# Pikes Peak Respite Services



# Newsletter

ISSUE NO.



**APRIL 2023** 



The month of April is Autism Awareness/Acceptance month. In most of our worlds, every day is Autism Acceptance, however April gives us an excuse to educate and inform others how amazing each and every one is. We should talk about our differences and celebrate them! It's a good time to set everyone up on an acceptance and kindness journey!

Spring is in the air, or so we are all hoping for the nice sunny days. The weather is starting to become a little more outdoor friendly so we can all start to get outside and grab a nice breath of fresh air. Many of us are already thinking of gardening or even that summer vacation may be in the works. However you like to spend your days this time of year, hopefully your all excited about Spring time!

# April holidays — 2023

- April 1<sup>st</sup> April Fools Day! "No foolin'!"
- April 2<sup>nd</sup> World Autism Awareness Day
- April 5th <u>First Contact Day</u>. If you're a Trekkie, you know what I'm talking about.
- April 7th <u>Walk to Work Day</u>. reduce carbon emissions and breath some fresh air on their daily commute
- April 9th <u>Easter</u>.
- April 9th National Unicorn Day. Nothing is quite so elusive except maybe a sale on the one item that *never* goes on sale.
- April 11th National Pet Day. Share the love.
- April 14th <u>National Gardening Day</u> and <u>National Garden Month</u>. Got dirt?
- April 16th <u>Wear Pajamas to Work Day</u>. Get comfy!
- April 20th National High Five Day. Do good things in your community.
- April 22nd Earth Day. It's our home. Let's take care of it.
- April 26th Administrative Professionals Day. Thank them.
- April 28th National Arbor Day. Plant a tree!
- April 29th <u>National Rebuilding Day</u> is the culmination of <u>National Rebuilding Month</u>. Hel p rebuild your community.



### **April is World Autism Month**



A time for friends and neighbors to come together in honor of understanding and acceptance of people with autism

## **What Handwriting Does to the Brain**



ilslearningcorner.com







**4** | P a g e



Anita O.	$1^{st}$	Linda S.	$13^{ ext{th}}$
Kamryn L.	$3^{\mathrm{rd}}$	Aaron M.	$14^{\rm th}$
Alexandra D.	$6^{ ext{th}}$	Loree M.	$15^{ ext{th}}$
Rene C.	$6^{ ext{th}}$	Starr S.	$15^{ ext{th}}$
Jadecinie H.	$7^{ ext{th}}$	Elizabeth M.	$17^{\rm th}$
Tiffany H.	$8^{ ext{th}}$	Taylor N.	$17^{\rm th}$
Rebekah J.	$8^{ ext{th}}$	Robyn S.	$20^{ ext{th}}$
Amanda M.	$9^{ ext{th}}$	Aaron C.	$21^{\rm st}$
Taliah M.	10th	Janell L.	$21^{\rm st}$
Olive S.	10th	William H.	$29^{ ext{th}}$
Sita F.	$13^{ ext{th}}$	Kaleah S.	30th



### **1 YEAR!!**

Amber A.

Sonja B.

Cleide B.

Paula D.

Madison M.

Kimberly P.

Melissa T.

Christine V.

### **3 YEARS!!**

Alyssa B. Stacianne H.

Aaron M.

<u>4 YEARS!!</u>

**5 YEARS!!** 

Cherlyn H.

Amari M.

# Jessica's Corgi Corner

Danny got a grooming, and he is happy. He needed it! Introductions are going great new providers seem excited to come on board and some have behavioral experience. Keep up the great work with responding to me and getting signatures for visit notes.

~Jessica



### From Tiffany's Desk

What a month March was! A few reminders that happened and items coming up:

- 1) Calista has put together a few great videos on DORY and Sandata. Please do not for get to go watch them under the videos section of the Staff Portal
- 2) IMPORTANT INFO FOR SHIFT SUBMISSIONS: I sent an email out last week about a change in the time of shift submissions. The DORY update was deployed by our developers last night. (3/30/2023) As of 4-1-2023 Providers will only be able to go back 7 days when submitting shifts. You may still obtain signatures or edit your shifts however you will no longer be able to go back further than 7 days.
- 3) Jaime, Kylee and myself went to the Capitol this past week for IDD Awareness Day. We had a great time meeting our legislators and hearing the issues on the floor for our individuals with IDD. Below are a few photos of our adventures.











