



Person Centered Thinking Training Reflection Sheet

Reflection 1: Please describe your position at PPRS using PCT. (Use sheet attached or if on-line follow instructions)

Reflection 2: On your reflection page, write down your example of communication (doesn't have to be verbal) using the chart.

When This Happens	Sally Does This (5 mos old)	What it may mean	We need to

Reflection 3: Create a behavior chart for someone you have knowledge, this could be yourself, a family member or friend- make sure you remove all identifying information. This chart will be used during Phase two training.

Important To	Important For

Reflection 4: Based on the above chart, please write some ideas that you would have to support Auntie Em.

