youth(s) that they are serving (Microsoft Teams)

Child and Youth Mentorship (Paid)

Child and Youth Mentorship is an important component of the wraparound process, aimed at aligning strategies, interventions, and supports for children and youth and their families to prevent the need for out-of-home placement. Mentors play a key role in maintaining stabilization, preventing crisis situations, and de-escalating crises when they occur.

Responsibilities of a Child and Youth Mentor include:

1. Communicating with administrative staff to ensure effective coordination and implementation of individual plans and behavioral goals.
2. Treating individuals with dignity and respect, fostering a positive and supportive environment.
3. Representing Family Pikes Peak Respite Services professionally to families, service coordinators, and community partners.
4. Developing a personal and positive rapport with the child or youth through consistent and enjoyable meetings, creating a comfortable and trusting relationship.
5. Acting as a cheerleader, coach, and advocate for the children, supporting and encouraging their growth and development.
6. Providing a model for a healthy and trusting relationship by practicing clear communication and setting appropriate boundaries.
7. Recognizing and acknowledging the strengths, talents, and gifts of the child or youth, and encouraging them to utilize and explore these qualities.
8. Actively listening to the child or youth, offering support and encouragement when appropriate.
9. Engaging in activities outside of the home to expose the child or youth to new opportunities and experiences.
10. Attending and participating in interdisciplinary meetings for the youth being served in order to ensure consistency in services and to work with the team to develop short-

term SMART (specific, measurable, achievable, relevant, timely) goals to work on during shifts with the youth.

11. Completing detailed visit notes that highlight what tasks were completed during each shift with the youth, what goals were worked on and the methodology, challenging behaviors (if any) and celebrations and accomplishments from each shift.

Requirements for a Child and Youth Mentor include:

1. Broad life experience and a diverse perspective on the needs of families to support their well-being.
2. An outgoing personality that fosters engagement with individuals from different cultures, ages, and backgrounds.
3. A team player mentality, collaborating effectively with others to achieve positive outcomes.

Child and Youth Mentorship plays a vital role in the wraparound process, providing individualized support and guidance to children and youth. Through their positive relationships and advocacy, mentors contribute to the overall success and well-being of the individuals they serve and help create a nurturing environment for their growth and development.

Additional Internship Tasks (Unpaid)

- Attending community events and resource fairs – all community events and resource fairs will be identified by the internship supervisor.
- Shadowing support groups for parents of children with high behaviors needs.
- Assisting with in-office activities for clients who are receiving CYM/CC services (only if PPRS moves offices)
- Completing additional trainings (e.g., mental health, suicide prevention, dual diagnosis, autism/ADHD, etc.) – will be identified and assigned by internship supervisor.
- Creating mock treatment plans based off of supervisor created case notes.