Pikes Peak Respite Services



Newsletter

ISSUE NO.



April 2024



As we welcome the arrival of April and the refreshing spirit of spring, we want to express our gratitude for your unwavering dedication, compassion, and care. Thank you for all you do. Your commitment makes a difference every day.

Here are some quick tips and reminders to support your well-being:

- Embrace spring's renewal: Encourage outdoor activities for fresh air and sunshine. Take advantage of the beautiful weather by spending time outdoors with your loved ones. Plan outings such as picnics in the park, nature walks, or gardening activities to enjoy the season together.
- Prioritize self-care: Practice mindfulness, relaxation, and healthy eating habits.
 Engage in light exercises or yoga sessions that promote physical and mental well-being.
- Incorporate fresh, seasonal ingredients into your meals for a nutritious and flavorful experience.

Remember, taking care of yourself is essential to being a great caregiver. We appreciate all that you do and are here to support you every step of the way.

Wishing you a joyful and rejuvenating April!

Your PPRS Admin Staff

April

Stress Awareness Month & Earth Month

April 1st: April Fools' Day #AprilFools April 2nd: World Autism Awareness Day April 5th: International Day of Conscience

April 6th: National Carbonara Day

April 7th: World Health Day 🖑 #WorldHealthDay

April 10th: National Siblings' Day

April 11th: National Pet Day 🗑 🖫 🖑 #NationalPetDay

April 12th: International Day of Human Space Flight &

April 12th: Day of Silence #DayOfSilence

April 15th: World Art Day April 15th: Children's Day

April 15th: Patriots' Day (USA) us

April 17th: National Banana Day 🌛

April 20th: Chinese Language Day CN

April 21st: World Creativity and Innovation Day

#CreativityAndInnovationDay

April 22nd: Earth Day 😚 #EarthDay #InvestInOurPlanet

April 23rd: World Book and Copyright Day 🛄

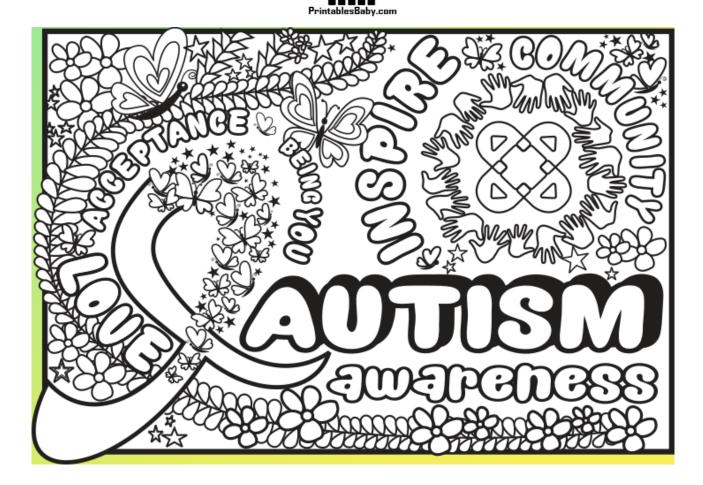
April 24th: Stop Food Waste Day #StopFoodWaste

April 27th: World Design Day April 28th: National Superhero Day

April 29th: International Dance Day 🐉 #DanceDay

April 30th: International Jazz Day **√** #JazzDay





April Craft Ideas



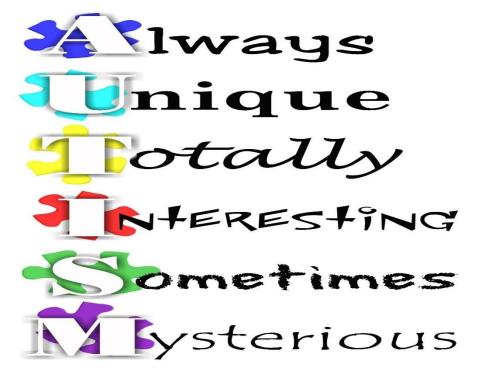
















444



WHICH DAY OF THE YEAR DO MONKEYS LIKE BEST? THE FIRST OF APE-RIL!

WHY IS EVERYONE EXHAUSTED ON APRIL 1ST? BECAUSE THEY'VE JUST FINISHED A 31-DAY MARCH!

HOW ARE THANKSGIVING AND APRIL FOOL'S DAY DIFFERENT? ON ONE, YOU'RE THANKFUL AND ONE, YOU'RE PRANKFUL!

