

# 🌞 PPRS Mid-Month Parent Newsletter — November 2025 🗳

Happy November, PPRS Families! 🌞

As we move into the season of gratitude, warm drinks, and cozy blankets, we want to thank each of you for your patience, flexibility, and compassion throughout all of the statewide updates and changes this year. There is a LOT happening at the state level — but remember: we will get through these changes together.  $\heartsuit$ 

Grab a warm drink and take a moment to catch up on this month's updates!

Pikes Peak Respite Services Facebook

https://www.facebook.com/PikesPeakRespiteServices

Stay updated with changes in the PPRS Newsflash group (For Parents and Providers)

https://www.facebook.com/groups/156823936506856

Another Great Resource for State Changes is The Facebook Impacted Caregivers
Group

https://www.facebook.com/groups/3044532832464750

# State Updates: Medicaid Sustainability Proposal (Nov 3, 2025)

Colorado's Department of Health Care Policy & Financing (HCPF) presented new Medicaid sustainability changes that may affect caregivers, families, and waiver

programs across the state.

Full details: <a href="https://hcpf.colorado.gov/medicaid-sustainability-and-ltss#FactSheets">https://hcpf.colorado.gov/medicaid-sustainability-and-ltss#FactSheets</a>

#### January 1, 2025 Changes

 Community Connector rate dropping 15%, limited to ages 6–17, with weekly hours reduced.

#### Key Proposed Changes:

- New service caps: PC 6.8 hrs/day, Homemaker 3 hrs/day, HMA 13 hrs/day.
- Caregiver limits: max 56 hrs/week per person; 16 hrs/day total; parents limited to 5 hrs/week of Homemaker.
- DD Waiver changes: ending automatic transitions, waitlist shifting to 2-out/1-in rule.
- Cuts to movement therapy; equine therapy ending; PDN billing changes.

Timeline: Most changes Spring-Summer 2026; some cuts begin Fall 2025.

#### What You Can Do:

• Attend HCPF meetings, submit public feedback, talk to legislators, and coordinate early with case managers.

## 🖈 Parent Providers: Please Consider Switching to Parent Provider Contractor

With the new state rules and changes to hour allocations, many parent provider *employees* are expected to end up in overtime on a regular basis. This creates complications for payroll, compliance, and scheduling. One way to prevent this and keep things running smoothly is to switch from Parent Provider Employee to Parent Provider Contractor status by January 1, 2026. If you are currently a parent provider employee, we strongly encourage you to explore this option. Please reach out to Brett Seemann for details, questions, and next steps at brett.seemann@pikespeakrespiteservices.com

We will be having a live meeting about this to answer any questions you may have December 2, 2025 at 5:30 pm. Please look for the invite to go out shortly.

# Important Reminders About In-Home Services

As the holidays approach, we know schedules get busy and routines shift. Here are friendly reminders to help:

- 🏠 Respite, Personal Care, and Homemaker are in-home EVV Services.
- These services should primarily be done in the client's home.
- Travel, errands, and transportation are NOT Medicaid-billable under these services.
- If a provider helps with pick-ups, drop-offs, or errands, travel reimbursement must be arranged privately.
- On overlapping shifts except Homemaker and Group Respite.

  Parents cannot overlap shifts with each other OR with other providers.

Please remember that Medicaid does not allow any duplicate or overlapping services. This means families cannot receive PPRS services at the same time as CNA hours, nursing hours, or services from any other agency or provider. Even if the tasks differ, Medicaid rules require that only one service is billed at any given time. To stay compliant and avoid billing conflicts or recoupments, please make sure to review your scheduling with any outside providers and ensure shifts never overlap. If you're unsure whether something counts as duplication, we are always here to help!

#### Shift submissions & corrections:

All shift submissions and corrections must go to the help desk: helpdesk@pikespeakrespiteservices.com or the Help Desk Chat.

#### A Kind Reminder from Our Team

Please remember that our PPRS administrators are doing their very best to support you while also following the compliance rules required by the State of Colorado. We know there is a lot to keep up with, and that the changes can feel overwhelming or even frustrating at times — we feel it too. Our goal is always to help, never to stress anyone out. We kindly ask that you stay open to communication: please don't ignore messages, block numbers, or avoid outreach from our team. We are reaching out because we care and because we want to keep your services running smoothly. Thank you for your patience, your kindness, and your partnership as we navigate these challenges together.

## EVV Rule Changes (10 CCR 2505-10 8.7000)

# Effective Now

- Administrators may no longer enter ANY EVV shifts including parent-exempt accounts.
  - EVV services include Respite, Personal Care, and Homemaker only at this time.
  - All EVV shifts must begin at the client's home (GPS requirement).
  - · No shift older than 48 hours can be submitted.
- All EVV shifts must be timestamped for submittal appropriately.
  - · Providers or Parents must submit ALL EVV shifts themselves.

# Out-of-State & Out-of-Country Service Rules (10 CCR 2505-10 § 8.013)

Out-of-Country:

· Never covered by Medicaid under any circumstance.

Out-of-State (within U.S.): Only approved for:

- Medical emergency
- · Health risk returning to Colorado
- · Service only available temporarily out-of-state
- Border-area exception

All require PRIOR authorization from your Case Coordinator is a MUST.

PPRS cannot approve these services. We will need written permission from your case coordinator to approve these services.



# Support for Parents & Families - From Janell Lajoie, Clinical Director

Compassion fatigue is real — when you spend so much time caring for others, your own needs can start to feel invisible. If you or your family could benefit from additional emotional support, Janell Lajoie, our Clinical Director, is here to help. Janell offers consultations to help parents reconnect with themselves, navigate stress, and explore supportive resources. If your child is on the CES or CHRP waiver and struggling with behaviors, you can also reach out to Janell to discuss High Fidelity Wraparound services or other care coordination options that may provide relief and structure for your family.

**119-205-9171** 

J.lajoie@pikespeakrespiteservices.com

# Holiday Fun Activity: Cozy Winter Sensory Night 🗱

Here's a simple, fun, and fully in-home-compliant winter activity perfect for Respite!

- · Make 'snow' using baking soda + conditioner
- Add small items to dig/find (buttons, toys, pom-poms)
- · Play calm winter music
- · Add warm cocoa or a warm drink
- Use cookie cutters to make 'snow shapes'

It's calming, inexpensive, and a great cold-weather alternative to outings!

## We're Grateful for YOU 🖤

There are many changes happening at the state level, but we will navigate them together. Thank you for everything you do - your dedication, patience, and love make an incredible difference.

Warm wishes for a peaceful and joyful Thanksgiving season from all of us at PPRS!



