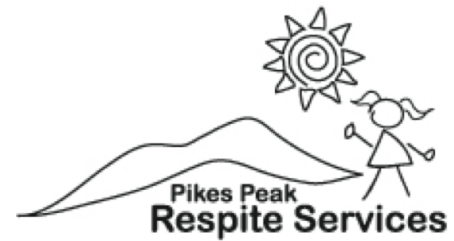


PPRS Training 11 Shaving



PPRS staff may assist with shaving only with an electric or a safety razor after successfully completing the PPRS Shaving Training. Some of individuals we support will prefer to have their faces shaved every day while others may want it less often. Some may need assistance with shaving under their arms or their legs. At PPRS consult with Beverly Seemann prior and then allow the choice.

As with other procedures, practice safety precautions and wear gloves during the shaving process because there may be contact with blood. If you accidentally nick someone, and it causes bleeding, apply pressure to the area and report and document all cuts on PPRS Incident Report.

Also, please label shaving supplies with their name. It is never ok to share razors or shaving supplies with others.

The same materials and procedures are used to shave faces, under arms and legs.

Materials needed:

- Shaving Cream or Soap
- Shaving brush
- Razor – blade or electric
- Mirror
- After shave lotion
- Tissues
- Bath towels
- Face towels
- Washcloth
- Wash basin or sink
- Warm water (for razor blade)
- Disposable gloves

Procedure:

- 1) Explain what you are going to do
- 2) Wash your hands
- 3) Obtain materials listed above
- 4) Provide privacy (close door, pull curtains)
- 5) Raise bed to convenient working height. Lower rail on the side you will be working on
- 6) Place client in an upright position in bed (or assist to sit by bathroom sink, if possible)
- 7) Put a towel or protective barrier under the area to be shaved
- 8) Shaving with a blade razor:

PPRS Training 11 Shaving



- a. Put on disposable gloves
 - b. Wet washcloth with warm water. Place on client's face for a few minutes
 - c. Apply shaving cream and lather the face
 - d. Hold the skin firm and tight and shave in the direction of hair growth
 - e. Start shaving at the side burn and shave downward and shave upward when shaving the neck
 - f. Rinse the blade razor and repeat above steps until the entire area is done
- 9) Shaving with an electric razor:
- a. Put on disposable gloves
 - b. Make sure face is clean and dry. Do not apply shaving cream or water to the face.
 - c. Turn on razor
 - d. Hold skin firm and tight and shave in the direction of hair growth
 - e. Start shaving at the side burn and shave downward and shave upward when shaving the neck
 - f. Turn off razor
- 10) Wash and dry the area that has been shaved
- 11) Apply lotion or after shave lotion if the person wants to use it
- 12) Remove towel
- 13) Clean all equipment and supplies
- 14) Remove and discard gloves
- 15) Make sure client is safe and comfortable
- 16) Place bed in the lowest position
- 17) Clean materials and store in proper location
- 18) Place soiled bath towel in laundry container to be washed
- 19) Wash your hands
- 20) Record what you have done. Report any unusual condition. (Berman, et. All, 2010)

Any questions?

References:

www.nursingassistanteducation.com/site/.../nae-pc1-eng.php

Berman, Audry, Shirleee Snyder, Barbara Kozier and Glenora, Erb. (2010). Kozier & Erb's Fundamentals of Nursing: concepts, Process, and Practice. 8th Editon. Pearson Prentice Hall.