KNOCK, KNOCK! WHO'S THERE? NOAH. NOAH WHO? NOAH BODY - APRIL FOOL'S!

WHICH MONSTER LOVES APRIL FOOL'S JOKES? PRANKEN-STEIN!

CAN FEBRUARY MARCH? NO, BUT APRIL MAY!

WHAT DO YOU CALL A BEAR CAUGHT IN APRIL SHOWERS? A DRIZZLY BEAR!

WHAT DID SUMMER SAY TO SPRING? I'M GOING TO FALL!

WHAT KIND OF GARDENS DO BAKERS

FLOUR GARDENS!

HOW DOES A FLOWER MAKE A BIKE GO? WITH ITS PETALS!

TIE ITS SHOES? WITH A RAINBOW!

IT'S SPRING!

WITH THEIR TU-LIPS!

WHAT GOES UP WHEN APRIL RAINS COME DOWN?

WHAT'S A GAS PUMP'S **FAVORITE HOLIDAY?**

FAVORITE HOLIDAY? APRIL STOOL'S DAY!

WHAT'S AN ACORN'S FAVORITE MATH SUBJECT?

кноск, кноск! WHO'S THERE? APRIL. APRIL WHO?

APRIL FOOL'S!

HOW DO TREES GO ONLINE? THEY LOG IN!

WHAT DID APRIL FOOL'S DAY SAY AFTER IT WON AN AWARD? PRANK YOU!



i MOM | © 2021 by Family First. All Rights Reserved.













HA HA

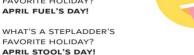
HOW DOES A RAINSTORM

















WIDEFIELD PARKS AND RECREATION

755 Aspen Drive. Colorado Springs. CO. 80911

MOVEMENT

Pound, Zumba, Ribbons, Glowga



APRIL 25

SENSORY EXPLORATION

Messy Play, Manipulatives,

Obstacle course

Come and explore a variety of ways to play and engage at Parks and Rec



ALL AGES AND ABILITIES WELCOME

UPCOMING PPRS SPONSORED EVENTS





Challenger Baseball: "To provide an opportunity for individuals with intellectual and physical challenges to enjoy the benefits of Little League participation in an environment structured to their abilities."



Alpine Autism Center 17th Annual "Run for the One" 5k Walk/Run

Saturday April 27th, 2024 Colorado Springs, CO Official Website

SUPPORTING LGBTQ+ IN THE PIKES PEAK REGION!



PIKES PEAK PRIDE FESTIVAL & PARADE
JUNE 8TH & 9TH, 2024
ALAMO SQUARE PARK
FESTIVAL: 10AM-7PM - SAT & SUN

PARADE: 11AM ON SUNDAY







Anita O.	1st	Linda D.	16th
Emily B.	2nd	Carissa M.	16th
Avery B.	3rd	Elizabeth M.	17th
Jazzamine J.	3rd	Taylor N.	17th
Logan C.	4th	Jo C.	20th
Rene C.	6th	Robyn S.	20th
Jadecinie H.	7th	Janell L.	21st
Shaan J.	7th	Elizabeth R.	21st
Alexa C.	9th	Paige T.	21st
Jay Q.	10th	Myla J.	22nd
Victoria S.	10th	Carrie O.	24th
Aaron M.	14th	Qiana B.	27th
Loree M.	15th	Laura F.	29th
Starr S.	15th	Lindsay M.	29th



1 Year

Shane B.

Cassandra H.

Tricia J.

Gabrial P.

Mackenzie Y.

Cynthia C.

Rebecca C.

Skylar D.

Dolores D.

Jacob H.

Sarah N.

Jennifer P.

Victoria S.

2 Years

Amber A. Kristina B. Christine V. 3 Years

Shaan J. Cleide B. Aaron M.

4 Years

Stacianne H.

6 Years

Amari M.

From The Admin Team

IMPORTANT INFORMATION FOR PROVIDERS

Most of you know our Billing/E.V.V. Specialist, Calista Hamilton. She has helped many of you with your questions and concerns regarding shift submissions in the D.O.R.Y. and Sandata systems, as well as other PPRS procedures.