**IDD Awareness** 





#### Jalapeno Bacon Cheddar Deviled Eggs

#### Ingredients

- 12 eggs
- 4 slices bacon
- 3 jalapeno peppers(optional)
- 1 cup finely shredded sharp Cheddar cheese.
- ⅓ cup mayonnaise
- ¼ red onion, minced
- 2 tablespoons spicy brown mustard
- 1 pinch paprika, or as desired
- Place eggs in a saucepan; cover with water. Bring to a boil, remove from heat, and let eggs stand in hot water for 15 minutes. Remove eggs from hot water, cool under cold running water, and peel.
- Place bacon in a large skillet; cook over medium-high heat, turning occasionally, until evenly browned, about 10 minutes. Drain bacon on paper towels; crumble when cool enough to handle.
- •
- Remove seeds and stems from jalapenos; mince 1 pepper and slice remaining peppers into very thin strips; set aside.
- Cut eggs in half lengthwise, place yolks in a bowl. Mash egg yolks with a fork; stir in minced jalapeno, Cheddar cheese, mayonnaise, red onion, and mustard.
- Place egg whites cut side up on a serving platter. Spoon yolk mixture into egg white halves; sprinkle with crumbled bacon and paprika.
- If your yolk mix is too stiff, add more mayo or mustard depending on your own tastes. You can also use whole grain mustard, Dijon mustard or whatever mustard you prefer.

# **CYM of the Month**

Yay, we have 2 this month!!

### Rachael Roddy

Thank you for always having a "can do" attitude and a genuine connection with your families!

### **Thomas Barry**

Thank you for all you do for your families! You go above and beyond. Keep up the good work!

## Notes From the Admin Team

Reminder to check emails from the admin team on a regular basis. Please check them weekly

#### **PPRS Facebook Page**

For the most up to date news and Events like our Facebook Page

https://www.facebook.com/PikesPeak RespiteServices

#### PPRS NEWSFLASH GROUP

Join our Facebook News flash Group to fill your schedule! https://www.facebook.com/groups/1568239 36506856

We love to see you! Stop by our office and say hi!

If you know of any events that would be of interest to our Providers and Families

Let us know!!!

PPRS is always on the lookout for things for our Providers and Families to do.

We keep a close eye on upcoming events in the areas we serve.

Many times we find out abut events a few days or a week before they happen, and always post them to ourFacebook Page!

Please like and share our Febook Page to receive up to the minute news!

Here is a list of a few great places to look for events!