Beginning April 1st, 2024, Calista will be working on a new project and will no longer have the availability to continue as a point of contact. Instead, you will be asked to contact:

Jessica Gervasi: 719-800-3	190	Ciara Malave: 719-407-2151
Available M – F, 7:00 AM	- 3:00 PM	Available M – F, 9:00 AM – 5:00 PM
helpdesk@pikespeakrespiteservices.com		

REMINDERS

Please remember that if you are providing Respite, Homemaker or Personal Care services that you must submit shifts in both the D.O.R.Y. and Sandata systems. (Sandata does not require visit notes or signatures.) When submitting these shifts in D.O.R.Y., choose NO for the EVV exempt box. All other services, choose YES.

**Parents and other live-in providers who have been approved as exempt do not have to use Sandata. For the D.O.R.Y.

EVV exempt box, always choose YES.**

Submitting shifts to Sandata requires use of an App. Sandata released a new version of the App back in September. If you missed the letters or just watched the training video in The Staff Portal, you are probably still using the old App. You must switch over to the new App prior to July 1st, 2024, as Sandata will no longer support it's use. As of April 1st, 2024, the old App will no longer be available for download.



Current users of the old version, before switching, you will need your log in credentials. If you can't remember your password, please contact Jessica or Ciara to reset. Complete your new password set up and log out from within the App (swiping up or letting it time out is not a complete log out.) Restart your device.

To switch:

- 1. Log in to old App. Complete any open shifts. Log off from within the App itself.
- 2. Download the new Sandata Mobile Connect. Log in to new App using the same credentials from the old App. It may ask for the Company ID. If it does, it's 2-68239. No other set up is required. Log out of App.
- 3. Now delete the old App and then restart your device.
- 4. The appearance is slightly different, and some things may be in a different place, but logging shifts is the same process.

PPRS Facebook Page

For the most up to date news and Events like our Facebook Page

https://www.facebook.com/PikesPeak RespiteServices

PPRS NEWSFLASH GROUP

Join our Facebook News flash Group to fill your schedule! https://www.facebook.com/groups/1568239 36506856

We love to see you! Stop by our office and say hi!

If you know of any events that would be of interest to our Providers and Families Let us know!!!

PPRS is always on the lookout for things for our Providers and Families to do.

We keep a close eye on upcoming events in the areas we serve.

Many times we find out about events a few days or a week before they happen, and always post them to our Facebook Page!

Please like and share our Facebook Page to receive up to the minute news!

Here is a list of a few great places to look for events!

https://www.coloradosprings.com/events/#!/

https://www.pueblo.us/2801/Events

https://www.denver.org/events/

https://www.fcgov.com/events/

https://www.peakradar.com/categories/free-events/

https://www.visitcos.com/events/ https://ppld.librarymarket.com/

http://pueblolibrary.libnet.info/events?et=Kits2Go

https://www.denver.org/events/free-events/

https://www.larimer.gov/events

https://poudrelibraries.evanced.info/signup/

El Paso

EIFasu	
Paws to Read	Where: 832 Village Center Drive
	When: Every Wednesday 3:30 PM – 4:30 PM
	What: Children may practice reading skills by reading to a Canine Good
	Citizen dog.
	Cost: Free Admission
Old Colorado	Where: Colorado Ave and 25 th Street
City Art Walk	When: April 5 th 5pm-8pm
	What: Visit dozen of shops and galleries representing hundreds of works of
	art by local artists
	Cost: Free Admission
Teen/Tween	Where: Sand Creek Library
Superhero	When: April 11 th 4pm-5pm
Trivia	What: Are you a superhero fan? Come prove your knowledge in the trivia
	competition. Ages 9-18
	Cost: Free Admission
Teen Game	Where: 685 N Murray Boulevard, Colorado Springs 80915 – Ruth Holley
Night	Library
	When: Join us every 1st and 3rd Tuesday in the Ruth Holley Library Teen
	Space for Teen Game Night!
	What: Hang out with your friends for an evening of Nintendo Switch and
	XBox games! Teens are welcome to bring their own games from home as
	well. Come ready to have some fun! Snacks will be provided.
	Cost: Free Admission
Home Depot	Where: All Home Depot Locations – see local store for most accurate
Kids	information
Workshop	When: 1st Saturday of every month 9am-12 noon
	What: Join us on the first Saturday of each month between 9 am – 12 pm
	for free in-person Kids Workshops. While supplies last.
	Cost: Free Admission
	COSI. FIEE AUTHISSION

Pueblo

Home Depot Kids Workshop	Where: All Home Depot Locations – see local store for most accurate information
·	When: 1 st Saturday of every month 9am-12 noon What: Join us the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last.
	Cost: Free Admission
Scavenger Hunt	Where: Greenhorn Valley When: Wednesday's
	What: Find all the pictures and receive a prize
	Cost: Free Admission

Denver Metro

Denver Metro	
Botanic	Where: Botanic Gardens
Gardens	o York Street
	1007 York Street
	Denver, CO 80206
	720-865-3500
	o Chatfield Farms
	8500 West Deer Creek Canyon Road
	Littleton, CO 80128
	720-865-3500
	When 2024 Free Days for Verk Street and Chatfield Forms
	When: 2024 Free Days for York Street and Chatfield Farms
	Monday, Jan. 15 (Martin Luther King Jr. Day)
	Thursday, Feb. 15
	Saturday, March 9
	Monday, April 22 (Earth Day)
	Wednesday, June 5
	Wednesday, July 3
	Wednesday, Aug. 28
	Friday, Nov. 29 (Thanksgiving Friday)
	2024 Free Days at Plains Conservation Center
	Thursday, Jan. 18, 10 a.m. – 3 p.m.
	Thursday, Feb. 22, 10 a.m. – 3 p.m.
	Saturday, March 16, 10 a.m. – 3 p.m.

Thursday, June 13, 9 a.m. – 2 p.m. Saturday, July 13, 9 a.m. – 2 p.m. Thursday, Aug. 15, 9 a.m. – 2 p.m. Saturday, Nov. 16, 10 a.m. – 3 p.m. Thursday, Dec. 12, 10 a.m. – 3 p.m.

What: Free Days occur throughout the year, thanks to funding from the Scientific and Cultural Facilities District (SCFD).

Cost: Free Days – Please visit website for details and free tickets. www.botanicgardens.org/events/free-days

Free Day at the Denver Art Museum

Where: Denver Art Museum: 100 W. 14th Ave. Pkwy. Denver, CO 80204

When:

- Tuesday, January 9
- Saturday, January 27
- Tuesday, February 13
- Tuesday, March 12
- Sunday, March 24
- Tuesday, April 9
- Sunday, April 28
- Tuesday, May 14
- Tuesday, June 11
- Tuesday, July 9
- Sunday, July 21
- Tuesday, August 13
- Saturday, September 7
- Tuesday, September 10
- Tuesday, October 8
- Saturday, November 2
- Tuesday, November 12
- Tuesday, December 10

What: Engage with art, explore onsite activities, and experience exhibitions on view all while enjoying free admission! Advance ticket reservations are encouraged.

Cost: Free

Hammonds Factory Candy Tour

Where: Hammond's Candies

5735 Washington St, Denver CO 80216

When: Recurring weekly on Monday, Tuesday, Wednesday, Thursday,

Friday, Saturday

What: Bring your curiosity and your sweet tooth for a complimentary tour of our factory. Thousands of kids and kids at heart visit us every

	year to watch as their favorite treats are pulled, twisted, shaped and packaged by hand
Mining Museum of Earth Science	Where: Mines Museum of Earth Science 1310 Maple St., Golden, 303-273-3815 When: Open Monday to Saturday, 9 a.m. to 4 p.m. Sunday, 1 p.m. to 4 p.m. What: It has two floors displaying fossils, gemstones, meteorites, minerals and mining artifacts. Cost: Free Admission
U.S. Mint of Denver	Where: 320 W. Colfax Ave., Denver When: Guided tours are offered at 8 a.m., 9:30 a.m., 12:30 p.m., 2 p.m. and 3:30 p.m. Monday through Thursday What: FREE tours show every step in the process of turning dull, blank metal slugs into shiny pocket change. Cost: Free Admission
Home Depot Kids Workshop	 Where: All Home Depot Locations – see local store for most accurate information When: 1st Saturday of every month 9am-12 noon What: Join us the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last. Cost: Free Admission

Larimer County

Fort Collins Winter Farmers Market	Where: 215 East Foothills Parkway When: Saturday, Apr 6, 2024 from 10:00am to 2:00pm What: Farmers Market Cost: Free Admission
Tiny Trekkers	Where: Lions Open Space 2425 N. Overland Trail Laporte, CO 80535 When: What: Bring your 2–5-year-old for a morning filled with nature exploration, stories, and connection with our amazing natural world. A parent or guardian must accompany the child for this program. Registration is required but the program is free. Please call Natural Resources main desk at (970) 619-4564 or 4570 the night before or day of program to cancel or inquire about availability. Cost: Free Admission