https://www.coloradosprings.com/events/#!/

https://www.pueblo.us/2801/Events

https://www.denver.org/events/

https://www.fcgov.com/events/ https://www.peakradar.com/categories/free-events/

https://www.visitcos.com/events/
https://ppld.librarymarket.com/

http://pueblolibrary.libnet.info/events?et=Kits2Go

https://www.denver.org/events/free-events/

https://www.larimer.gov/events

https://poudrelibraries.evanced.info/signup/ El Paso

Pikes Peak Children's	
Children's	Where: El Pomar Youth Sports Park
	When: April 1st From 10 AM to 1 PM
Museum Dino	What: Booths, Face Painting, Games, Activities & Food Trucks
Eggstravaganza	Egg Hunt from 10:30 AM to 11:30 AM
Spring Break:	Cost: Free Admission Where: Pikes Peak Library District: Ute Pass Library Cascade, CO
Funny	8010 Severy Road, Cascade CO 80809
Ferocious	When: April 1 <sup>st</sup> 10:30 AM
Dragons	What: Magic Dave attempts to train a group of fire-beathing, vicious
	dragons, but he is in for a shock because these dragons are more
	about having fun than being fierce in this hilarious adventure
	featuring magic, puppets and lots of silliness! For ages 0-10
	Cost: Free Admission
PPLD	Where: 832 Village Center Drive – Rockrimmon Meeting Room
Rockrimmon	When: April 27, 2023 at 4:00 PM - 4:45 PM
Tween: Pixel	What: Come create your own pixel art portrait! For ages 9-12 Please
Art Portraits	register.
DDI D	Cost: Free Admission
PPLD Booksimmon	Where: 832 Village Center Drive - Rockrimmon Meeting Room
Rockrimmon Storytime	<b>When:</b> April 4 <sup>th</sup> , April 11 <sup>th</sup> , April 18 <sup>th</sup> , April 25 <sup>th</sup> 9:00 AM – 9:3AM <b>What:</b> Experience Stories through books, flannel boards, puppets,
otor ytimie	songs and activities. This program encourages emerging reading
	skills by engaging children with shapes, sounds, rhythm and rhyme
	in a playful environment. Customer Service can also provide a
	Sensory Accommodations Kit. For ages 3 and up.
	Cost: Free Admission
PPLD	Where:: 832 Village Center Drive
Rockrimmon	<b>When:</b> April 14 <sup>th</sup> 10:00 AM – 6:00 PM
Steam Take &	<b>What:</b> Celebrate the Month of the Military Child by creating a military
Make: Military	parachutist. For ages 5-12.
Parachutists	Cost: Free Admission

### Pueblo

Teen/Tween Hangout	Where: Pueblo West Library When: April 3 <sup>rd</sup> 3:00 PM – 5:00 PM What: Fun activities and snacks Cost: Free Admission
Lucero Library Kits2Go	Where: Patrick A. Lucero Library When: April 4 <sup>th</sup> All day What: Kits2Go available while supplies last.
Describile	Cost: Free
Pueblo West	Where: Pueblo West Library When: April 4 <sup>th</sup> 4:00 PM – 6:00 PM
Build your own Rock	<b>What</b> : Create your own Rock Collection. Learn about different rocks and minerals. Fun for the whole family.
Collection	Cost: Free Admission
Barkman	Where: Barkman Large Meeting Room
Weekend	<b>When:</b> April 8 <sup>th</sup> 4:00 PM – 6:00 PM
Family	What: Bring the family to Barkman for a family movie.
Movie	Cost: Free Admission
Rawlings	Where: Rawlings – Makerspace Lab
Tie Dye	<b>When:</b> April 8 <sup>th</sup> 4:00 PM – 5:00 PM
Eggs	What: Tie dye eggs with papers towels and food dye.  Cost: Free Admission

#### Denver Metro

Denver Metro	
Denver	Where: Denver Zoo: 2300 Steele St, Denver, Co 80205
Zoo Free	When: 4/9/2023, 10/7/2023, 11/7/2023, 11/12/2023
Day	What: limited number of tickets for each Free Day, using an online
	lottery system. Follow steps at the website to enter the lottery for 5 free
	tickets.
	<u>Denver Zoo Free Days</u>
	Cost: Free Admission
Free Day at	Where: Denver Art Museum: 100 W. 14th Ave. Pkwy. Denver, CO
the Denver	80204
Art	When: 4/11/2023, 4/30/2023, 5/9/2023, 5/14/2023, 6/13/2023,
Museum	7/11/2023, 7/30/2023, 8/8/2023, 9/9/2023, 9/12/2023, 10/10/2023,
	11/4/2023, 11/14/2023, 12/12/2023
	What: Engage with art, explore onsite activities, and experience
	exhibitions on view all while enjoying free admission! Advance ticket
	reservations are encouraged.
	Cost: Free
Easter	Where: Orchard Town Center
Bunny	<b>When:</b> April 8 <sup>th</sup> 11:30 AM – 2:30 PM
Photos and	NO. 4. I have an expense take from the standard with the Fraction becomes in
Egg Hunt	What: Hop on over to take free photos with the Easter bunny in
at Orchard	Macy's courtyard on 146th Ave. The first 150 kids to join us can
Town	take part in our special Easter egg scavenger hunt around The
Center	Orchard. If you complete all the stops you will be entered for a
	chance to win a \$50 gift card to shop at Toys "R" Us at Macy's.
	Cost: Free Admission
Town	take part in our special Easter egg scavenger hunt around The Orchard. If you complete all the stops you will be entered for a chance to win a \$50 gift card to shop at Toys "R" Us at Macy's.

Arvada	Where: 11200 W 58th Ave Arvada CO 80002
Kite	<b>When:</b> 10:00 AM – 3:00 PM
Festival	What: Bring your own kite or buy a kite at the event. See Kite Demos
restivai	
	by Rocky Mountain Kite Association, over 70 vendors, music, food
	trucks, face painting, inflatables and more.
	Cost: Free Admission
Denver	Where: 1007 York St. Denver, Colorado 80206
Botanic	When: 4/22/2023, 6/6/2023, 7/5/2023, 8/15/2023, 11/24/2023
Gardens	<b>What:</b> Free Days occur throughout the year, thanks to funding from
	the Scientific and Cultural Facilities District (SCFD).
	Advanced online registration is required to ensure that we can
	accommodate people safely given ongoing COVID-19 concerns. Free
	Days are for regular Gardens hours only and do not include ticketed
	events
	Cost: Free Admission

Larimer County	
Bald Eagle	Where: River Bluffs Open Space
Viewing	6101 East County Rd. 32E
	Fort Collins, CO 80528
	When: April - Every Saturday from 11:00 AM to 1:00 PM
	What: Enjoy watching the Bald Eagles that nest north of River Bluffs
	Open Space. Larimer County volunteer naturalist Carl Sorrentino, who
	has been viewing the bald eagles at River Bluffs Open Space for 20
	years, will share eagle facts, history and sounds as well as information
	about the nest, the eagles "favorite hunting tree," and more.
	Spotting scopes will be available for viewing but please bring binoculars
	or a spotting scope if you have them. There will be good and safe
	viewing right from the trail head area. All ages and abilities are welcome.
	Cost: Free Admission
Skygazing	Where: Horsetooth Mountain Open Space 6550 W. County Rd 38 E
with	Fort Collins, CO 80526
Northern	<b>When:</b> April 14 <sup>th</sup> 9:00PM to 11:00 PM
Colorado	What: Weather dependent Enjoy an evening with members of
Astronomical	the Northern Colorado Astronomical Society (NCAS) for an up-
Society	close look at the night sky over the Rockies. Telescopes will be
	available for viewing stars, galaxies, planets and more! Bring
	the whole group to connect with the wonders of the night sky.
	This is an open house-style program. Telescopes will be set up
	in the paved parking lot. Program is free but a parking pass is
	required. Registration is encouraged.
	Dress warmly for winter evening temperatures (winter hats,
	gloves, winter jacket, boots, warm socks, etc.) and bring
	binoculars if you have them.
	Registered participants will be notified if the program is
	canceled and posted at https://www.larimer.gov/events.
	For up-to-date weather information, visit the NCAS website at
	www.nocoastro.org. Free Admission

Tiny	Where: Lions Open Space
Trekkers	2425 N. Overland Trail
	Laporte, CO 80535
	When: April 13th - 11:00 AM to 12:00 PM
	What: Bring your 2-5 year old for a morning filled with nature
	exploration, stories, and connection with our amazing natural world. A
	parent or guardian must accompany the child for this program.
	Registration is required but program is free. Please call Natural
	Resources main desk at (970) 619-4564 or 4570 the night before or
	day of program to cancel or inquire about availability.
	Cost: Free Admission

### Teller

Parks & Recreation Easter Egg Hunt	Where: Cripple Creek Parks & Recreation City Park When: April 8 <sup>th</sup> 12:30 PM What: Visit the Easter Bunny when he makes his annual stop at Cripple Creek Parks and Recreation. Bring the kids to hunt for eggs which they exchange for candy and prizes. Each child also has the chance to find a Golden Egg, which they can exchange in the prize area for \$5. The hunt is FREE and open to all kids ages 0 - 12. The hunt will go on rain, snow or shine. Cost: Free Admission
Family Movie Parks & Recreation	Where: Cripple Creek Parks & Recreation City Park When: April 22nd 1:30 PM What: Cripple Creek Parks and Recreation has teamed up with Teller Rifles to bring the community a FREE movie. Bring the family out and enjoy the afternoon. Snacks, drinks, and entries for movie themed door prizes available for purchase at the concession stand. Call for the movie of the month 719-689-3514